

# Dateline

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atomization techniques from 1:30 to 4:30 p.m. The cost is \$10. For more information on either workshop, call (905) 847-5520.

This is the last day to register for the **Business Professional Women of Halton's meeting** October 6 at Rattlesnake Point Golf Club at 6:45 p.m. Call P. Dunwoody at (416) 506-8057 or e-mail P.dunwoody@ifidsgroup.com.

**Saturday Oct. 2 - 3**

The Orangeville Model Railroad Club is hosting the seventh annual **Brampton Model Railroad Show** at the Brampton Fairgrounds.

**Sunday Oct. 3**

The Milton District Hospital Auxiliary holds its **Fall Into Fashion** luncheon and fashion show at Granite Ridge Golf Club, 9503 Dublin Line. Tickets, which cost \$40, are available at the hospital gift shop or at Delacourt's on Main Street.

**Monday Oct. 4**

This is the last day to sign up for the **Peel North branch of the Retired Women Teachers of Ontario's meeting** October 12 at 10:30 a.m. at North Bramalea United Church, 363 Howden Blvd. in Bramalea. All retired women teachers are welcome. Reserve a spot by calling Karin at (905) 796-2146.

**Tuesday Oct. 5**

The **Peel/Halton Vaginal Birth After Cesarean-Cesarean Awareness Group** meets at 7:30 p.m. For more information and directions, call Cheryl at (905) 459-9804 or Adrienne at (905) 846-6453.

The **Milton Fibromyalgia Group** meets at 2 p.m. at St. Paul's United Church, 123 Main St. E. For more information, call Jo Anne at (905) 878-4371.

Nassagaweya Presbyterian Church, No. 15 Sideroad, just east of Guelph Line, holds a **beef dinner** with sittings at 5:15 and 7 p.m. Tickets cost \$12 for adults, \$6 for kids aged 6 to 12 and are free for kids five years old and younger.

**TOPS (Take Off Pounds Sensibly)** meets at 6:15 p.m. at the Milton Seniors' Activity Centre, 500 Childs Dr. A minimal charge applies. For more information on this non-profit, non-commercial weight-loss support group, call Nancy Nowak at (905) 878-4025 or visit www.tops.org.

Improve communication and leadership skills with the **Milton Toastmasters**. Everyone is welcome to attend the meetings at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Allan Lahue at (905) 877-3441.

**Help for Parents Halton**, a parent support group, meets in the evening. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of Association of Parent Support Groups in Ontario. For meeting time and place, call 1-800-488-5666 or visit www.apsgo.ca.

**Calling New Parents**, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Milton Community Resource Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 693-4242, ext. 7899.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

**St. John Ambulance** meets from 7 to 9 p.m. at the community centre in Norval. New volunteers are welcome. For more information, call (905) 877-7658.

**Pesticide Alternatives for Milton** meets at 7:30 p.m. Visitors and new members are welcome. For more information, call (905) 693-9837.

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its drop-in **Gentle Yoga** program from 1:30 to 3 p.m. at 2545 Sixth Line in Oakville. It also holds its **Lung Cancer Support Group** from 7 to 8:30 p.m. For more information, call (905) 257-1988.

**Wednesday Oct. 6**

The Ontario Early Years Centre holds its free **Adult and Child Drop-in** from 11 a.m. to 12:30 p.m. for children up to six years old. The informal play time takes place at Milton Mall near Bulk Barn. For more information, call (905) 876-1244, ext. 22.

The Canadian Mental Health Association holds **Seminars for the Separated**, a 10-week program for men and women going through separations or divorces, in Burlington from 7 to 10 p.m. The cost is \$100. To register or for more information, call (905) 693-4270.

The Women's Centre, 210-1515 Rebecca St. in Oakville, holds its **Abuse Support Group** from 6 to 8 p.m. It also holds its **Celebrate Life! seminar** with national best-selling author Angela Jackson from 6:30 to 8:30 p.m. at the Oakville Public Library, 120 Navy St. To register or for more information on these activities, call (905) 847-5520.

**Thursday Oct. 7**

The Halton Region Health Department holds a **well water information session** from 3 to 9 p.m. at Stewarttown Public School, 13068 No. 15 Sideroad in Georgetown (No. 15 Sideroad at Trafalgar Road). The free session includes well water safety, maintenance and repair, and nitrate testing. For more information, call 1-866-442-5866.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds a **public foot care clinic** in the afternoon, performed by a VON nurse. The cost is \$22. To book an appointment, call (905) 875-1681.

The Fine Arts Society of Milton's **Evening Group of Artists** meets from 7 to 10 p.m. at the Milton Mall, upper level. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call (905) 878-8955.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call (905) 878-2383, ext. 7030.

A **Buddhist meditation and philosophy course** entitled Happiness is Easy is held at the Milton Seniors' Activity Centre, 500 Childs Dr., from 7:30 to 9 p.m. It costs \$10 per class. No pre-registration is required. For more information, call (905) 523-9533.

Halton Healthcare Services presents a free seminar entitled **'New Concepts in Schizophrenia'** at the Oakville-Trafalgar Memorial Hospital at 7 p.m. To reserve a seat, call (905) 338-4379.

The **Canadian Federation of University Women, Milton and District**, meets at Hugh Foster Hall, 23 Brown St., at 7:30 p.m. The topic is 'Teaching Around the World' with Cheryl Poth. For more information, call (905) 876-4524 or (905) 878-2421.

The Women's Centre, 210-1515 Rebecca St. in Oakville, holds its **Women's Employment Network** from 9:30 to 11:30 a.m. for women who are unemployed, laid off or returning to the workforce. Topics include resumé-writing, interview techniques and dressing for success. It also holds the first of a two-session seminar entitled **Courageous Women at Midlife** from 7 to 8:30 p.m. The cost is \$10. For more information, call (905) 847-5520.



2295 Battleford Road,  
Mississauga, Ont. L5N 2  
Tel.: 905 188 21  
Hotline: 905 188 83  
www.meadowvalebingo.com









\$ MONEY MADNESS \$

AT MEADOWVALE BINGO

*•During the month of October, Meadowvale Bingo will be hosting a \$10,000.00 giveaway. Each session will feature a chance for you to win \$10,000.00 in a designated number complete with a consolation prize and two vouchers for Louisiana's Seafood/Oyster Bar & Grill.*

*•You will be playing for a full card with the designated number starting at 50 and going up by one number per week until won.*

*•Each session you play you'll receive a complimentary coloured single strip along with a single coloured card to be played the following week.*

*•When the game is won, the following day at the 7:00 session a \$1,000.00 bonus full card game will be played. All card colours will be honoured at this game only. In addition to any cards you may have, you will receive a single strip card.*



*•The \$10,000.00 game will be played at every session.*

GOOD LUCK

	BATTLEFORD	HWY #401	
WINSTON CHURCHILL BLVD		ERIN MILLS PKWY	HWY #10
	BRITANNIA		
	EGLINTON		HWY #403



Milton Choice Awards Winner's feature will appear next week in your

Canadian Champion

Find out who has been voted Favourite business in each category!