

Dateline

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7007.

The Milton Historical Society hosts an introductory beginner **blacksmith class** at Waldie Blacksmith Shop, 16 James St. For more information, call Dave Cox at (905) 875-4156 or visit www.miltonhistoricalsociety.ca.

Canadian Blood Services holds a **donor clinic** at the Milton Seniors' Activity Centre, 500 Childs Dr., from 9 a.m. to 1 p.m. To make an appointment, call 1-888-236-6283.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds free **peer counselling** in-person or over the phone from 10 a.m. to noon by volunteers for women facing abuse, grief/loss and relationship issues. No appointment is necessary. For more information, call (905) 847-5520.

The Salvation Army, 100 Nipissing Rd., unit 3, holds its **yoga workout** from 9:30 to 10:45 a.m. and its **book club** from 11 a.m. to noon. For more information, call (289) 242-1432 or e-mail jen@khcommunity.com.

Euchre takes place at the Hornby Co-operative Nursery School at 7:30 p.m. Everyone is welcome.

The fifth annual **Good Health Expo** takes place at Hopedale Shopping Centre in Oakville from 9:30 a.m. to 3 p.m. It's being hosted for the fifth year by Oakville-Trafalgar Memorial Hospital, and the Canadian Mental Health Association holds a Mental Health Awareness Fair as part of the event. The expo features dis-

plays by more than 50 hospital departments and not-for-profit community organizations.

Sunday Feb. 27

The Halton-Peel branch of the **Ontario Genealogical Society** meets at 2 p.m. at Chinguacousy branch library, lower level, 150 Central Park Dr., in Bramalea, featuring the curator of Dufferin County Museum and Archives. Visitors are welcome.

Monday Feb. 28

The Women's Centre, 210-1515 Rebecca St., in Oakville holds free **peer counselling** in-person or over the phone from 10 a.m. to 3 p.m. by volunteers for women facing abuse, grief/loss and relationship issues. No appointment is necessary. For more information, call (905) 847-5520.

This is the last day to register for the Peel North branch of the Retired Women Teachers of Ontario's **Social Lunch** on March 8. It takes place at 11:45 a.m. at the Mandarin Restaurant, 238 Biscayne Cres., in Brampton. All retired women teachers are welcome. To reserve a spot, call Karin at (905) 796-2146.

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its drop-in **Lymphoma Support Group** from 7 to 8:30 p.m. at 2545 Sixth Line in Oakville. For more information, call (905) 257-1988.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **CyberCafé** from 1 to 4 p.m.

The cost is \$2 for members and \$4 for non-members. For more information, call (905) 875-1681.

The **Halton Hills Quilters Guild** meets at 7:15 p.m. at Moldmaster's Sports Complex on Guelph Street in Georgetown with special guests from The Quilter's Basket store in Milton. For more information, call Pat Clayton at (905) 878-1839.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **CyberCafé** from 1 to 4 p.m. The cost is \$2 for members and \$4 for non-members. For more information, call (905) 875-1681.

Tuesday Mar. 1

The **Milton Fibromyalgia Group** meets at 2 p.m. at St. Paul's United Church. For more information, call Joanne at (905) 878-4371.

VON Alzheimer Services holds its **support group** for caregivers of people with Alzheimer's disease and related disorders from 7 to 9 p.m. at Mountainview Residence in Georgetown. For more information, call (905) 847-9559.

The Ontario Early Years Centre holds its free **Adult and Child Drop-In** at Milton Mall near the food court from 10:30 a.m. to noon. Adults and kids up to 6 years old are invited for the informal play time. For more information, call (905) 876-1244, ext. 22.

St. John Ambulance meets from 7 to 9 p.m. at the community centre on Mary Street in Norval. New members are welcome. For more information, call (905) 877-7658.

TOPS (Take Off Pounds Sensibly) meets at

6:15 p.m. at the Milton Seniors' Activity Centre, 500 Childs Dr. This is a non-profit, non-commercial weight-loss support group that provides motivation, support and friendship. A minimal charge applies. For more information, call Nancy Nowak at (905) 878-4025 or visit www.tops.org.

Improve communication and leadership skills with the **Milton Toastmasters**. Everyone is welcome to attend the meeting at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Allan Lahue at (905) 877-3441.

Help for Parents, a Halton parent support group, meets in the evening in the basement of the church at 5720 New St. in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit www.apsgo.ca.

Calling New Parents, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Ontario Early Years Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from

• see more **DATELINE** on page B8

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* Not all styles available in all sizes.



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