

Program on mood disorders starts Wed.

The Canadian Mental Health Association (CMHA) is offering an education and self-help program on managing a mood disorder starting Wednesday in Milton.

The six-week course will focus on depression and bi-polar disorder (manic depression). Sessions will be held each Wednesday until May 18 from 7 to 9 p.m. at the Ontario Early Years Centre, 917 Nipissing Rd.

Each week there'll be a different speaker followed by small group discussion.

The speakers include a psychiatrist, a wellness and complementary treatment practitioner, an advocate to speak on the signs and symptoms and a panel of community mental health workers.

The program is open to people living with a mood disorder — depression and bi-polar — and their family members. The cost is \$30 for an individual and \$50 for a family.

To register for the upcoming course call the CMHA, Halton Region branch at (905) 693-4270, ext. 26.

Board hosts info night on gifted education Mon.

The Halton District School Board will host a gifted education information night Monday in Burlington.

The session is intended for parents of grade 4 children who've recently undertaken the gifted education screening process and who may be moving forward with an identification of intellectual giftedness.

The evening will give parents an idea of

how programming can support the needs of their child.

A representative of the Association for Bright Children will be there to share information regarding support it offers for parents of gifted children.

The information night will be held in the boardroom at the J.W. Singleton Education Centre, 2050 Guelph Line, at 7 p.m.

Thinking about quitting?

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CANADIAN CANCER SOCIETY'S
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PUBLIC NOTICE

**PROPOSED RECONSTRUCTION AND WIDENING
ON DERRY ROAD (REGIONAL ROAD 7)
FROM FIRST LINE/BRONTE STREET
TO JAMES SNOW PARKWAY (REGIONAL ROAD 4)
TOWN OF MILTON**

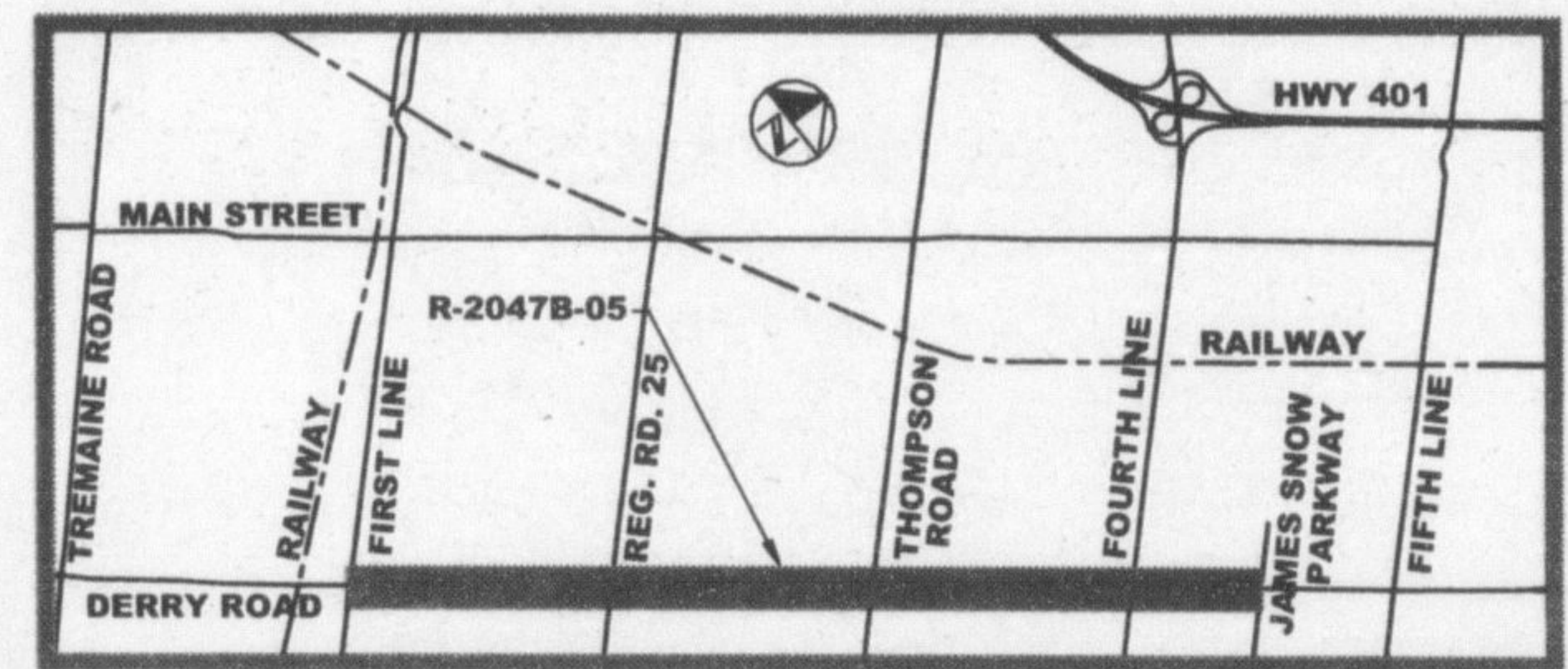
The Planning and Public Works Committee for the Regional Municipality of Halton proposes at its meeting on Wednesday, May 4, 2005 at 9:30 a.m. to recommend to Regional Council at its meeting of Wednesday, May 11, 2005 to pass a by-law for the reconstruction and widening of Derry Road (Regional Road 7) from First Line/Bronte Street to James Snow Parkway (Regional Road 4), in the Town of Milton.

