



# Healthy Living

**Milton BINGO Country**

**NEW SATURDAY SESSION AT 4 PM**

**NEW VERIFIER MACHINES!**

**6 STRIP PACKAGE ONLY \$20 ON MONDAYS**

**THREE CHANCES OF \$1000 JACKPOT EVERY 7 PM SESSION!**

SESSIONS ARE:  
 Mon - Sun 7pm  
 Thurs - Sun 10 pm  
 Saturday & Sunday Matinee 1pm

TWO \$1000 GAMES • PERSONAL BINGO VERIFIERS • SPECIAL EVENT DAYS

- ULTIMATE Link
- Progressive Game
- Shutter Boards
- Ever Growing Super Jackpot

**8750 Hwy 25 North • 905-875-2255**  
 (1 MILE N OF 401)  
 AIR CONDITIONED SMOKING FACILITY

PROCEEDS TO: MILTON BINGO CHARITIES ASSOCIATION

GET GREAT SAVINGS IN OUR MONTHLY EVENT CALENDAR

License #P040969

**Down Thru The Years...**

*goose down duvets & stuff*

*down & feather supplies available*

Sylvia Stewart  
 905-878-1370  
 342 Bronte Street South, Unit 9, Milton

**GALLINGER Ford SERVICE**

Life in the fast lane is great! Being able to stop is even better!  
**Make Sure Your Brakes Are Ready!**

**BRAKE INSPECTION & SERVICE**

- Inspect all brake components and report.
- Clean & lubricate brake caliper sliders.
- Clean & lubricate brake pad sliders
- Clean & lubricate brake shoe pivots
- Clean dirt & salt from brakes

**Only \$59<sup>95</sup>\***

Ontario Street (25) | Steeles Ave. | Wilson Dr. | Main St. | MALL

**GALLINGER Ford**

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**LASER REJUVENATION CLINICS AND SPA**

*Liposuction*

when exercise & diet is not enough.  
 How you age is a matter of choice.

The options are here  
 The choice is yours  
 ... talk with us!

before after

Individual results may vary

Laser Rejuvenation was recognized as one of the top 10 Injectors in Southwest Ontario for 2004.

Microdermabrasion  
**\$85**

**Laser Hair Removal**  
 Purchase any Bikini package and receive an Underarm package FREE  
 SAVE \$1000

**March Specials:**

IPL Photo facial \$300 (reg. \$400)  
 Erbium Peel \$400 (reg. \$500)

Lash It Semi-Permanent Eyelashes (The latest in innovative eyelash extension) INTRODUCTORY PRICE \$50

Platinum Endermologie Program \$1599  
 Dr. Robert Knowlton, M.D., F.R.C.S., Plastic Surgeon

For a free consultation about Liposuction, or any of the other procedures we offer, please call us.  
 2427 Trafalgar Road, Unit A5 905-842-8346  
 (Just south of Dundas in the Trafalgar Ridge Shopping Centre)  
 www.laserclinics.com