

SMOKING what's the point?



Someday, you'll be offered a cigarette or be tempted to smoke. Before you start, think about it: every drag you take screws up your body.

Smoking can cause permanent damage to your body. Once a person starts, it becomes extremely tough to quit. And did we mention all that cash you'll be blowing in the process?

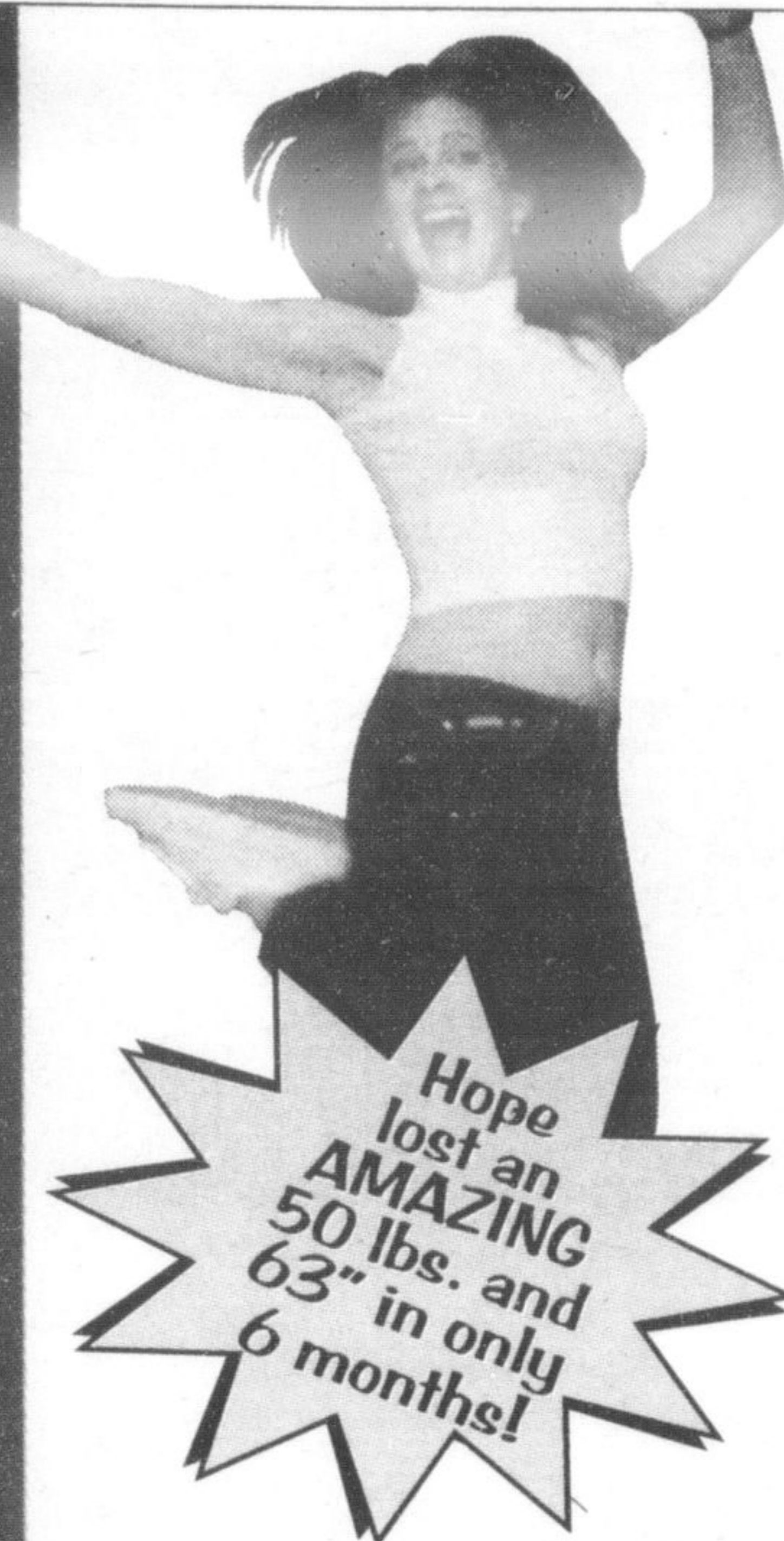
So, if you're tempted to start, ask yourself, "What's the point?"

