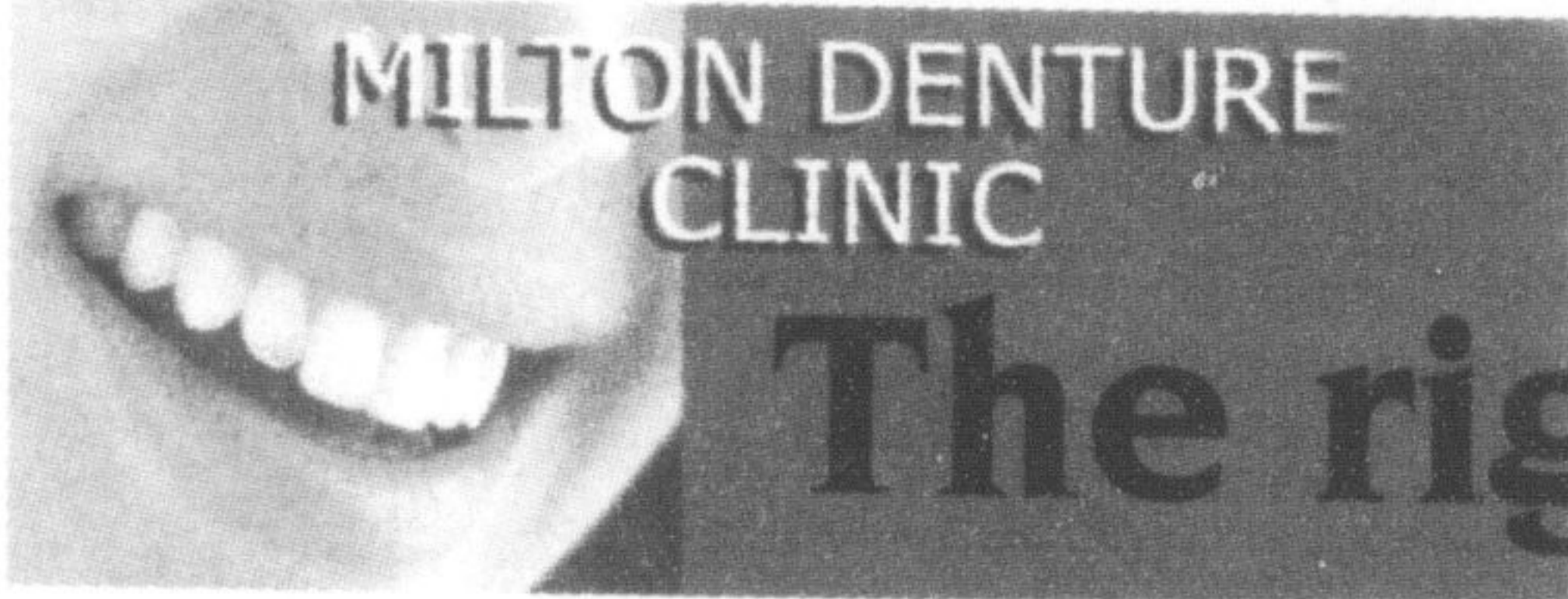


# Health Mind & Body



## The right place for a beautiful natural smile

The people at Denture Clinic of Milton want their patients to experience confidence in their appearance and speech, and to eat with comfort.

Complete denture service can be a complex and challenging procedure requiring experience and expertise. Denture Clinic of Milton has been serving the region since 1988. Owner Garry Trenton, D.D., offers a high standard of skill, commitment and caring to meet each patient's need for comfortable natural looking dentures.

Replacing your dentures at regular intervals of every 5-7 years helps to maintain a healthy, natural smile and prevent intraoral deterioration. Both full and partial dentures are available from Denture Clinic of Milton. In addition, implant retained dentures are available for patients requiring a precision mechanical bond. Tooth loss from sports or automo-

bile accidents can be treated prosthetically as well. With the use of old photos, Garry can restore your original smile to the way nature intended it.

If your denture has been getting loose and chewing is getting more difficult, perhaps a relines is the solution. Dentures usually need to be relined every two years. Soft touch and hard relines can be performed right on the premises at Denture Clinic of Milton. Denture repairs are no problem, and can usually be done the same day or while you wait. For your consultation, call Denture Clinic of Milton. No referral

is required as they are open to the public.

Editorial supplied by Milton Denture Clinic, 159 Main St. E, Milton, (905)-876-2000.

