Dateline

Dateline is a free listing of coming events only. The column is available to local community groups to assist in promoting their future events. Only charitable or non-profit community groups may use this service. We can only guarantee one issue of publicity closest to the date of the occurrence although more insertions are possible if demand is low.

Notices for Dateline should be handed in at the office of The Champion, 191 Main St. E., mailed to P.O. Box 248, Milton, Ont., L9T 4N9, faxed to (905) 878-4943, or e-mailed to miltoned@haltonsearch.com. The final deadline is noon Friday for Tuesday's edition and noon Wednesday for Friday's edition. Dateline items aren't accepted by telephone.

Saturday Mar. 26

The Salvation Army, 100 Nipissing Rd., unit 3, holds its yoga workout from 9:30 to 10:45 a.m. and its book club from 11 a.m. to noon. For more information, call (289) 242-1432 or e-mail jen@khicommunity.com.

Euchre takes place at 7:30 p.m. at the Hornby Co-operative Nursery School at 7:30 p.m. Everyone is welcome.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds its Relationship With Self workshop from 10 a.m. to noon. The cost for this four-week workshop is \$35. To register or for more information, call (905) 847-5520.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds free peer counselling in-person or over the phone from 10 a.m. to noon by volunteers for women facing abuse, grief/loss and relationship issues. No appointment is necessary. For more information, call (905) 847-5520.

Sunday Mar. 27

Sunday service at 11 a.m. Everyone's welcome to attend.

Monday Mar. 28

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its drop-in Lymphoma Support Group from 7 to 8:30 p.m. at 2545 Sixth Line in Oakville. For more information, call (905) 257-1988.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds free peer counselling in-person or over the phone from 10 a.m. to 3 p.m. by volunteers for women facing abuse, grief/loss and relationship issues. No appointment is necessary. For more information, call (905) 847-5520.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its CyberCafé from 1 to 4 p.m. The cost is \$2 for members and \$4 for non-members. For more information, call (905) 875-1681.

The Therapeutic Pool Program (formerly Arthritis Pool Program) now accepts registrations for the spring session held Mondays and Wednesdays, Tuesdays and Thursdays and Wednesdays and Fridays from 11 a.m. to noon. The program involves non-impact, gentle exercises in warm water, designed to increase strength, flexibility and range of motion. It's suitable for people with arthritis, fibromyalgia and limited range of motion as a result of an accident, injury or joint replacement. For more information, call (905) 878-7946.

Tuesday Mar. 29

The Women's Centre, 210-1515 Rebecca St., in Oakville holds free peer counselling in-person or over the phone from 10 a.m. to 3 p.m. by volunteers for women facing abuse, grief/loss and relationship issues. No appointment is necessary. For more information, call (905) 847-5520.

The Ontario Early Years Centre, 917 Nipissing Rd., holds a free parenting workshop from 6:30 to 8 p.m. called 'Let's Talk About Ebenezer United Church, 12274 Guelph Line, holds an Easter Toileting'. To register or for more information, call (905) 876-1244, ext. 22.

Improve communication and leadership skills with the Milton Toastmasters. Everyone is welcome to attend the meeting at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Allan Lahue at (905) 877-3441.

Help for Parents, a Halton parent support group, meets in the evening in the basement of the church at 5720 New St. in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit www.apsgo.ca.

Calling New Parents, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Ontario Early Years Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

Milton District Hospital holds a breastfeeding clinic with a cer-see more DATELINE on page 21





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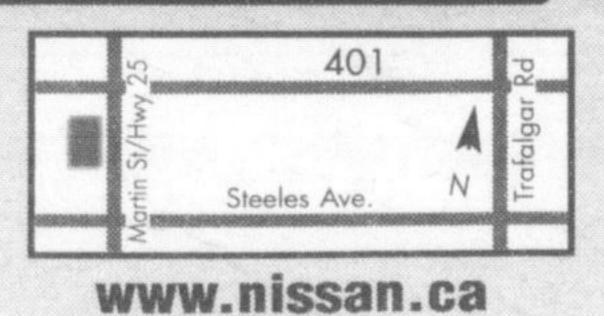


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Your business may be paying more for electricity than it needs to. The wholesale electricity market, through which your energy price is set, offers a variety of options to help you better manage your electricity costs. The Independent Electricity System Operator (IESO) and your Local Distribution Company have produced a brochure that demonstrates how some Ontario businesses are making the electricity market work in their favour with positive bottom-line results. If you have not yet received this brochure or would like more information, please visit our web site at www.ieso.ca/business







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