This message brought to you by:
The Canadian Champion

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Don't weight any longer!
Only 6 days left to
SAVE 60%!

*"The Herbal One experience has been great! The staff have been compassionate and encouraging. The best part is reaching my goal and **LOOKING 10 YEARS YOUNGER!**"*

Hope lost an **AMAZING 50 lbs. and 63" in only 6 months!**

With a guaranteed loss of 2-7 lbs./week, the question isn't what do you have to lose, it's how much?!



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The ONE that really works for you!

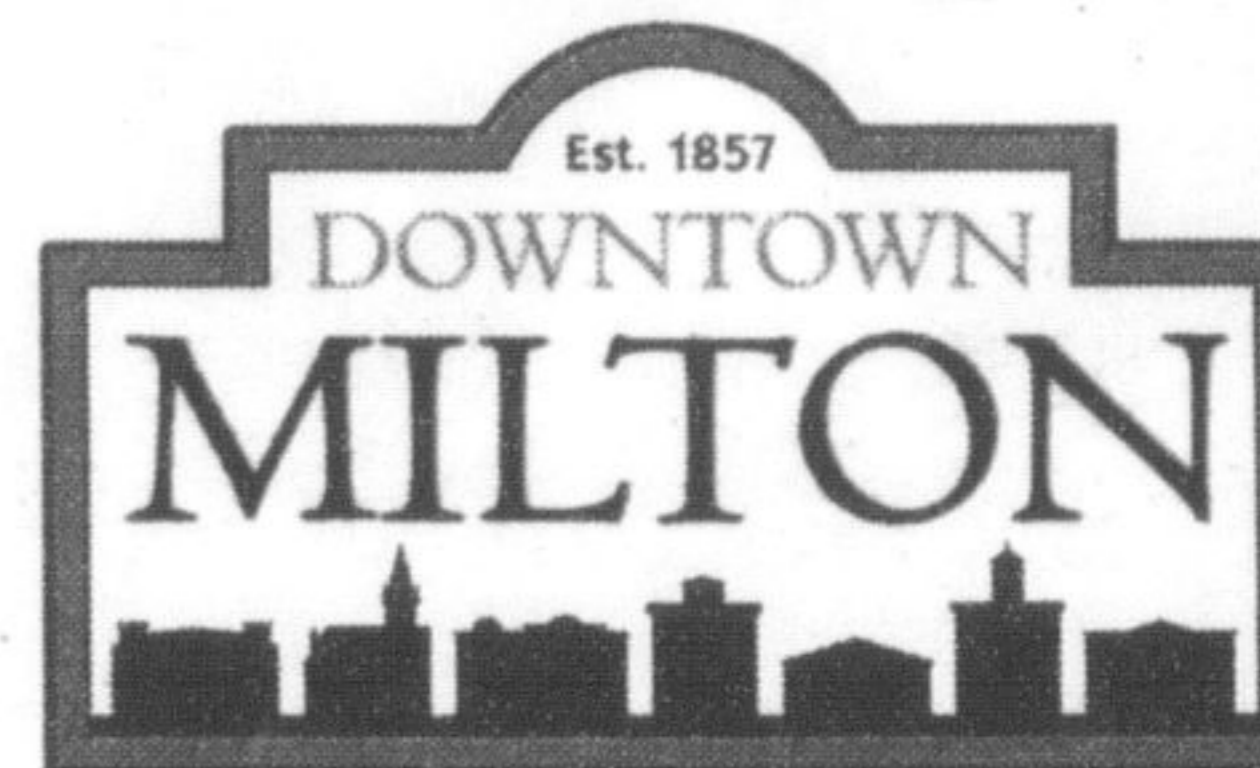
www.herbal-1.com

WIN \$75.00
in Downtown Dollars

Milton DBIA Slogan Contest

The Milton Downtown Business Improvement Area is in the process of developing a slogan that truly typifies the experience of being in the heart of Downtown Milton.

We are seeking input from the community to develop a slogan that will rest in the minds of visitors and locals alike.



THE SLOGAN SHOULD...

1. Refer to the historical/cultural identity of the downtown business improvement area.
2. Establish downtown as a distinct shopping, dining and gathering place.

CONTEST RULES:

1. The slogan must describe and be appropriate for the downtown core.
2. Six words maximum.
3. It should incorporate the key ideas listed above.
4. Anyone can enter.
5. Deadline for entries is Monday February 28, 2005.

