

News for SENIORS

Milton Seniors' Activity Centre
500 Childs Drive, Milton • 905-875-1681



AUGUST 2005 ACTIVITIES

Beat the heat! Cool our in our air-conditioned facility while enjoying the many different programs we have to offer.

Calling All Moms, Dads and Grands!

The Milton Seniors' Activity Centre will be having its first ever Mom-To-Mom Sale on Saturday August 27 from 9:00 a.m. - 1:00 p.m. This is a great opportunity to sell off gently used children's items. Interested "moms" (or dads) may purchase a table for \$15. Vendors are responsible for the merchandising, sales and profit of their own items. Articles will be accepted up to age six. If you are interested in booking a table, please contact 905-875-1681, ext. 2753 by August 12th.

Summer Barbeques

The Milton Seniors' Activity Centre **Friday Barbeques** at **11:30 a.m.** at the Centre during the summer for \$6.00 for a complete meal. Please call 905-875-1681 to sign up the Monday before. (We apologize, no barbeques on August 12 & 19 due to renovations).

Saturday August 20

The Milton Seniors' Activity Centre is holding a **Blow Out**

Garage Sale. Doors open at 9:00 a.m. Lots to choose from linens, jewelry, plants, glassware, china, electronics and much more! Enjoy refreshments and fun. Call 905-875-1681 for more information.

Saturday August 27

The Milton Seniors' Activity Centre is holding its first ever **Mom-To-Mom Sale.** Sale starts at 9:00 a.m. Visit the Centre to find toys, books, linens, clothing, accessories and more for your child 0-6 years. Sure to be a great sale. Call 905-875-1681 for more information.

Evening Euchre Parties

The Centre holds its **Evening Euchre Parties** every **Tuesday evening** in **August 2, 9, 16, 23 & 30** starting at 7:30 p.m. Cost: \$2.50

Do you enjoy Contract Bridge?

The Centre offers this fun-filled program Wednesday mornings at 9:30 a.m., Thursday afternoons at 1:30 p.m., and Friday mornings at 10 a.m. Cost: \$2 for members;

\$4 for non-members.

Afternoon Euchre and Bid Euchre, anyone?

The Centre offers **Bid Euchre** every Thursday at 1:30 p.m. (No Euchre on Thursday, August 18 due to the Blood Donor Clinic)

Enjoy **Euchre** every Friday afternoon in the Centre Auditorium at 1:30 p.m.

Lunch Bunch - Tuesday August 9

The Lunch Bunch meets the second Tuesday of each month at **Matt's Rib House** at **500 Laurier** to share in good food and great company. Carpooling will be arranged as required and the cost is the price of the meal. Inquire at the Centre Reception Desk for details or call 905-875-1681.

Diners Club - Thursday, August 23 at 5:30 p.m.

Enjoy good food and fellowship at an area restaurant. Carpooling can be arranged and the cost is the price of the meal. For more information, call 905-875-1681.

August 8, 15, 22, 29 (Mondays)

The Milton Seniors' Activity Centre holds its **CyberCafé** from 1 - 4 p.m., with experienced volunteers available for assistance. The cost is \$2.00 for members and \$4.00 for non-members. For more information, call 905-875-1681.

August 9, 16, 23 & 30 (Tuesdays)

The Milton Seniors' Activity Centre holds the **"Downsizers" Weight Loss Club** at 10 a.m. featuring healthy eating, exercise habits and losing weight safely in a supportive setting. The cost is \$2.00 for members and \$4.00 for non-members. For more information, call 905-875-1681.