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### Inner Sanctum Yoga Studio

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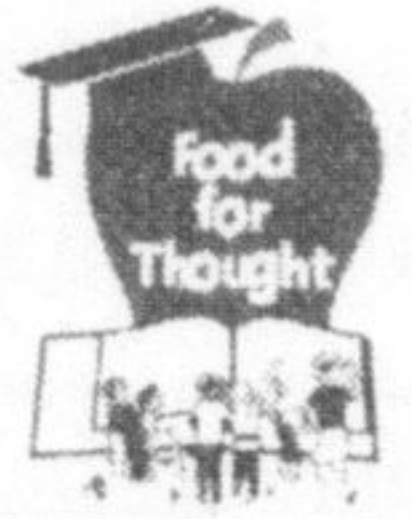
905.876.0551 / yoga@innersanctum.ca

www.innersanctum.ca

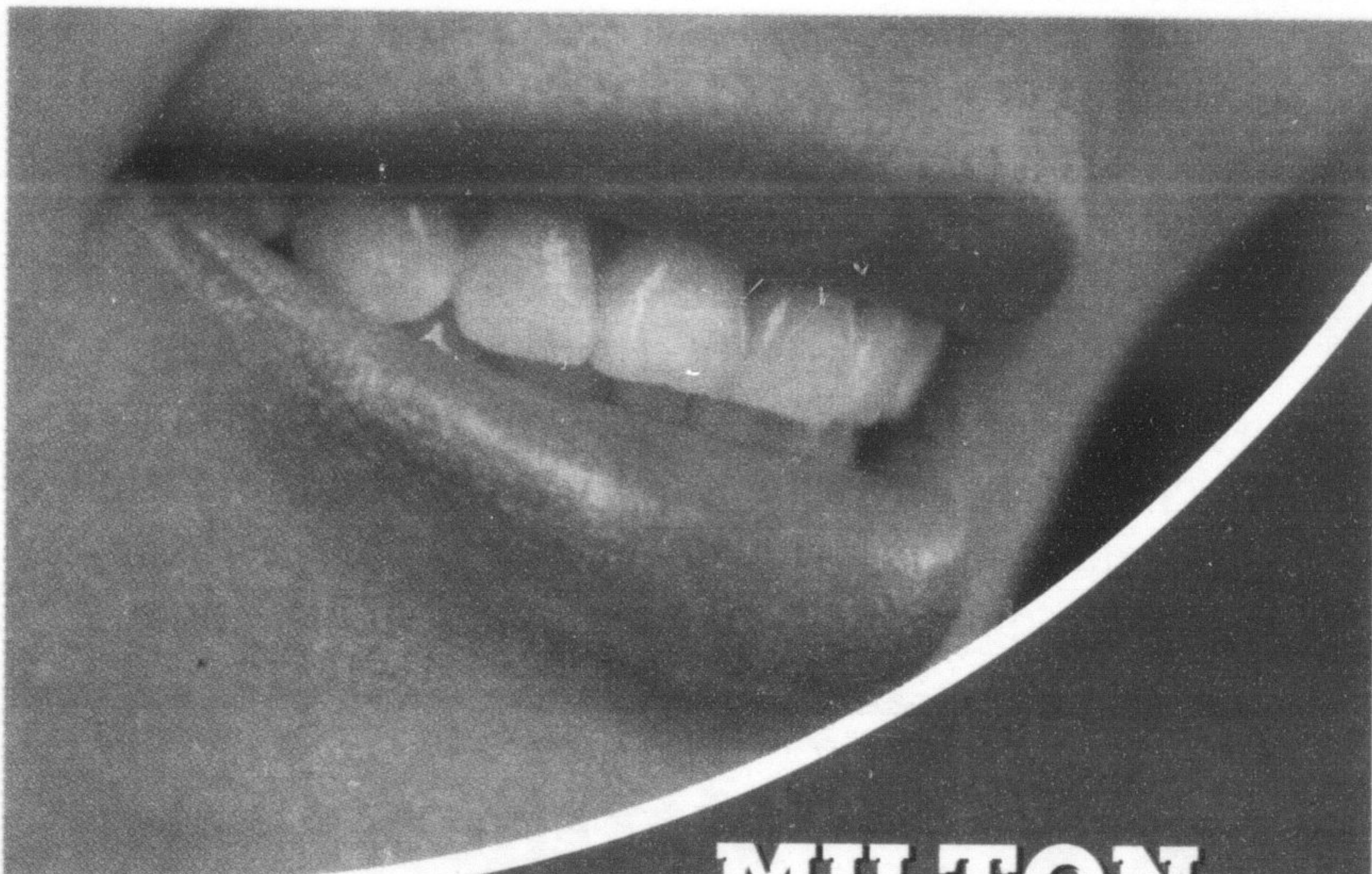
### Nutrition Notes

Did you know...

