People who take first aid training reduce their personal injuries by up to 30%.

## Dateline

• from DATELINE on page 12 speaker begins at 8:15 p.m. For tickets, call Judie Preston at (905) 845-2862 or Barry Wylie at (905) 827-6302. The Milton Historical Society meets at 7:30 p.m. at the Waldie Carriage Shop, 16 James St., with author Fawne Stratford-Devai discussing the 'The

British Home Children/Child Immigration Movement between 1868 and the 1930s'.

A Buddhist meditation and philoso-

phy course entitled 'When Things go Wrong' takes place at the Milton Seniors' Activity Centre, 500 Childs Dr., from 7:30 to 9 p.m. The cost is \$10 per class. No pre-registration is required. For more information, call (905) 523-9533:

Milton District Hospital holds a **breast- feeding clinic** with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Fine Arts Society of Milton's Evening Group of Artists meets from 7 to 10 p.m. at the Milton Mall, upper level. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call (905) 854-5753.

The Women's Centre, 210-1515
Rebecca St. in Oakville, holds its
Women's Employment Network for
women who are unemployed, laid off or
returning to the workforce, from 9:30 to
11:30 a.m. Topics include writing
resumés, job search strategies and dressing for success. It also holds a seminar
entitled Personality Dimensions from
6:30 to 9:30 p.m. Discover preferred
behaviours and ways of thinking, and
learn to reduce stress and conflict. The
cost is \$10. To register or for more information, call (905) 847-5520.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds contract bridge at 1:30 p.m. The cost is \$2 for members and \$4 for non-members. The free Walking Club meets at the centre at 10 a.m. and car pools to its destination. Bid euchre is held at 1:30 p.m. New players are welcome. The cost is \$2 for members and \$4 for non-members. A foot care clinic takes place in the afternoon, performed by a VON nurse by appointment. The cost is \$22. Seniors' Cinemas is held at 1:30 p.m. featuring the action/drama Against the Ropes. The cost is \$2, which includes refreshments. Circle of Support, a free eight-week grief support group for people coping with the death of a loved one, takes place from 7 to 8:30 p.m. To make an appointment for the foot care clinic or for more information on the activities, call (905) 875-1681. For information on the Circle of Support, call the above number at extension 2753.

• see more DATELINE on page 21



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