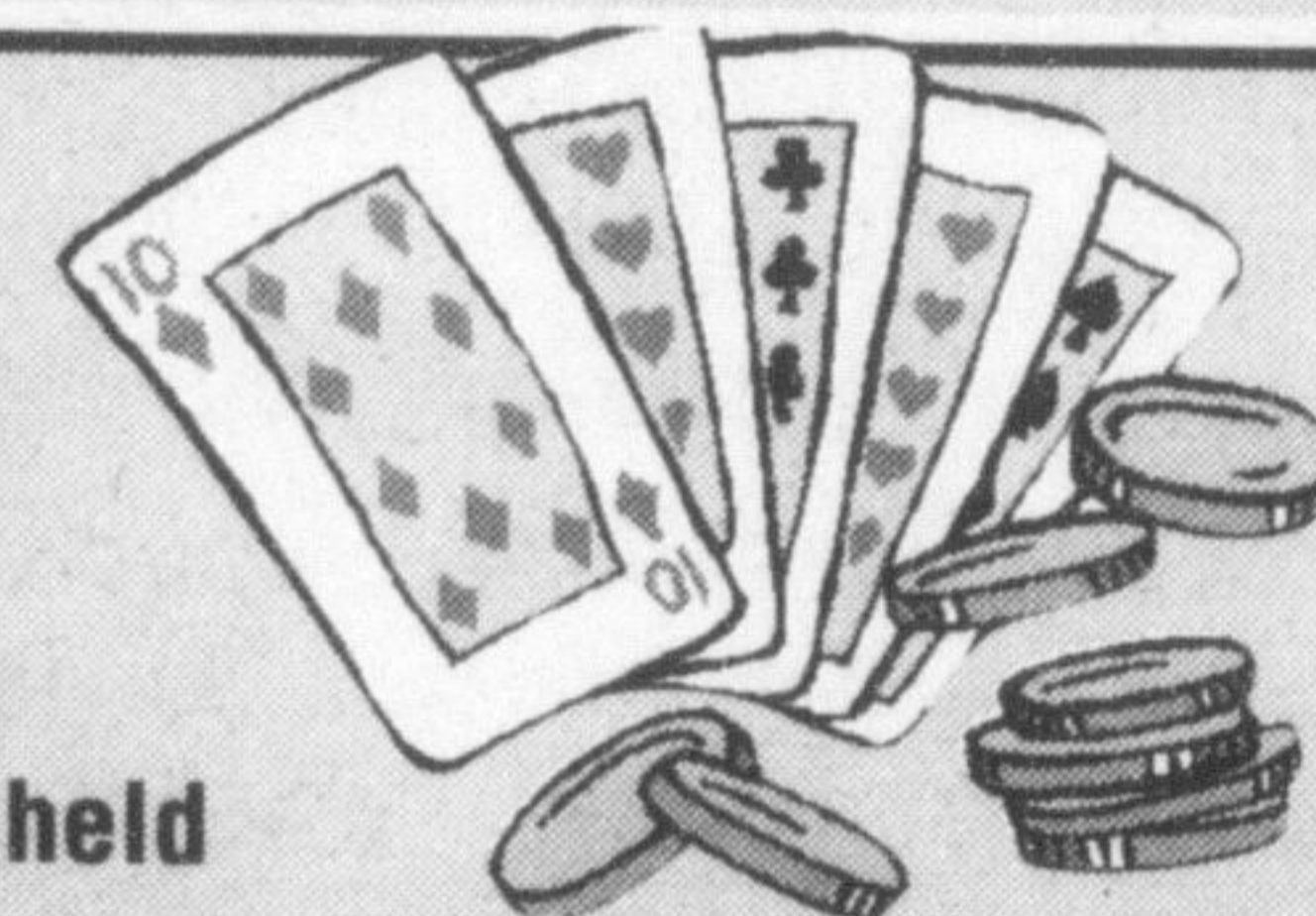
DO YOU ENJOY CONTRACT BRIDGE?



The Centre offers this fun-filled program
WEDNESDAY MORNINGS AT 9:30 A.M.
THURSDAY AFTERNOONS AT 1:30 P.M.
& FRIDAY MORNINGS AT 10:00 A.M.
Cost is only \$2 for members, or \$4 for non-members.

"CAMPBELLVILLE EVENING EUCHRE PARTIES"

at the Lions Hall in Campbellville will be held



Friday, August 5 & 19

Come along... bring friends!

SEE YOU THERE!!

The competition is keen and the conversation refreshing.

Prizes will be awarded. Cost \$2.50

"CAMPBELLVILLE EVENING BID-EUCHRE PARTIES"

at the Lions Hall in Campbellville will be held on

Friday, August 12 & 26

Come along... bring friends!

