



MONITOR

THE HEARTBEAT OF OUR COMMUNITY

NEWS AND INFORMATION FROM MILTON DISTRICT HOSPITAL

We would like to thank our sponsors, **Robert (Pie) Lee Insurance, McCuaig Insurance Ltd., McKersie-Kocher Funeral Home Ltd. and Solex Ltd., Division of Deumer Machinery Inc.** for their wonderful support and generosity.

HOSPITAL

It's Flu Season ... Get A Flu Vaccination

Influenza (flu) usually arrives in our community between October and April.

Public flu shots will not be available at either Oakville-Trafalgar Memorial Hospital or Milton District Hospital. We encourage you to check with your doctor's office about receiving a flu vaccination or attend one of the many free vaccination clinics being offered by The Halton Region Health Department across our region.

During the flu season please be aware of the risk to patients in the hospital and do not visit patients if you are ill or not feeling well. We encourage everyone to wash their hands thoroughly as they enter and exit the hospitals at each of the hospital entrances and throughout the hospital.

If you're looking for information on Influenza Immunization Clinic schedules and locations, please call 905-825-6000 or log on to www.region.halton.on.ca/health.

We're Radiating!

They work in our hospitals and play an essential role in detecting and treating medical problems. They examine our heart and blood vessels through angiography, capture real-time internal organ movement through fluoroscopy, and produce detailed cross-sectional body images through computerized tomography (CT) scans. Who are they? They're your friendly neighbourhood Medical Radiation Technologists (MRT).

During National MRT Week, which runs from November 7th to 13th, these highly-trained professionals behind the technology are stepping out into the medical spotlight.

Within Halton Healthcare, MRTs include:

- Radiation Technologists – the people behind the production of diagnostic images, including x-rays, mammography, angiography, fluoroscopy, and computerized tomography (CT) scans.
- Nuclear Medicine Technologists – they carry out treatment procedures and diagnostic imaging, utilizing radionuclides to acquire images that help pinpoint the nature of a disease and how it is affecting the body.
- Magnetic Resonance Technologists – they work with magnetism, radio waves and computers to acquire medical images through the use of a radiation-free body-length tunnel.

For more information on these professions, visit the Canadian Association of Medical Radiation Technologists' Web site at www.camrt.ca. To book your appointment with the Diagnostic Imaging Department at MDH, call 905-876-7023.



www.haltonhealthcare.com



FOUNDATION

Sharing a Dream, Inspiring a Community, Creating a Reality

- If you want happiness for an hour, take a nap.
 - If you want happiness for a day, go fishing.
 - If you want happiness for a year, inherit a fortune.
 - If you want happiness for a lifetime, help somebody.
- Chinese proverb

LEAVING A LEGACY

The Milton District Hospital Foundation has developed a proactive Planned Giving Program, "The Circle of Life."

Planned Gifts are easy to set up, and they can provide:

- Philanthropic satisfaction
- Current and future income tax deductions
- Estate income tax deductions and planning benefits
- The opportunities to save taxes and increase inheritances to your loved ones

Planned and major gifts are of vital importance in maintaining the Milton District Hospital Foundation's long tradition of excellence in providing continuous improvement of facilities and services at the Milton District Hospital. Our success has been made possible by the generosity of our donors and our community. In fact, planned gifts that were thoughtfully prepared in the past are now funding important health care services, equipment and facilities.

The Circle of Life's mandate is to help potential donors meet their personal charitable objectives, while maximizing tax and other

financial benefits. Donors today, need to make sure their gift fits their personal charitable objectives, while maximizing tax and other financial benefits. Donors today, need to make sure their gift fits their desires, family needs, financial objectives and tax situation. The Milton District Hospital Foundation can answer questions about the ways that our donors can enjoy significant tax advantages while helping us continue to provide our quality health care programs.

If you would like more information on the many tax benefits of making a Planned Gift, please contact Donna McLaughlin at the Foundation office, 905-876-7014. All requests are confidential and, of course, a request does not obligate a potential donor to make a gift.

Planned and major gifts are of vital importance in maintaining our long tradition.

The Foundation Welcomed its Loyal Donors

On October 5th the Foundation unveiled its newest Donor Recognition plaques. This year 145 donors received plaques in all giving categories.



✓ Foundation President, Bob Pyatt presents the Town of Milton plaque to Mayor Gordon Krantz in recognition of the Community Fund donations.

Visit the Foundation's website at: www.haltonhealthcare.on.ca

REMEMBER, ALL DONATIONS TO THE MILTON DISTRICT HOSPITAL FOUNDATION & AUXILIARY REMAIN AT THE MILTON DISTRICT HOSPITAL.
If you would like to become one of the sponsors of the Hospital Monitor please contact Donna McLaughlin at 905-876-7014.
SHARING A DREAM, INSPIRING A COMMUNITY, CREATING A REALITY

AUXILIARY

'Tis Beginning to Look a Lot Like Christmas.....



The MDH Auxiliary invites you to its annual Gift Fair and Luncheon. "Santa's Marketplace" will offer many wonderful vendors, a bake table, raffles, door prizes and much more. See the beautifully decorated gift shop, where all items are **G.S.T. Free**, and enjoy **FREE PARKING**.

Calling All Youth Volunteers

Are you enthusiastic, between the ages of 14 - 18, and looking to volunteer a few hours each month? If this sounds like you, contact Amanda Campbell at 905-878-2383 ext. 7710. Areas of volunteering include Complex Continuing Care (CCC), Obstetrics (OBS), Medical/Surgical unit and the Gift Shop. If you are also interested in pursuing a career in healthcare you are invited to attend the Youth Volunteer meeting on Tuesday, November 30th at 6:30 p.m. until 7:30 p.m. The meeting will be held in the classroom of the Milton District Hospital. This month's session will include presentations by a hospital dietician and a laboratory technologist.

All Thumbs when it comes to Gift-Wrapping?

Visit the **Milton Mall** between December 14th - 24th (inclusive), and have your gifts beautifully wrapped by a volunteer. Any and all donations will be grateful accepted.



Meet Your Volunteer!

Verna Parent joined the Auxiliary in March, and since that time has volunteered in many areas of the hospital such as telephone and clerical work at the pre-op clinic. She also performs a variety of duties on the medical/surgical unit. Verna wanted to volunteer at the Milton District Hospital because of her love of people, and she wanted to give something back to the community. Thumbs up to Verna!



✓ Milton Auxiliary member, Verna Parent

MILTON DISTRICT HOSPITAL
Caring Today Growing for Tomorrow