

Calendar of free Milton, Oakville hospital seminars now available

The Halton Healthcare Services (HHS) "Living Healthy" calendar of free public health seminars is hot off the press.

The upcoming series, which runs from this month until September, includes 12 evening seminars covering colorectal cancer, kidney disease, diabetes, men and aging, breast cancer, inflammatory bowel disease, depression, women's health, asthma, infertility, prostate cancer and osteoporosis.

Working in partnership with other community health care agencies and health service providers, HHS — an amalgamation of Oakville-Trafalgar Memorial Hospital and Milton District Hospital — organizes the health education series to help people in the local community access reliable and current health information.

"Health care consumers today are looking for a reliable source of medical information — a source they can trust," said Lorraine Rohm, HHS health promotion manager.

"Our seminars are generally presented by local physicians from our two community hospitals. These seminars promote healthy lifestyle choices and connect people with key community resources, but most importantly, they provide individuals with the opportunity to have their health-related questions answered by qualified healthcare professionals."

The seminars are held in either Milton or Oakville and commence at 7 p.m., with the question period usually ending around 9 p.m.

Individuals arriving between 6:30 and 7 p.m. can visit displays manned by related community health and social service agencies.

"With such a wide range of health topics, there's bound to be something of interest for everyone," said Ms Rohm.

"These seminars are a great way to meet some of the healthcare professionals who practice in our communities and there's always an abundance of additional information on community resources

and services. I invite everyone to pick up a calendar and check out one of our seminars."

Contact Evelyn Little at (905) 845-2571, ext. 6147, or e-mail elittle@haltonhealthcare.on.ca to obtain a copy of the calendar. For more information about HHS visit www.haltonhealthcare.com.

The sessions' partners include Breast Cancer Support Services, the Canadian Cancer Society, Canadian Diabetes Association, Canadian Mental Health Association, Colorectal Cancer Association of Canada, Crohns and Colitis Foundation, Halton Region Health Department, Kidney Foundation of Canada, Lung Association — Halton and WellSpring.

Women's shelter seeks volunteers

Halton Women's Place is currently looking for volunteers to assist with its child and youth program and front-line duties at the Burlington and Milton shelters.

Volunteers must be 18 years old or older and are required to attend three orientation sessions, with the next round taking place April 18, 20 and 25 from 6 to 7:30 p.m.

Volunteers are also asked to provide three references, a current police check and a TB test taken within the last year before their first day of volunteering.

Those interested should contact Carm Bozzo, special event and volunteer co-ordinator, at (905) 332-1200, ext. 244, or e-mail cbozzo@haltonwomensplace.com.

NEW FURNITURE AND ELECTRONIC UNRESERVED PUBLIC

AUCTION GOOD FRIDAY

Friday, March 25, 2005

Country Heritage Park - Gambrel Barn

8560 Tremaine Rd., Milton, ON

Preview 10am / Auction 11am

Niagara Escarpment Commission NOTICE OF PUBLIC MEETING

DATE: Thursday, March 31, 2005

TIME: 6:30 pm

PLACE: Milton Seniors' Activity Centre
500 Childs Drive
Milton, Ontario

Milton Seniors' Activity Centre is located one block south of Main Street, east of Highway 25 or Ontario Street (enter via the police station driveway).

The Niagara Escarpment Commission is considering whether or not to initiate an amendment to the Niagara Escarpment Plan for the area outlined on the excerpt of Niagara Escarpment Plan Map 3 below.

The lands within the Amendment Area are currently designated Escarpment Natural Area, Escarpment Protection Area, Escarpment Rural Area and Mineral Resource Extraction Area. If it proceeds, the amendment proposes to designate the lands Escarpment Natural Area and Escarpment Protection Area based on the Designation Criteria of the Niagara Escarpment Plan.

Niagara Escarpment Commission staff will be available from 6:30 to 7:00 pm to informally answer questions. At 7:00 pm there will be a short presentation and then there will be time for questions and answers.

If you have any questions about this notice, the proposal or the process, please contact Kathy Pounder at 905-877-5191 ext. 242 or at kathryn.pounder@mnr.gov.on.ca or visit our web site at www.escarpment.org.



- Escarpment Natural Area
- Escarpment Protection Area
- Escarpment Rural Area
- Mineral Resource Extraction Area
- Public Land (in Parks and Open Space System)
- Milton Outlier Amendment Study Area

Niagara Escarpment Commission
232 Guelph Street
Georgetown, ON L7G 4B1

Ontario



Norm Webster, Auctioneer, has been instructed to liquidate this superb collection of new furniture and accessories at a "NO RESERVE" auction. Approximately **20- 3 piece sofa sets** from traditional to contemporary to designer looks, from **100% Italian leather** to the highest grade fabric on the market. **Gorgeous Dining room suites**, some with matching buffets, hutches and sideboards, some in solid wood and in wood veneer; cherry, walnut, mahogany, pine, and maple finishes. Elegant bedroom outfits to include a stunning **8pc Queen Bedroom Suite** in medium oak, and a fabulous **8pc Queen Sleigh Bed Suite** with hidden drawers. Gigantic Cherry Finish Poster Bedroom Suite. Vegas Games Bar Counter, Texas Holdem Poker Table, clay poker chips, home entertainment Slot Machines. Huge assortment of coffee, end tables, jam cupboards, gifts, entertainment units, and lamps. **Huge assortment of electronics and home theatre- 19"-61" wide screen TV's**, DVD players, 5 disc mini stereo system, small kitchen appliances, 5.8 GHZ cordless phones, all under warranty. Selection of electric hand tools; 1/2" hammer drills. Many framed pieces of art, Limited Edition numbered "Group of Seven". Hand painted desks and Bombé Chests. **Quality mattresses and box spring sets** in single, double, queen and king from the most economical to the **highest quality pocket coil pillow top sets on the market**. 19th Century Reproduction French Commodes with gold overloom, Remingtons, World Globe with precious stones. Satsuma, Limoge vases, sign boards, and crystal. 32pc pots and pan sets from Germany. 65-98pc China dish sets. Cutlery and Knife sets. Chinese coins. Tribal Art, masks, porcelain dolls, 8x11 & 5x8 carpets, Handmade 100% Wool Persian Carpets baker's racks and Tiffany lamps. This is a partial listing. Many more stunning items not listed. Subject to additions and deletions.

THIS MAY BE THE BEST AUCTION YOU HAVE EVER SEEN

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