# Dateline

# • from DATELINE on page 16

Burlington Art Centre in the AIC Gallery at 2 p.m. with poets presenting their poetry about an exhibit featuring artists B. Amos Murphy and James Paterson. For more information, visit http://www.federationofpoets.com/burlington.htm.

### Monday Nov. 15

The Milton and District Horticultural Society celebrates its final meeting of the year with a **pot** luck dinner at the Royal Canadian Legion, 21 Charles St.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its new Cyber-Café from 1 to 4 p.m. The cost is \$2 for members and \$4 for non-members. For more information, call (905) 875-1681.

## Tuesday Nov. 16

The MS Society of Halton holds its **annual meeting** at 7 p.m. at the Sunrise Senior Centre, 5401 Lakeshore Rd., in Burlington. For more information, call (905) 681-8770 or 1-800-211-8322.

The KHi Community of the Salvation Army, 100 Nipissing Rd., suite 3, holds **Busy Hands**, **Creative Minds**, a group for busy toddlers and their caregivers with crafts, songs, stories and field trips. It takes place from 9:30 to 11 a.m. Call (289) 242-1432.

Improve communication and leadership skills with the **Milton Toastmasters**. Everyone is welcome to attend the meeting at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Allan Lahue at (905) 877-3441.

Help for Parents, a parent support group, meets in Oakville. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of Association of Parent Support Groups in Ontario. For more information, call 1-800-488-5666 or visit www.apsgo.ca.

Calling New Parents, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Ontario Early Years Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 825-6000, ext. 7299.

Milton District Hospital holds a breastfeeding clinic with a certified lactation consultant from 9:30 to 11:30 a.m. To make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

St. John Ambulance meets from 7 to 9 p.m. at the community centre in Norval. New volunteers

are welcome. For more information, call (905) 877-7658.

TOPS (Take Off Pounds Sensibly) meets at 6:15 p.m. at the Milton Seniors' Activity Centre, 500 Childs Dr. This is a non-profit, non-commercial weight-loss support group that provides motivation, support and friendship. A minimal charge applies. For more information, call Nancy Nowak at (905) 878-4025 or visit www.tops.org.

The Women's Centre, 210-1515
Rebecca St. in Oakville, holds its
Social Group for Spanish
Speaking Women from 12:30 to
2:30 p.m. To register or for more
information, call (905) 847-5520.

Wellspring Halton-Peel, a support network for cancer patients and their families, holds **gentle yoga** from 1:30 to 3 p.m. at 2545 Sixth Line in Oakville. For more information, call (905) 257-1988.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Evening Euchre Party** at 7:30 p.m. The cost is \$2.50. It also holds **Intermediate Line Dancing** at 7 p.m. The cost is \$3.50 for members and \$5.50 for non-members. Its **Downsizers Weight Loss Club** takes place at 10 a.m. The cost is \$2 for members and \$4 for non-members. For more information on these activities, call (905) 875-1681.







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