Send entries to

Downtown Milton BIA Slogan Contest
251 Main St. E. Suite #103,
Milton, ON L9T 1P1
or email info@downtownmilton.com
www.downtownmilton.com

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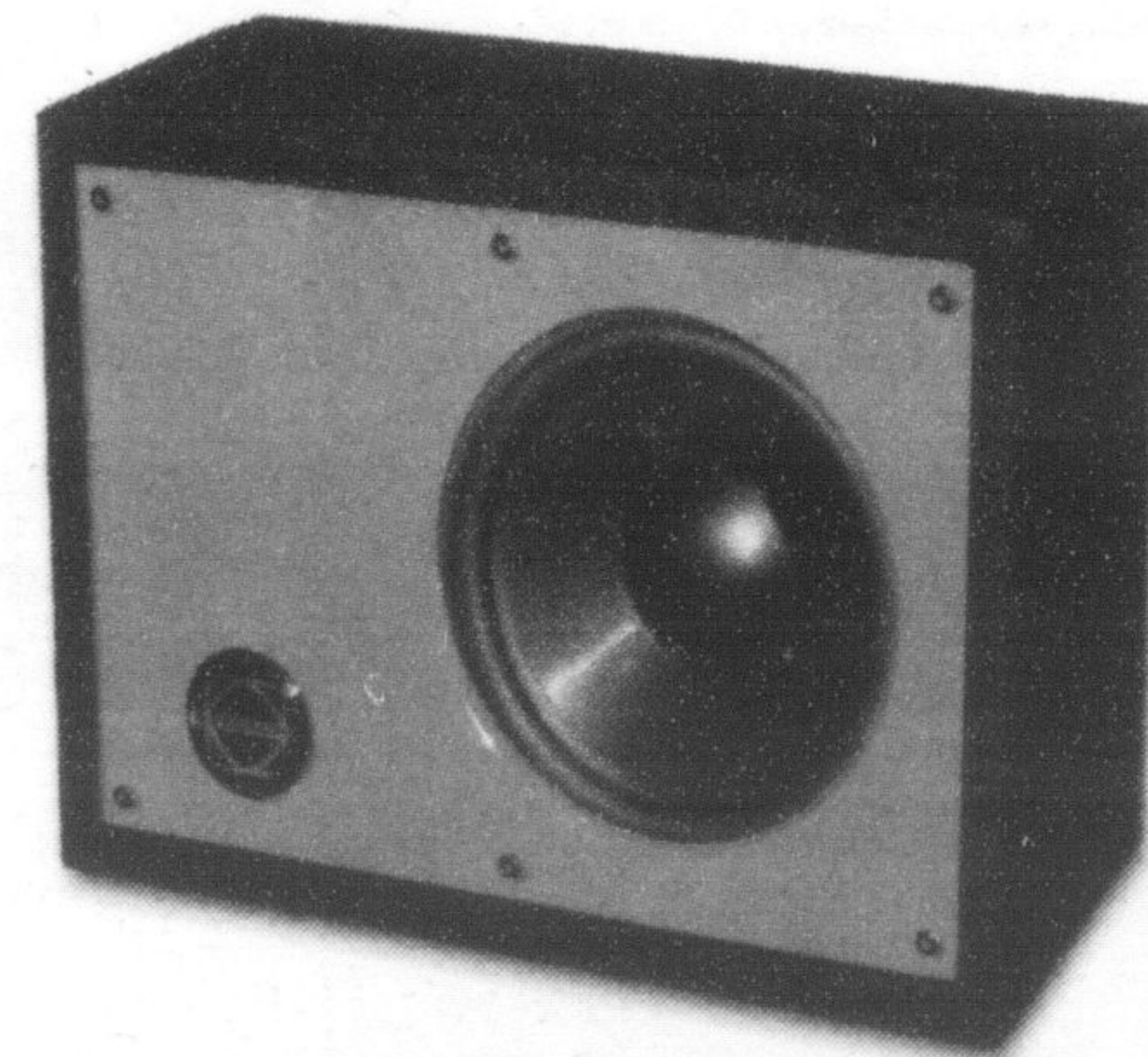
Winter is not over yet!

Car Audio Blowout!

Single 10" Sealed Enclosure with 500 watt 10" Subwoofer*

\$129⁹⁹

Exactly as shown!



*Expires March 22, 2005

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* on most vehicles

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