CPR, babysitting courses offered

St. John Ambulance reminds the community that while it may take minutes for an ambulance to respond, it only takes seconds for a person trained in CPR.

This summer, the Oakville branch of St. John Ambulance is offering many emergency and standard level first aid and CPR classes.

An emergency first aid and CPR class will be held August 3, and a standard first aid and CPR class will be held over a two-day period August 3 and 4.

A babysitting course for kids aged 11

to 15 will also be offered this Tuesday as well as August 5 and August 10. The one-day course, which includes a babysitters kit, teaches leadership, confidence, and first aid skills in a fun and informative environment.

For adults taking care of children, there will be one-day emergency first aid with infant and child CPR classes held August 14 and September 17.

Those interested should register by Monday to guarantee their spot by callling (905) 469-9325, ext. 0.

Here are just a few of my random summer thoughts

I've put together some random summer thoughts. Why, you ask? Because it's summer, silly. If it was winter, they'd be random winter thoughts.

· Has this summer been too hot for you? Too bad. You complained and complained about the cold winter, so this is what you get. You can't complain all year round. I don't complain in the winter because I like it, so I'm allowed to complain about this nightmarish heat and you're not. But if you don't have air-conditioning, then I feel for you and you can complain all day if you like.

 My granddaughter turned two last week, so happy birthday to her. It's not really fair that I can do that in the newspaper and you can't do the same for your family members so I'm going to fix that. Just get some of that white-out and put it where I tell you. Happy birthday to (insert name here of father, mother, son, daughter, grandkid, grandparent, aunt, uncle, husband, wife, partner, aunt, uncle or dog).

You're welcome.

· Speaking of ice cream, I found my all-time favourite flavour at Jay's Ice Cream on Main Street. It's called Buzz Lightyear's Galactic Sherbet. It's so good, I was sure it was everybody's favourite, so I asked one of the scooper girls which flavour was



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most popular. "Probably Rolo," was told. "What about this one, is it popular?" I asked, pointing to the Galactic dream cream. "Yes," was told. "... with little kids."

· Here was my dilemma. It started raining after half-time at the Marauders football game I was covering on Saturday. I could see okay from my car until some yahoo in a truck pulled in two spaces over, blocking the view for myself and the car beside me. Hellooo, I said. Helloooo? No good. As unprepared as always, I didn't have an umbrella, or didn't think I did, but I checked the trunk anyway. I had one, but it was bright purple. So, do I take out the bright purple umbrella and go watch the game? No, I don't.

 My biggest pet peeve is people who go to an event (usually hockey) and stand in front of you without giving any thought to the people behind them. It gets me so steamed that I have a difficult time

telling someone nicely that there are other people there besides them. Sometimes I'll say, "Hellooo," and hold out my hands in a questioning gesture. Usually, they didn't realize they were blocking people's views and will be apologetic. But, if I don't say anything I get so mad I can't enjoy the game. That reminds me. And hopefully the Milton Marauders public address announcer, Rick Imus, will read this and make an announcement if necessary. If you're not a game official, or a Champion photographer, or team official, you don't need to walk the sidelines during the game. Most spectators are at field level, and if you're standing in front of us, we can't

"Hellooo ...?"

• The best movie I've seen this summer is Cinderella Man. The second best was Million Dollar Baby — both boxing movies. The one I was most looking forward to was Bewitched, but it stunk. I loved that show as a kid, but I never understood the problems the Darrens had with the witchcraft. If you are a witch, look like Samantha, don't mind using your powers for my personal gain, and wish to get married (and aren't fussy to who) please contact me immediately.

