

'AA' peewees win Stirling Tournament

The peewee AA Winterhawks' depth and defense was an unbeatable combination at last weekend's Stirling Tournament.

Milton surrendered just five goals in three games en route to locking up the championship — which was clinched with a 5-2 decision over the Belleville Bobcats Sunday afternoon.

Title hopes didn't look all that bright from the onset, as the Legendary Motorcar-sponsored squad gave up a goal just 17 seconds into the weekend finale. However, that would serve as an effective wake-up call — and lead to five unanswered goals, two by game MVP Richard Monk. Rounding out the scoring were Andrew Browne, Jeffrey Clarke and Tyler Garrard.

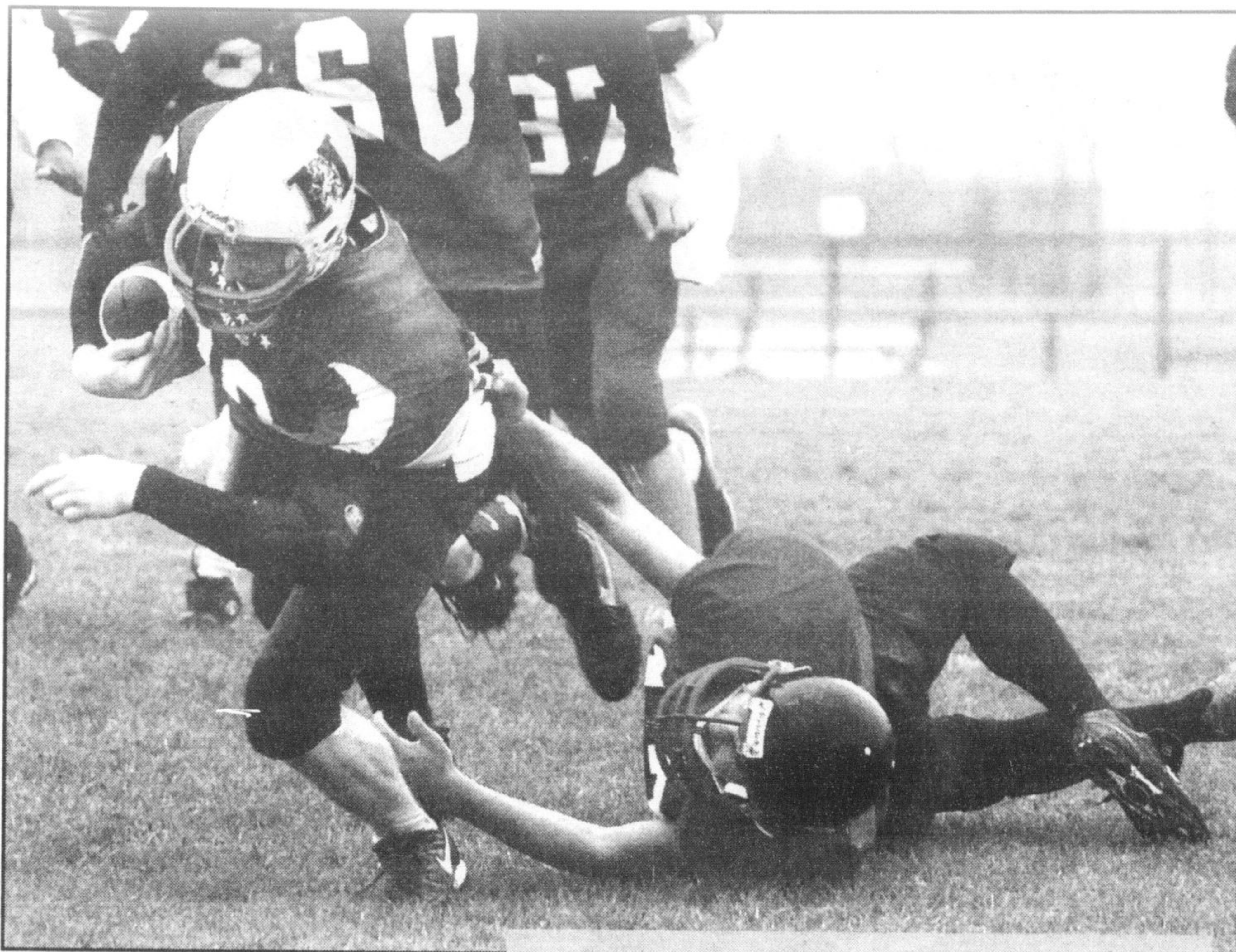
Trevor Rae-Hunt turned back opposing snipers until late in the third, at which point

Belleville's hopes for a comeback were all but completely extinguished.

The championship win followed a 2-2 stalemate with Belleville in round-robin play. Braden Lawther and Michael McClelland potted the goals, with help from Monk, George Kopas and Mackenzie Gervais.

Before that the Winterhawks kicked off the tournament by upstaging Oshawa 3-1 — on the strength of rock-solid cage work by Rae-Hunt and a two-goal effort from Kopas.

