It's time to sign up for Town of Milton programs

With summer drawing to a close, the Town of Milton is encouraging residents to start thinking about registering for fall and winter recreation programs.

The Fall and Winter 2005-06 Community Services Guide was distributed August 16 to over 22,000 homes in the community. The guide contains information about fall and winter programs offered by community groups and organizations, as well as their registration details and contact information in the 'Discover Your Community' section.

Registration for Milton residents will begin today at 9 a.m., and for non-residents Tuesday. On-line registration is available at www.milton.ca, by touch-tone phone at (905) 875-5400 and toll-free at 1-800-418-5494, ext. 2430.

In-person registration will take place during regular operating hours at the Milton Leisure Centre at 1100 Main St. E., and the Milton Sports Centre at 605 Santa Maria Blvd.

With the Community Services Department moving from Town Hall Victoria Park to Town Hall Annex 555 today and tomorrow, staff recommends residents wait until September for inperson registration at the new Town facility at 555 Industrial Dr.

New recreation programs that will be introduced this season for youth include Boyz Klub, Girlz Klub and a resume and interview skills workshop.

Fitness classes, which were previously offered only to members or as a pay-as-you-go service, will now also be available in a new pre-regis-

tered format and include Step, Kickboxing, Strengthen & Tone, On the Ball, Cardio Express and many more.

The recreational skating program has been expanded to include Figure Skating Drop-In and Stick 'N Puck Drop-In. Volleyball will also be offered as a new recreation program option.

Adult general interest courses will be presented for the first time, catering to a wide range of interests with cake decorating, interior design, gardening design, painting, photography, stained glass and sign language.

New programs for seniors will include Saturday Night bridge parties, Salute to the Silver Screen, stained glass and flower arranging, as well as free workshops dealing with elder issues and power of attorney.

For those interested in adult general interest programs and seniors programs, there will be an open house and showcase on September 14 from 3 to 5 p.m. and 6 to 8 p.m. at the Milton Seniors' Activity Centre at 500 Childs Dr. The open house will be an opportunity to meet program instructors, tour the facility and enjoy entertainment.

Details on mail and fax-in registration, as well as additional program details and information on community groups and organizations, are in the guide.

Community Service Guides are now available for pick-up and at Town facilities, or can be downloaded at www.milton.ca. For more information on the guide and Town of Milton recreation programs, call (905) 878-7252, ext. 2440.