The competition is keen and the conversation refreshing. Prizes awarded. Cost \$2.50

Seniors' Cinemas

August Performances

All performances begin at 1:30 p.m.
Cost is \$2 - including refreshments



Thursday, August 11 **Lemony Snicket: A Series of Unfortunate Events**
Thursday, August 18 **Hitch**
Thursday, August 25 **In Good Company**

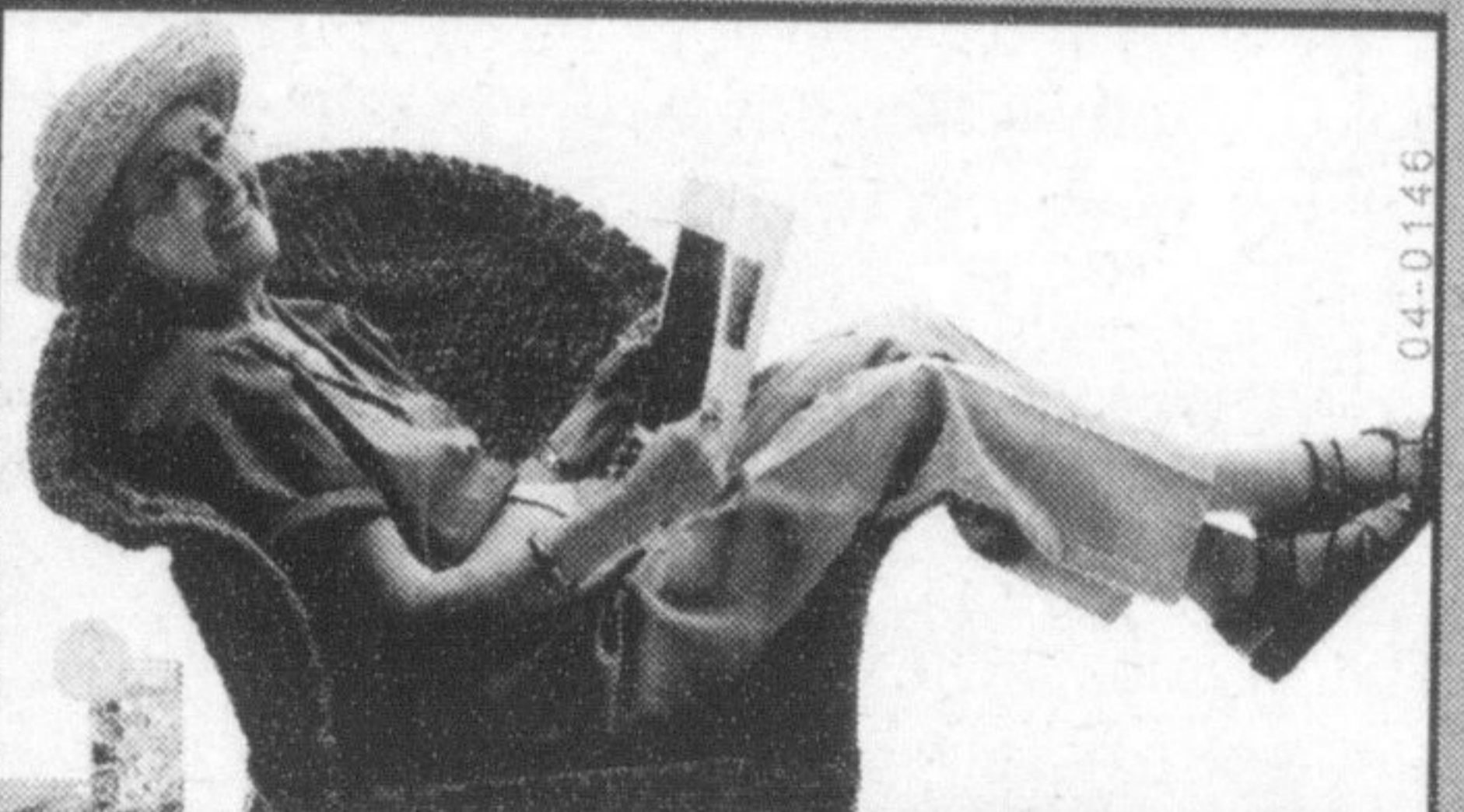
Thank you to Rogers Video for its generous support of the Centre's "Seniors' Cinemas"

Centre programs include: Badminton, Bridge, Learn to Play Bridge, Euchre, Bid Euchre, Cribbage, Bingo, Snooker, Darts, Shuffleboard, T'ai Chi, Qi-Gong, Light Exercises, Yoga, Line Dancing, Clogging, Painting Classes, Tap Dancing, Hawaiian Dancing, Memoirs, Circle of Support Bereavement Group and Seniors' Cinemas.

