

Our seniors enjoy independence with "Assisted Living" always an option. Respite Care services also available

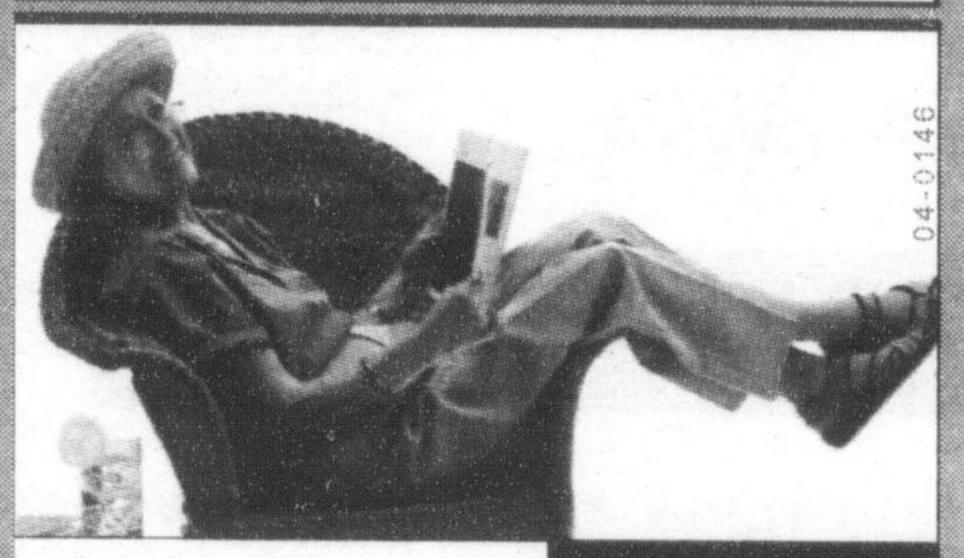
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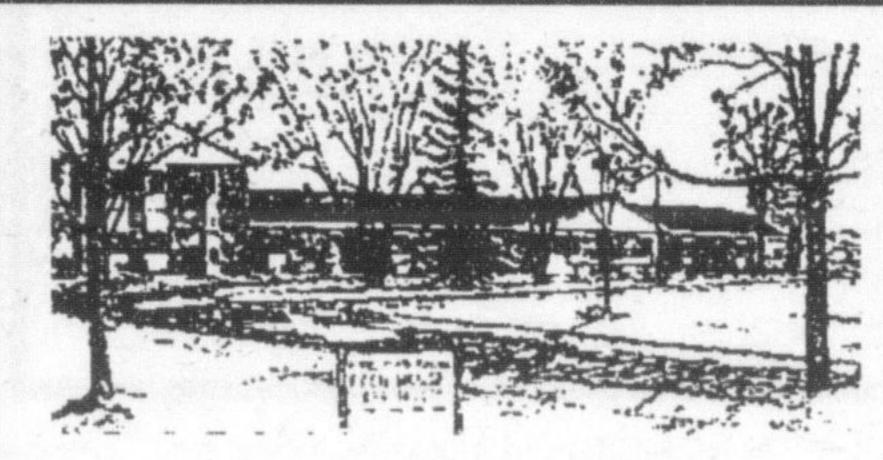
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News for SIENIORS

Milton Seniors' Activity Centre 500 Childs Drive, Milton • 905-875-1681



MAY 2005 ACTIVITIES

Thursday, May 5

Calling all bookworms! Join in to the Milton Seniors' Activity Centre's new Book Club meeting at 11 a.m. in the Library. The Book Club meets the first Thursday of each month. Our next reading will be "The Colony Of Unrequited Dreams" by Wayne Johnston. For more information, please call 905-875-1681.

Friday, May 27

Enjoy an evening filled with risk-taking and excitement! The Milton Seniors' Activity Centre, in cooperation with the Milton Lions Club, is hosting a Bet & Bid Casino Night. The fun begins at 6 p.m. Tickets are \$5.00 and provide you with \$10,000 in "funny money." Enjoy light refreshments and a cash bar. For more information, call 905-875-

Evening Euchre Parties

The Centre holds its Evening Euchre Parties on Wednesday May 11, Tuesday May 2 & 16 starting at 7:30 p.m. Cost: \$2.50

Do you enjoy Contract Bridge?

The Centre offers this fun-filled program

Wednesday mornings at 9:30 a.m., Thursday afternoons at 1:30 p.m., and Friday mornings at 10 a.m. Cost: \$2 for members; \$4 for nonmembers.

Afternoon Euchre and Bid Euchre, anyone? The Centre offers Bid Euchre every Thursday at 1:30 p.m. (No Euchre on Thursday, May 19 due to the Blood Donor Clinic)

Enjoy Euchre every Friday afternoon in the Centre Auditorium at 1:30 p.m.

Wednesday Lunch Counter from 11:30 a.m. - 12:45 p.m.