1 in 5 Canadian children are not getting the recommended five servings of fruits and vegetables they require daily.



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Contact Program Coordinator  
905-845-5597 ext. 201  
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## MILTON DENTURE CLINIC

- ✓ REPAIRS
- ✓ RELINES
- ✓ CLEANING
- ✓ ADJUSTMENTS
- ✓ COMPLETE DENTURES
- ✓ PARTIAL DENTURES
- ✓ IMPLANT DENTURES
- ✓ LAB ON PREMISES

### THE DENTURE SPECIALIST

GARRY T. TRENTON,  
DENTURIST

159 MAIN ST., MILTON  
905-876-2000



They did it...

# SO CAN YOU!

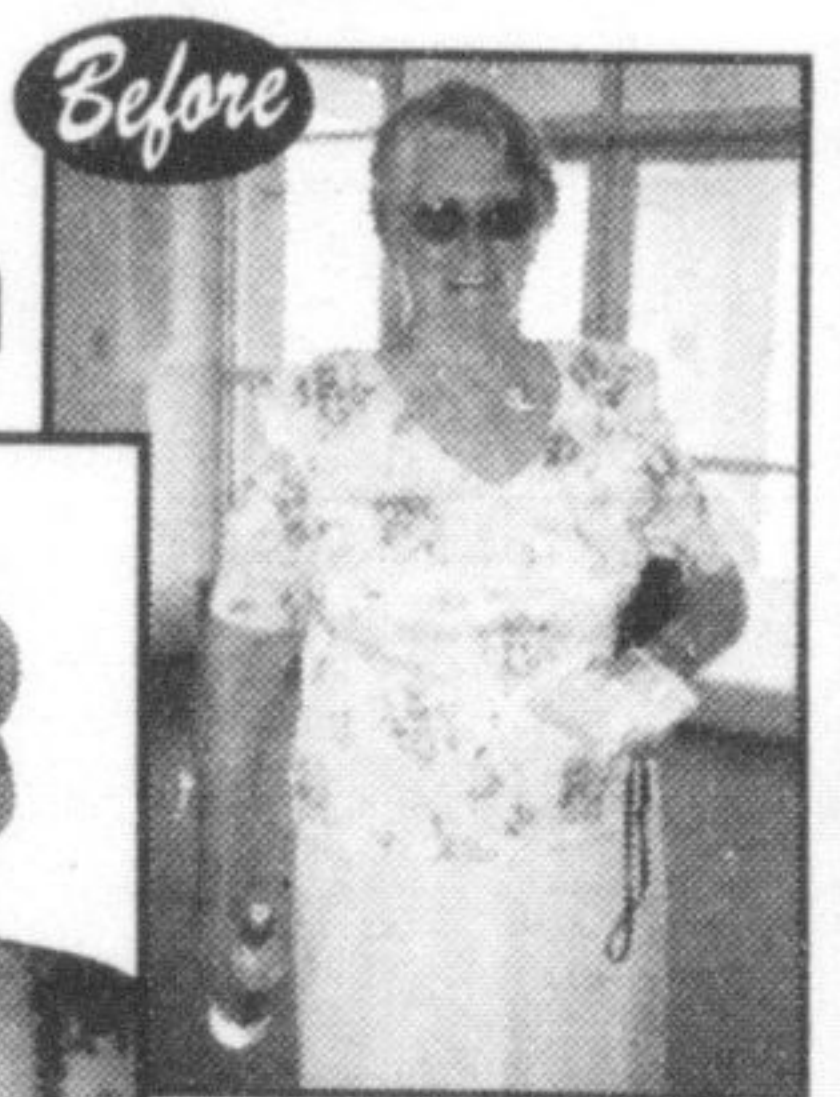


Michael Kolesar



Lost 130 lbs over 100 inches in less than a year.

Phyllis Johnson

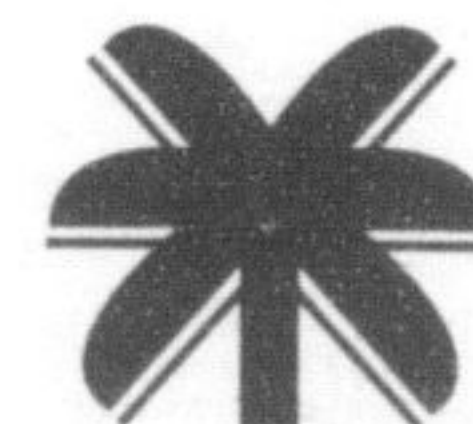


Lost 64 lbs

Phyllis is still maintaining her weight loss after 2 years.

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