

Dateline

• from DATELINE on page 15

it, non-commercial weight-loss support group that provides motivation, support and friendship. A minimal charge applies. For more information, call Nancy Nowak at (905) 878-4025 or visit www.tops.org.

Improve communication and leadership skills with the **Milton Toastmasters**. Everyone is welcome to attend the meeting at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Allan Lahue at (905) 877-3441.

Help for Parents, a Halton parent support group, meets in the evening in the basement of the church at 5720 New St. in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit www.apsgo.ca.

Calling New Parents, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Ontario Early Years Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds free **peer counselling** in-person or over the phone from 10 a.m. to 3 p.m. by volunteers for women facing abuse, grief/loss and relationship issues. No appointment is necessary. For more information, call (905) 847-5520.

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its drop-in **Ovarian Cancer Support**

Group from 10:30 a.m. to noon at 2545 Sixth Line in Oakville. Its drop-in **Caregiver Connection** takes place from 7 to 8:30 p.m. And its drop-in **gentle yoga program** is held from 1:30 to 3 p.m. at 2545 Sixth Line in Oakville. For more information, call (905) 257-1988.

The Ontario Early Years Centre, 917 Nipissing Rd., holds a free **parent workshop** from 6:30 to 8 p.m. with simple activities for you and your child to do using household resources. To pre-register, call (905) 876-1244, ext. 22.

The **Halton/North Peel Naturalist Club** invites the public to hear Dennis Frazer from the Toronto Zoo speak about endangered species at 7:30 p.m. at the Halton Hills Cultural Centre, 9 Church St., in Georgetown.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Downsizers Weight Loss Club** at 10 a.m. The cost is \$2 for members and \$4 for non-members. For more information, call (905) 875-1681.

Wednesday Mar. 9

The Close and Over Sixty Club holds a **bridge club** meeting from 1 to 4:30 p.m. at St. John's Church in Nassagaweya on Guelph Line. The cost is \$2. Everyone's welcome.

A **study/discussion** on the final days of Jesus' life using the movie 'Jesus of Montreal' and Joyce Rupp's book 'Your Sorrow is My Sorrow' takes place from 7:30 to 9:30 p.m. at Ebenezer United Church, 12274 Guelph Line, in Campbellville. The cost is \$20 or free without the book. For more information, call Mark Rutledge at (519) 824-7303 or (905) 854-2423.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds • see more DATELINE on page 19

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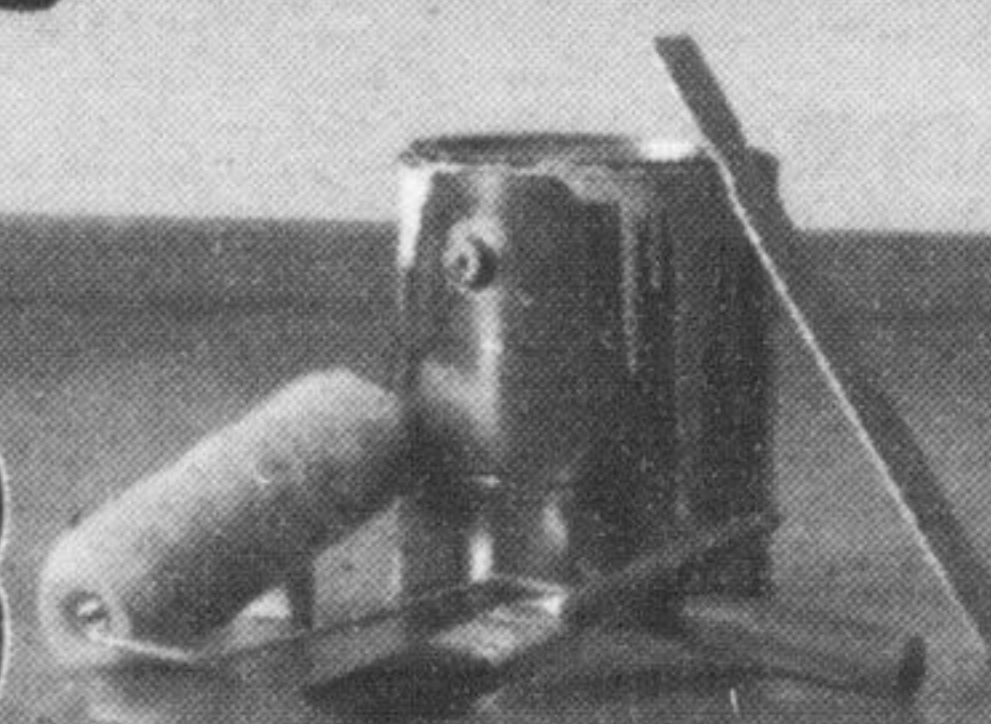
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