Join our Wednesday Lunch Counter for a delicious hot meal or enjoy soup and sandwiches. Please sign-up at the Reception Desk or phone in your order to the Centre by noon the Monday of that week. The cost is \$6 and includes a salad, entrée, dessert and beverage.

Lunch Bunch - Tuesday May 9th

The Lunch Bunch meets the second Tuesday of each month at a local restaurant to share in good food and great company. Carpooling will be arranged as required and the cost is

the price of the meal. Inquire at the Centre Reception Desk for details or call 905-875-1681

Computer Club

Friday, May 13 from 1 - 3 p.m.

Experiencing a problem with your computer? Join us on the third Friday of each month to learn more about computers or share your computer knowledge with others. Listen to interesting guest speakers and participate in great discussions. Cost: \$2 for members; \$4 for non-members.

Diners Club

Thursday, May 23 at 5:30 p.m.

Enjoy good food and fellowship at an area restaurant. Carpooling can be arranged and the cost is the price of the meal. For more information, call 905-875-1681.

VICTORIA DAY CLOSURE MONDAY, MAY 23

The Milton Seniors' Activity Centre will be closed on Monday May 23 and re-open on Tuesday May 24 at 9 a.m.

DO YOU ENJOY... CONTRACT BRIDGE?

The Centre offers this fun program

WEDNESDAY MORNINGS AT 9:30 A.M. THURSDAY AFTERNOONS AT 1:30 P.M. & FRIDAY MORNINGS AT 10:00 A.M.

Cost is only \$2 for members, or \$4 for non-members.



Seniors' Cinemas May Performances

All performances begin at 1:30 p.m. Cost is \$2 - including refreshments

Thursday, May 12 Thursday, May 19

Bridget Jones 2: Edge of Reason **Finding Neverland**

Thursday, May 26 Collateral

Thank you to Rogers Video for its generous support of the Centre's "Seniors' Cinemas"

PARTIES"

at the Lions Hall in Campbellville will be held

Friday, May 6 & 20 Come along... bring friends!

The competition is keen and the conversation refreshing. Prizes will be awarded. Cost \$2.50 SEE YOU THERE!!!

> "CAMPBELLVILLE EVENING **BID-EUCHRE PARTIES"**

at the Lions Hall in Campbellville will be held on Friday, May 13 & 27. Come along...bring friends! The competition is keen and the conversation refreshing. Prizes awarded. Cost \$2.50

Centre programs include: Badminton, Bridge, Learn to Play Bridge, Euchre, Bid Euchre, Cribbage, Bingo, Snooker, Darts, Shuffleboard, T'ai Chi, Qi-Gong, Light Exercises, Yoga, Line Dancing, Clogging, Painting Classes, Tap Dancing, Hawaiian Dancing, Memoirs, Circle of Support Bereavement Group and Seniors' Cinemas.

Wednesday "Lunch Counter", Library, Bus Tours, Lunch Bunch, Diners Club, Kitchen Band, Computer Club, Folk Art for Intermediates Club, Drama Club, The "Downsizers" Weight Loss Club, Soft Wood Carving Club, "Song Spinners" Chorus, "Creative Fingers" Craft Club, Painting Club, plus special events and fundraisers.

THE ABOVE INFORMATION IS SUBJECT TO CHANGE AND LIMITATION. FOR FURTHER DETAILS ON ACTIVITIES CALL 905-875-1681



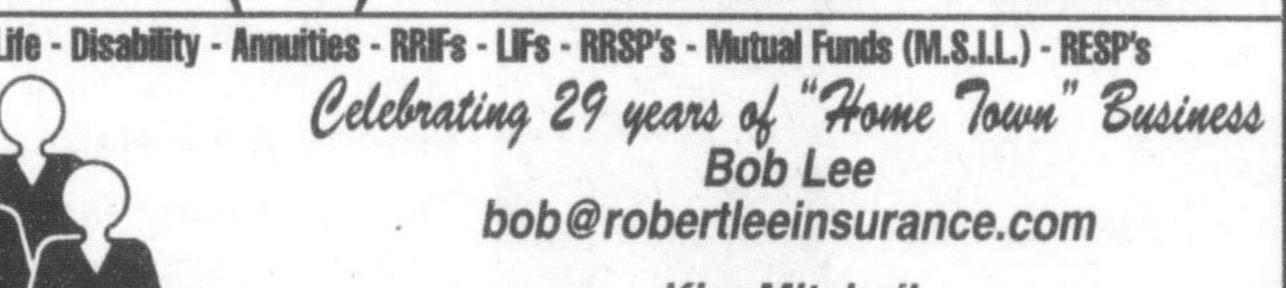
MILTON MEALS ON WHEELS

Hot & Frozen Meals for Seniors or anyone having trouble or no time for meal preparation. Delivered to your Home Mon. - Fri.

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