Construction drawings showing the proposed work may be reviewed at the Planning & Public Works Department, Halton Regional Centre, 1151 Bronte Road, Oakville.

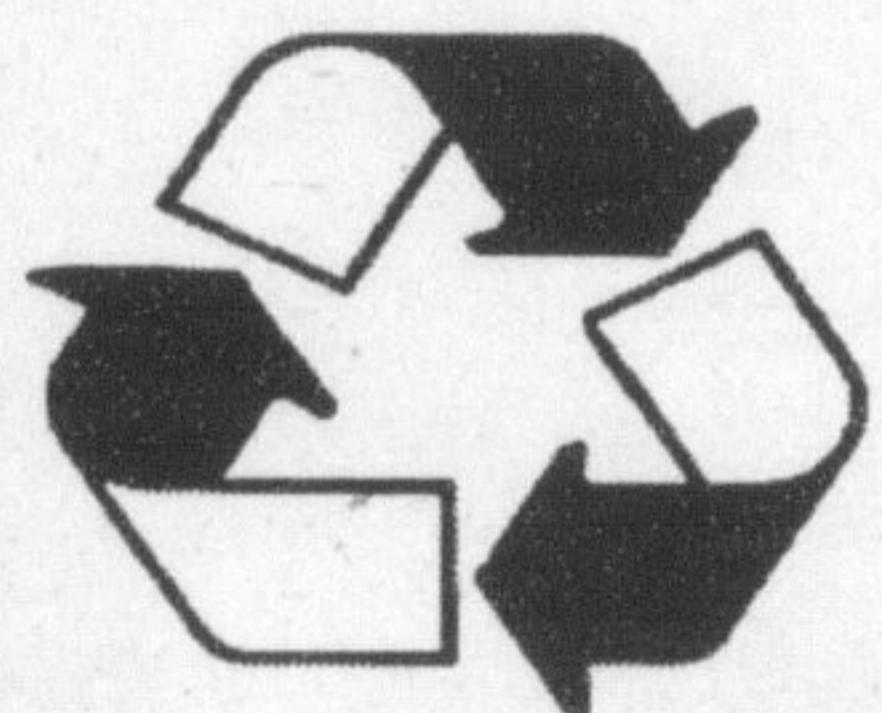
For further information, please contact:

Mr. Joseph Choi, P. Eng.,
Manager, Design Services
Tel: 905-825-6000, ext. 7610
Email: choij@region.halton.on.ca

Peter M. Crockett, P. Eng.
Commissioner of Planning and
Public Works



1151 Bronte Road, Oakville, ON L6M 3L1
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Mapleview Mall
Sat April 23
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