

Local members sought to form a team in Weekend to End Breast Cancer walk

Two local ladies are putting a call out for residents interested in forming a team to train, fundraise and take part in next year's Weekend to End Breast Cancer walk.

Although the fundraiser doesn't happen until September, mother/daughter team Kathy and Roxane Beyette are already gearing up and hope others will want to join them.

"Teams can be beneficial with training as there's a greater incentive and enjoyment to go walking when you're with others," Kathy said, adding they can also help with the fundraising end of things by generating more ideas to bring the money in.

The Beyettes have taken part in the walk for the past two years. The pair's training walks throughout the winter months are usually 2 to 5 km a couple times a week.

Once the warmer weather arrives, they gradually increase that until they're walking 40 km over the weekend prior to the event.

The Weekend to End Breast Cancer is a 60-km walk through the streets of Toronto, with money raised going to the Princess Margaret Hospital. To take part, each participant must raise a minimum of \$2,000.

To raise the required amount in the past, Kathy and Roxane have held garage sales,

sold Purdy's chocolate bars, held raffles where they work and simply asked family, friends and co-workers for donations.

Last year, they also made and sold herb kits, complete with terra cotta pots, gloves, peat pellets, growing trays, six different kinds of herbs and growing instructions.

The duo will be selling the herb kits again this year and will also be brainstorming up some more creative ideas.

To join the Beyette's team for the Weekend to End Breast Cancer, e-mail kathleen.beyette@sympatico.ca or call (905) 693-8793. For more information on the event, visit www.endcancer.ca.

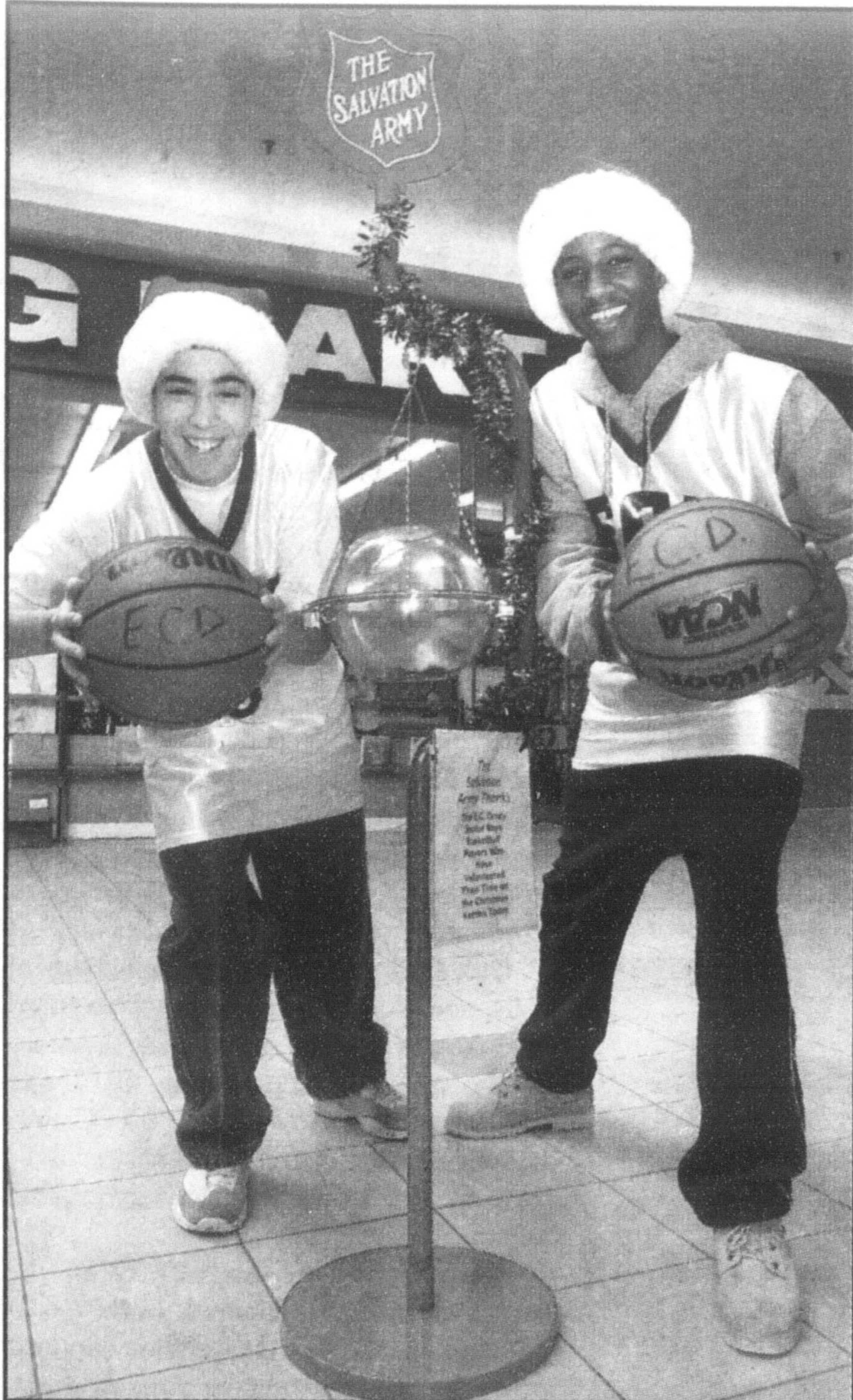


Photo by GRAHAM PAINE

✓ Making good time

E.C. Drury High School senior boys basketball team members including Nabil Tegaz (left) and Adnan Khalif volunteered their time over the holidays to man the Salvation Army kettles at Milton Mall.

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May your holiday be filled with happy days and wonderful memories.

Your support and friendship is truly appreciated.

Pat

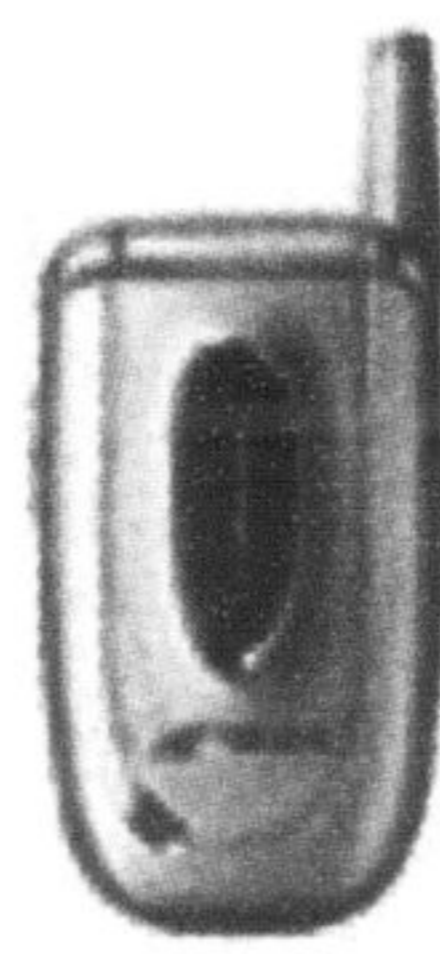
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