

# Dateline

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**Toastmasters.** Everyone is welcome to attend the meeting at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Allan Lahue at (905) 877-3441.

**Help for Parents,** a Halton parent support group, meets in the evening in the basement of the church at 5720 New St. in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit [www.apsgo.ca](http://www.apsgo.ca).

**Calling New Parents,** a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Ontario Early Years Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Salvation Army, 100 Nipissing Rd., suite 3, holds a **scrapbooking group** from 7 to 9:30 p.m. Bring along photos and a scrapbook. Basic supplies are provided at no cost. It also holds its **Busy Hands, Creative Minds** group from 9:30 to 11 a.m., with games, crafts, songs and stories for parents and their pre-schoolers. For more information, call (289) 242-1432 or e-mail [debra@khicomunity.com](mailto:debra@khicomunity.com).

The Women's Centre, 210-1515 Rebecca St., in Oakville holds free **peer counselling** in-person or over the phone from 10 a.m. to 3 p.m. by volunteers for women facing abuse, grief/loss

and relationship issues. No appointment is necessary. For more information, call (905) 847-5520.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Downsizers Weight Loss Club** at 10 a.m. The cost is \$2 for members and \$4 for non-members. It holds its **Evening Euchre Party** at 7:30 p.m. The cost is \$2.50. For more information, call (905) 875-1681.

**St. John Ambulance** meets from 7 to 9 p.m. at the community centre on Mary Street in Norval. New members are welcome. For more information, call (905) 877-7658.

**TOPS (Take Off Pounds Sensibly)** meets at 6:15 p.m. at the Milton Seniors' Activity Centre, 500 Childs Dr. This is a non-profit, non-commercial weight-loss support group that provides motivation, support and friendship. A minimal charge applies. For more information, call Nancy Nowak at (905) 878-4025 or visit [www.tops.org](http://www.tops.org).

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its drop-in **Gentle Yoga** program from 1:30 to 3 p.m. at 2545 Sixth Line in Oakville. For more information, call (905) 257-1988.

The Ontario Early Years Centre in Milton holds its free **Adult and Child Drop-In** at Milton Mall near the food court from 10:30 a.m. to noon. Adults and children up to six years old are invited for the informal play time. For more information, call (905) 876-1244, ext. 22.

Milton Mall presents its **Cinderella Princess Musical Show** for kids at 11 a.m. and 1 p.m. near the food court. Plus, the Ontario Early Years Centre holds its **Pre-school and Parenting Information session** from 10:30 a.m. to noon.

**Wednesday Mar. 16**

**Seniors and Law Enforcement Together**

(SALT) meets at 1 p.m. at Martindale Gardens, 45 Martin St. Seniors 50 and older who want to participate are invited to attend. For more information, call Const. Kate Pulford at (905) 878-5511, ext. 2401.

A **study/discussion** on the final days of Jesus' life based on the movie 'Jesus of Montreal' and Joyce Rupp's book 'Your Sorrow is my Sorrow' takes place from 7:30 to 9:30 p.m. at Ebenezer United Church, 12274 Guelph Line, in Campbellville. The cost is \$20 or free without the book. For more information, call Mark Rutledge at (519) 824-7303 or (905) 854-2423.

The Oakville Distress Centre holds its new **Senior to Senior Morning** from 9 a.m. to noon with seniors available to listen, providing a confidential, anonymous call-in service. The phone number is (905) 849-4541.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds its free **Abuse Support Group** from 6 to 8 p.m. To register or for more information, call (905) 847-5520.

Milton Mall invites kids to meet **Jenny Panda**, author and illustrator of Tales of Glissen, at 11 a.m. near the Coles store.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its weekly **hot lunch Irish style**. The lunch, which is served at 11 a.m., includes Irish stew and a performance by the Song Spinners Chorus. Call (905) 875-1681 by Monday to sign up. The Centre holds a **pie auction** at 12:30 p.m. in the cafeteria. It holds **contract bridge** at 9:30 a.m. The cost is \$2 for members and \$4 for non-members. **Evening Clogging** takes place at 6:45 p.m. for beginners and 7:45 p.m. for intermediate cloggers. The cost is \$3.50 for members and \$5.50 for non-members. For more information, call (905) 875-1681.

Milton Meals on Wheels holds a **luncheon** at 80 Ontario St. N. at 11:30 a.m. The cost is \$5 for

a hot meal. Transportation and assistance can be arranged for those who require it. For more information or to reserve a seat, call (905) 878-6699.

**Thursday Mar. 17**

The **Milton Historical Society** meets at 7:30 p.m. at the Waldie Blacksmith Shop, 16 James St., for 'About the Street Where you Live' with Jim Dills talking about the origin of various street names around town.


VON Alzheimer Services offers its monthly **support group** for caregivers of people with Alzheimer's disease and related disorders in the community room at Loblaws, 75 Nipissing Rd., from 2 to 3:30 p.m. For more information, call (905) 847-9559.

The Fine Arts Society of Milton's **Evening Group of Artists** meets from 7 to 10 p.m. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call Janis at (905) 854-5753.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds free **peer counselling** in-person or over the phone from 10 a.m. to 3 p.m. by volunteers for women facing abuse, grief/loss and relationship issues. No appointment is necessary. Its **Women's Employment Network** — for women who are unemployed, laid off or returning to the workforce — takes place from 9:30 to 11:30 a.m. And its **Women's Caring and Sharing Circle** takes place from 1 to 3 p.m. For more information or to register, call (905) 847-5520.

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Coming to Brookville's  
Nassagaweya Community Centre!  
Monday March 14, 2005  
an open public meeting with  
Halton Member of Parliament,  
**Mr. Gary Carr!**  
Mr. Carr will address rural-federal issues,  
and respond to questions from the audience.  
Start time 7:30p.m., finishing at 9:00 p.m.  
Host: Milton Rural Residents Association  
[www.miltonrra.org](http://www.miltonrra.org)

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