

Dateline

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p.m. For information, call Allan Lahue at (905) 877-3441.

Help for Parents, a Halton parent support group, meets in the evening in the basement of the church at 5720 New St. in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit www.apsgo.ca.

Calling New Parents, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Ontario Early Years Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jean at (905) 878-2383, ext. 7030.

The KHi Community of the Salvation Army, 100 Nipissing Rd., suite 3, holds a **scrapbooking group** from 7 to 9 p.m. It also holds its **Busy Hands, Creative Minds** group, for busy toddlers

and their caregivers with crafts, songs, stories and field trips. It takes place from 9:30 to 11 a.m. For more information, call (289) 242-1432.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds its **Social Group for Spanish Speaking Women** from 12:30 to 2:30 p.m. To register or for more information, call (905) 847-5520.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Downsizers Weight Loss Club** at 10 a.m. The cost is \$2 for members and \$4 for non-members. For more information, call (905) 875-1681.

Milton Mall presents **Ontario Early Years Adult and Child Drop-In** from 10:30 a.m. to 12 p.m. Adults and children up to six years of age are welcome to the free informal play time.

The **Milton Fibromyalgia Support Group** meets at St. Paul's United Church at 2 p.m. For more information, call Jo Anne at (905) 878-4371.

Wednesday Feb. 2

The Oakville Distress Centre holds its **Senior to Senior Morning** — offering phone call companionship — from 9 a.m. to 12 p.m. at (905) 849-4541. All calls are confidential.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds its **Abuse Support Group** from 6 to 8 p.m. To register or for more infor-

mation, call (905) 847-5520.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **contract bridge** at 9:30 a.m. The cost is \$2 for members and \$4 for non-members. It holds its **hot lunch program** from 11:30 a.m. to 12:45 p.m. The cost is \$6, which includes a salad, an entrée, dessert and a beverage. Reserve at the reception desk or by calling the centre by Monday. **Evening clogging** takes place at 6:45 p.m. for beginners and at 7:45 p.m. for intermediate cloggers. The cost is \$3.50 for members and \$5.50 for non-members. For more information, call (905) 875-1681.

Thursday Feb. 3

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its drop-in **Graduate Patient Support Group** from 7 to 8:30 p.m. at 2545 Sixth Line in Oakville. For more information, call (905) 257-1988.

A **Buddhist meditation and philosophy course** entitled 'The Path that Fulfills Wishes' is held from 7:30 to 9 p.m. at the Milton Seniors' Activity Centre, 500 Childs Dr. The cost is \$10 per class. Pre-registration is not required. For more information, call (905) 523-9533.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from 7 to 9 p.m. • see more DATELINE page 18

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February 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Senior's Day 10% off bisque	3 Learn to Make Pasta the Old Italian Way! 7-9PM * Call ahead to reserve!	4 Paint & Pizza Night! 6-9PM * Call ahead to reserve!	5
6	7 Mom's and Tots 10% off bisque	8 Ladies Night 6PM - 9PM	9 Senior's Day 10% off bisque	10 * Painting Techniques Class 7:15-9:15PM	11 Adult Midnight Madness! 10% Off Bisque if you're still painting at midnight! 9PM - ?? *Call ahead to reserve!	12
13	14 Mom's and Tots 10% off bisque Valentines Date Night 6PM - 9PM	15	16 Senior's Day 10% off bisque	17	18 Paint & Pizza Night! 6-9PM * Call ahead to reserve!	19
20	21 Mom's and Tots 10% off bisque	22 Ladies Night 6PM - 9PM	23 Senior's Day 10% off bisque	24 Date Night 6PM - 9PM	25 Paint & Pizza Night! 6-9PM * Call ahead to reserve!	26
27	28 Mom's and Tots 10% off bisque * Painting Techniques Class 7-9PM	1 March	2 Senior's Day 10% off bisque	3	4 Caribbean Night! Get away from the cold! 6PM - 9PM *Call ahead to reserve!	

* All classes - Please call ahead to reserve your seat!

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