Browne chipped in a single, while factoring heavily in the round-one win with suffocating defense were Gary Klutt and Mark Prusha. Also recording points during the title drive were Andrew Bergman, Vikram Kalia and Eric Scarffe.



That's far enough

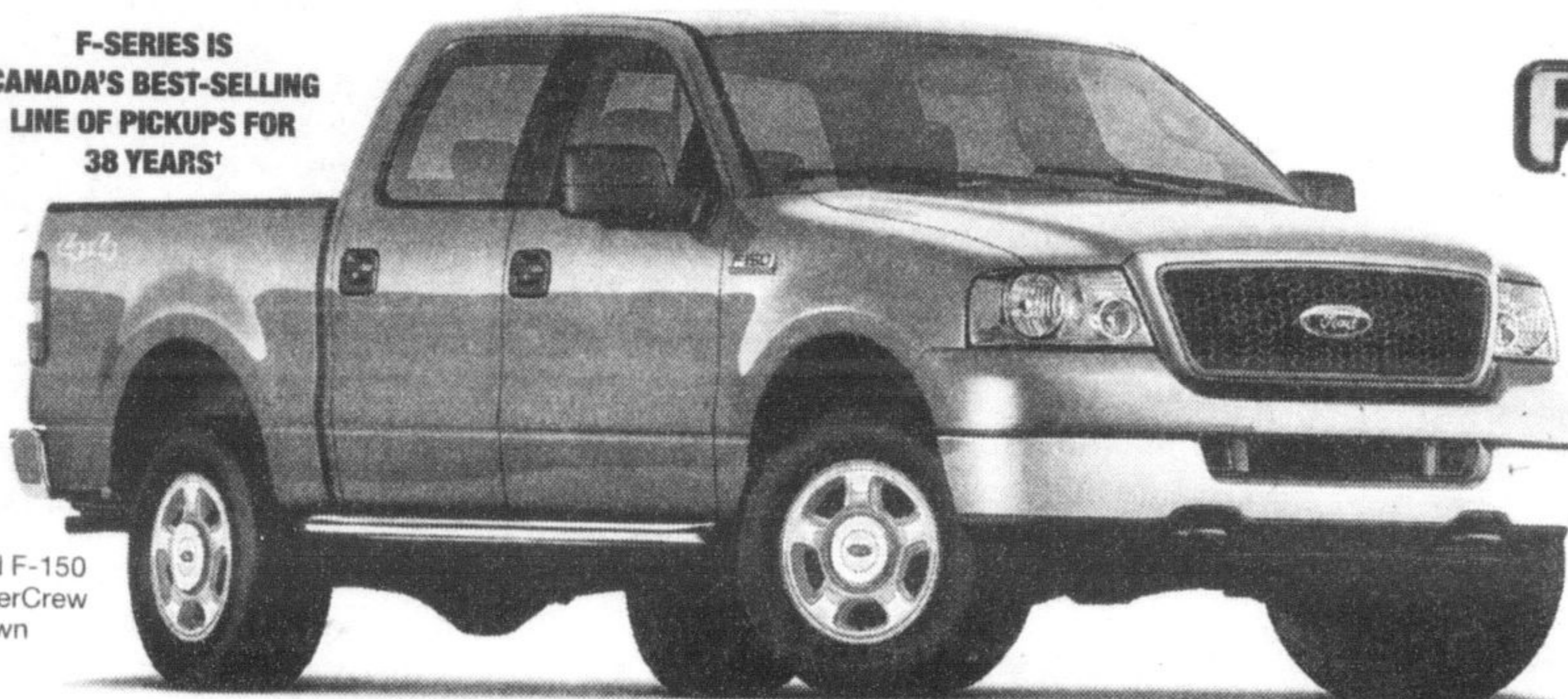
Milton District Mustang rusher Brett Trull gets brought down by Bishop Reding Royal James Dorgo during junior football play at BR Wednesday afternoon. On the strength of two touchdowns by Josh Mandryk, MD won 26-10.

Photo by GRAHAM PAINE

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Nancy Cole-Hryciw

Cole-Hryciw golden — again

Nancy Cole-Hryciw's championship-rich season continues.

Persevering through the cold earlier this month in Quebec City, the longtime racer decimated her 50-54-year-old women's competition at the duathlon nationals — winning the age group by more than 12 minutes in 2:50.05.

Favouring a right quad muscle cramp, Cole-Hryciw turned in a rather conservative start, but eventually built up a comfortable lead on the 12-loop, 40-km bike.

She didn't have much left in the proverbial gas tank for the final run — somewhat surprising for a 13-time Ironman competitor — but had a wide enough margin to play it cool and handily win the division.

The national duathlon triumph was the latest chapter in a highly-successful season for Cole-Hryciw — who despite a brush with hypothermia took fifth in her age group at this summer's World Long Distance Triathlon Championships in Sweden.

Just three weeks later she was third in the 50-54 women's loop at the Lake Placid Ironman, clocking in at 12:27.

Her 2004 race resumé also includes provincial championship wins in both short and long-course triathlon, and first-place honours in three different racing series.

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