Wednesday "Lunch Counter", Library, Bus Tours, Lunch Bunch, Diners Club, Kitchen Band, Computer Club, Folk Art for Intermediates Club, Drama Club, The "Downsizers" Weight Loss Club, Soft Wood Carving Club, "Song Spinners" Chorus, "Creative Fingers" Craft Club, Painting Club, plus special events and fundraisers.

THE ABOVE INFORMATION IS SUBJECT TO CHANGE AND LIMITATION.
FOR FURTHER DETAILS ON ACTIVITIES CALL 905-875-1681

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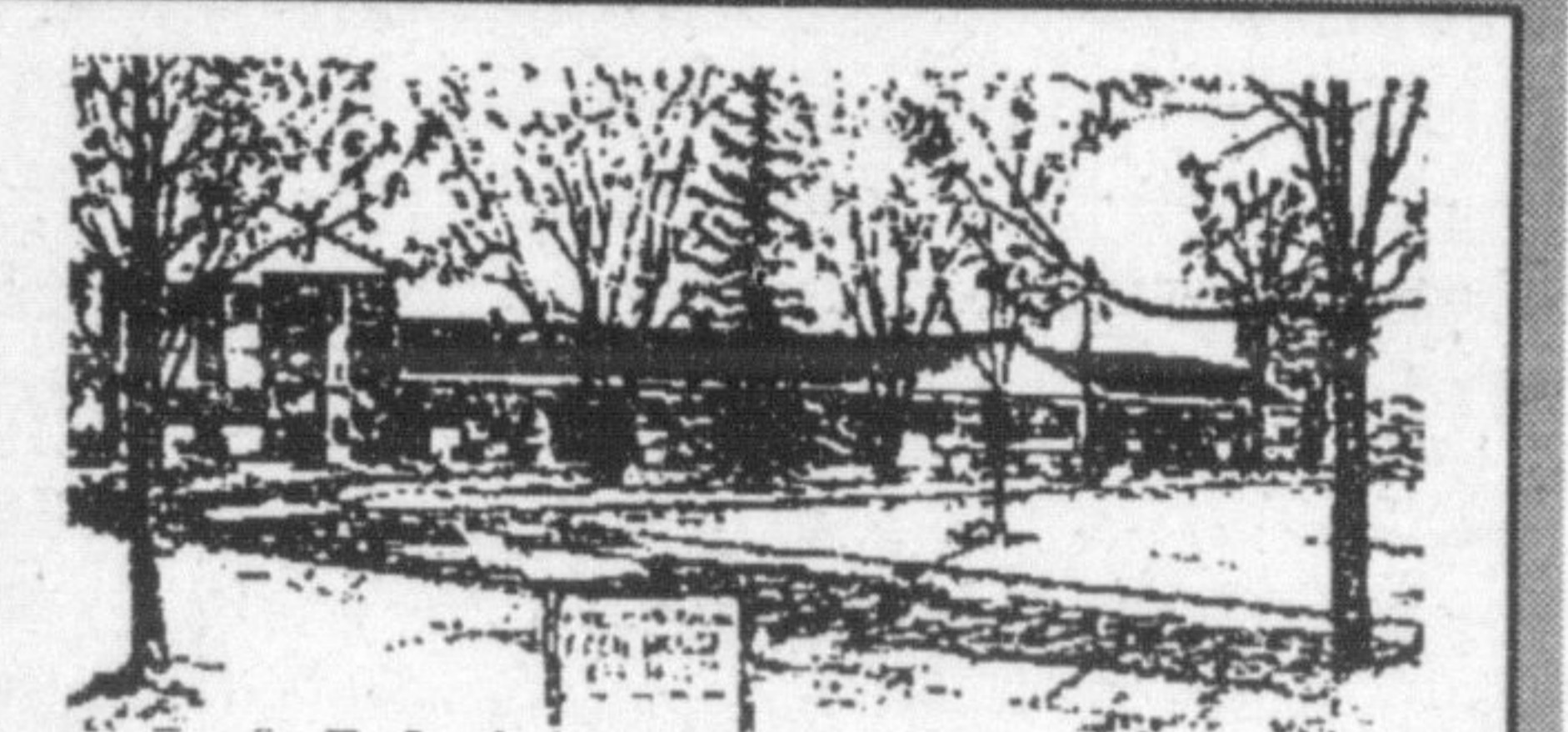
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