

530 Sales Help

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The Burlington Post, a division of Halton Media Group, is seeking an experienced:

Advertising Sales Representative

The qualified candidate will be a motivated, independent, self-starter with a proven track record in sales. You will possess excellent written and verbal communication skills and be familiar with Microsoft computer applications.

In this role, you will be customer focused and will build strong relationships with new and existing clients by ensuring that their advertising needs are met. You will be goal-oriented and capable of meeting regular monthly budgets and special section targets.

If you would like to work for a leader in the media industry this opportunity may be the right one for you. We offer a competitive compensation and benefit package as well as possibilities for future career growth. A reliable vehicle is required. If interested please forward your resume to:

tanderson@haltonsearch.com or fax: (905)632-0508

We appreciate the interest of all applicants however only those selected for an interview will be contacted. No phone calls or agencies please.

ASSISTANT MANAGERS SALES COUNSELORS

LA Weight Loss is the fastest growing company in the weight loss field with more than 650 centres worldwide. We are seeking enthusiastic sales professionals looking for more from their career. If you'd like to make a difference AND a living, we've got the opportunity at any one of our new Toronto area centres located in:

MISSISSAUGA, SCARBOROUGH, MARKHAM, THORNHILL, BURLINGTON, NEWMARKET, RICHMOND HILL, OSHAWA, DOWNSVIEW, ETOBICOKE, WOODBRIDGE, OAKVILLE & BRAMPTON!

We offer a fun & gratifying working atmosphere, opportunity for advancement & great earning potential. Take the first step towards your new career,

Call 1-866-691-8101,
Fax 1-800-899-1591,

Email KimberlyS@laweightloss.com EOE

535 Hosp/Medical

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Athletic Personal Assistants (15-35 hrs/wk)

An energetic young man with autism (Burlington) is looking for joyful, energetic and enthusiastic individuals to provide respectful support with: personal care, inclusion facilitation, fitness training, running, work, and adult literacy. You are:

- Passionate about: networking, running (min. 7.30 pace), hiking (able to walk at a very fast pace), working out at the gym.
- Gentle, compassionate, flexible, creative thinker; value honesty & integrity;
- Related University education and experience preferred; 2-3 people to share 60 hrs/wk Mon through Sat. 7:30am-5:30pm and Mon. or Thurs. evenings.

Have own car. \$20/hr start. Must commit for a minimum of one year. Email resume and cover letter detailing your related interests, experience and skills by April 15, 2005 to:

gentle.options@sympatico.ca

Please note: We are a family, not an agency. We thank all applicants, however only those selected for an interview will be contacted.

Wellness Centre Assistant

Required immediately for progressive Chiropractor in Milton. If you are good with people, well-groomed and able to multi-task, please fax resume to (905) 693-1601. The successful applicant will manage the office and assist with clients. Approximately 22 hours per week.

540 Restaurant Help

540 Restaurant Help

ZIO'S ITALIAN RESTAURANT

servers • bartenders • dishwashers

Apply within to:
10 Mountainview Road, South
or call 905-873-2334

550 Domestic Help

550 Domestic Help



One Full-Time Staff
Required Immediately

Monday to Friday for residential cleaning. Drivers licence an asset. Experience preferred but will train the right person. If you love to clean, are loyal and conscientious.

Please call 905-877-3443

552 Temporary Help

552 Temporary Help

552 Temporary Help



Explore no more!

You've arrived at your destination — we're seeking motivated and professional individuals to fill the following roles for our new store opening in Milton.

Temporary Set-Up Crew

While related experience will be an asset, it's your superior customer service, positive outlook and dedication to teamwork that interest us. Please e-mail your resume to steve.oliveira@staples.ca.



that was easy™

We support workplace diversity and equality.
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MILTON IS GROWING AGAIN... AND WE ARE LOOKING FOR CARRIERS TO DELIVER THE MILTON CHAMPION ON THE FOLLOWING STREETS:

Maple Ave. As well as:
Birch Ave. Waters Blvd.
Woodward Ave. Cartmer Cres.
Edwards Ave. Panton Trail
McDowell Cres. Gollins Drive
Wheeler Drive Costigan Road

Get some exercise and enjoy the spring weather.
Deliveries Tuesday's and Friday's door to door.

Adult Carriers welcome,
Contact Jim or Sandy

CIRCULATION
905-878-5947

The Canadian Champion



NATIONAL VOLUNTEER WEEK April 17-23, 2005

National Volunteer Week is an annual celebration of the spirit and energy of Canadian volunteers. Every individual volunteer makes a difference in the lives of those he or she serves and the combined effect of Canada's 6.5 million volunteers is a force that shapes our society.

- Canadian volunteers give approximately one billion hours a year, the equivalent of 549,000 full-time jobs.
- The contribution of volunteers is valued at \$17 billion dollars per year (using national average wage)

National Volunteer Week also provides an opportunity to thank the people who help to shape the experiences of volunteers. Across the spectrum of 180,000 non-profit and charitable organizations are thousands of people - both volunteers and paid personnel - who participate in recruiting, training, supporting and recognizing volunteers.

In communities across Canada, many of the 180,000 not-for-profit organizations that make up Canada's voluntary sector set aside National Volunteer Week as a time to hold events that recognize, honor and celebrate volunteers. National Volunteer Week is a project of the Canada Volunteerism Initiative funded by the Government of Canada through the Community Partnerships Program of Canadian Heritage.

If you are interested in recognizing volunteers who contribute their time and energy to your organization The Champion is publishing a special section on Tuesday April 19, 2005.

Please contact Diana or Kyawnee at
Milton Canadian Champion
Phone: 905-878-2341
Fax: 905-876-2364

Email: krowley@miltoncanadianchampion.com or
dianaw@miltoncanadianchampion.com

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