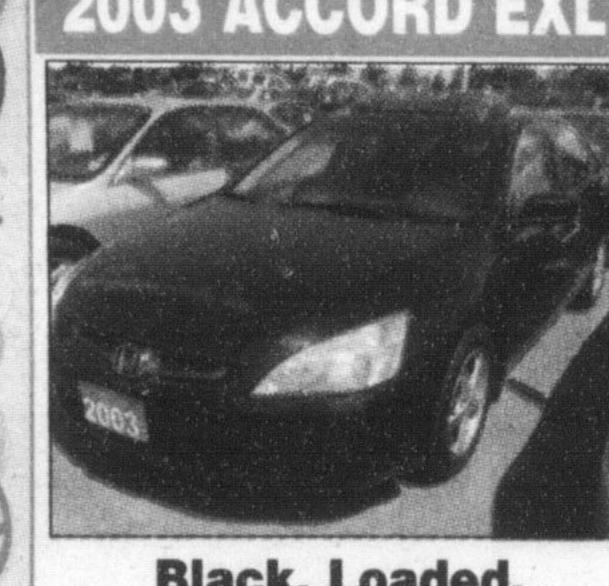


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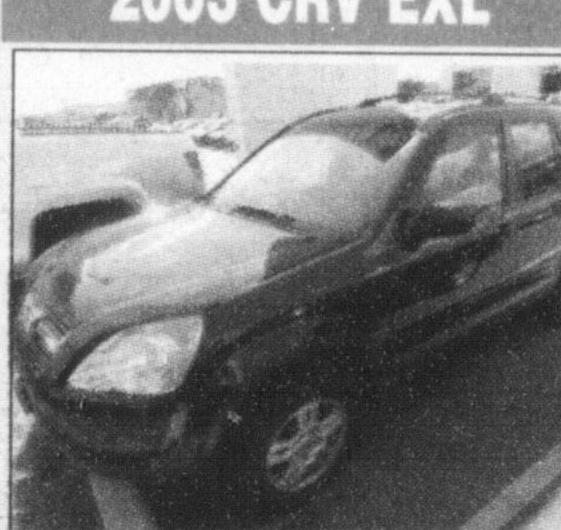


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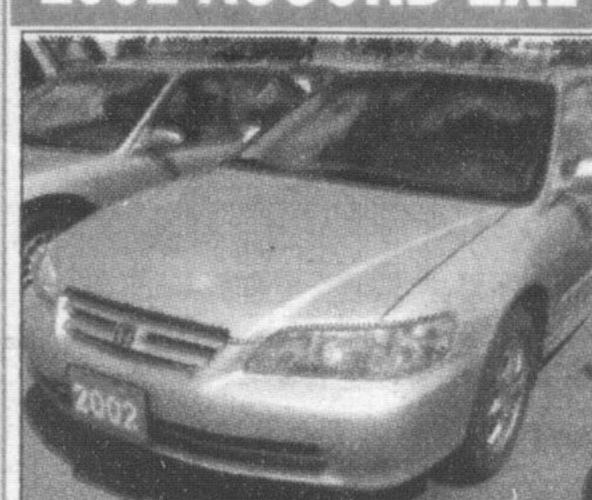
Auto, Skirts, Loaded. Red. 47,920 km

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Black, 5 Speed, Loaded, 83,461 km



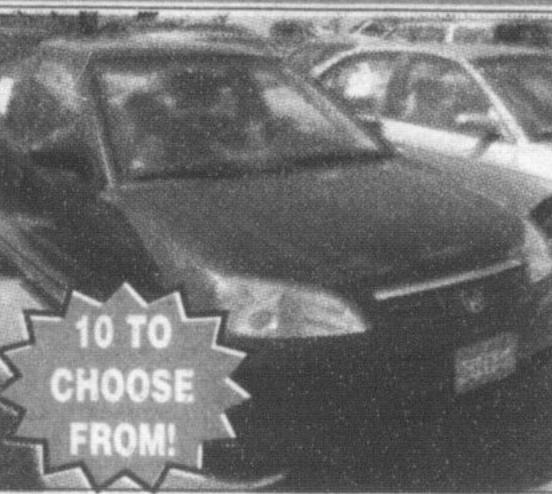


Silver, 5 Speed, Loaded, 55,471 km

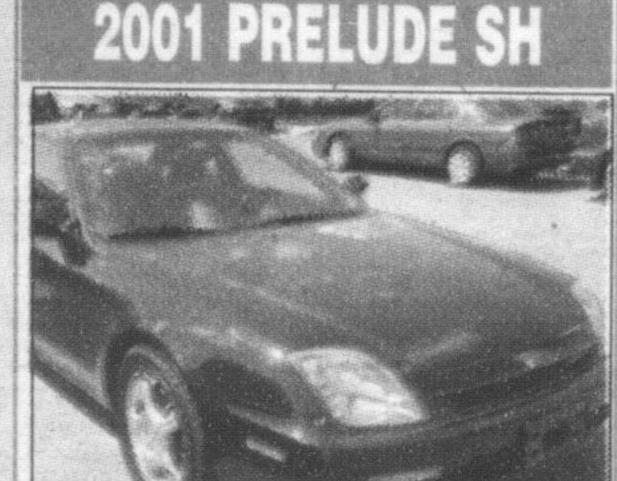


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