

being spiritual not religious

How to be spiritually connected without becoming religiously frustrated

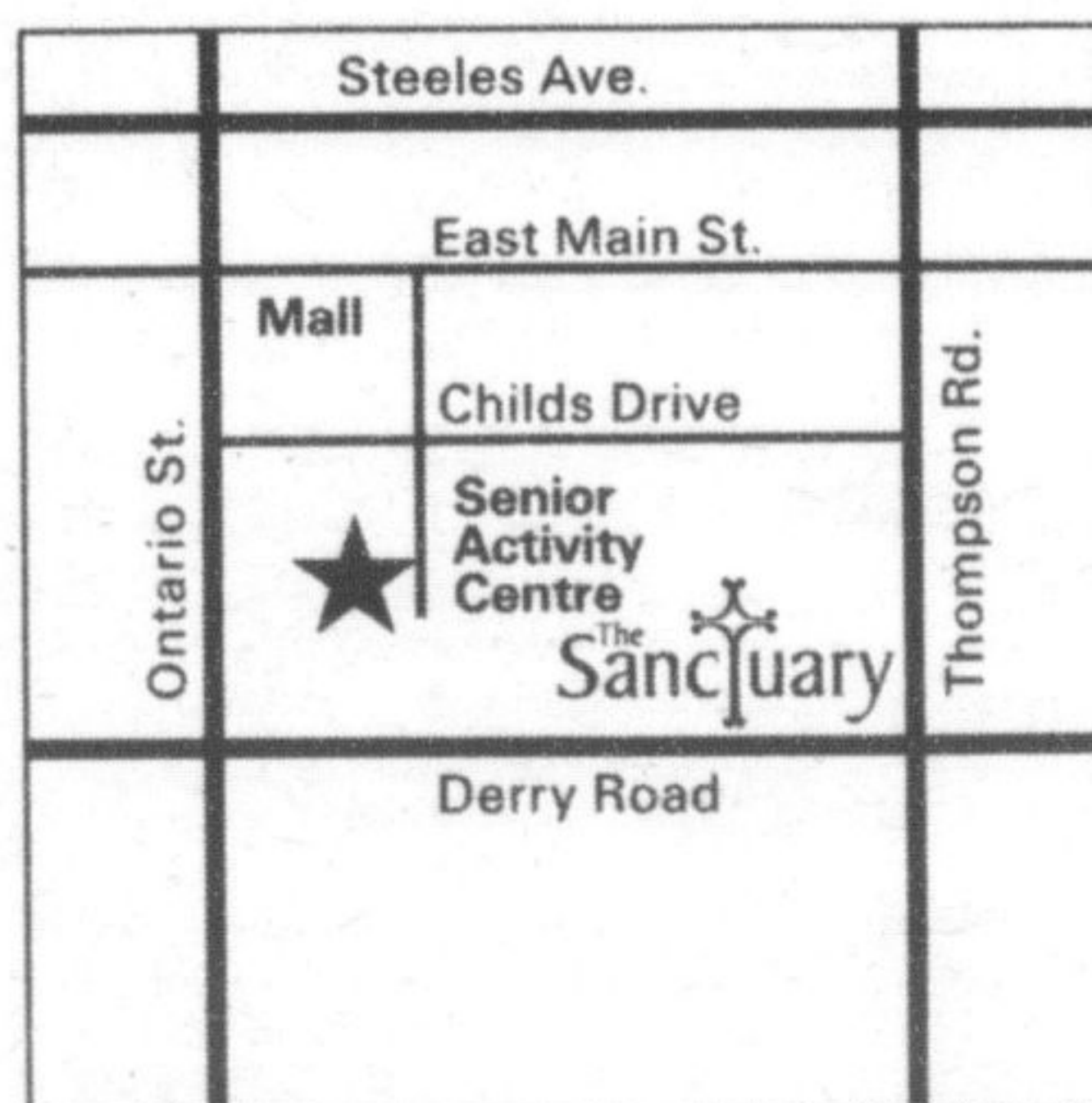
re-li-gion. ri-'li-j&n, from *religare* to restrain, tie back. 1: An institutionalized set of systems, attitudes, beliefs, and practices. 2 *archaic* : scrupulous conformity.

faith. 'fAth, from *fidere* to trust. 1 a : allegiance to a person : b (1) : fidelity to one's promises (2) : sincerity of intentions. 2 : belief and trust in and loyalty to God.

We Canadians have checked out of church in a big way. Many of us don't seem to see the point: stand up, sit down, stand up, leave – what's that? Somehow, deep down we all know that a spiritual connection with God has little to do with the 'exteriors' of religion and is much more personal. Can a person be 'spiritual' without being 'religious'? That is a good question.

For the sake of the religiously frustrated, over the next 9 Sundays, Pastor Jim Danielson will look at what the Bible has to say about the effectiveness of religion (including the Christian one). If your instincts told you that religious uniformity was out of sync with a God who created such diversity – you just might have your finger on God's pulse. If you're seeking something beyond what religion can offer, we invite you to join us as you explore your own authentic spiritual connection.

Sundays at 10:00 am
Milton Senior Centre
500 Childs Drive (near the Mall)
Milton
email: office@thesanctuary.ca
phone: 905-257-3987
www.thesanctuary.ca



S	Start with Authenticity... Experience a 'myth-free' faith that works in real-time.	September 19
P	Preserve my Personality... Experience a faith that fits how I'm wired.	September 26
I	Investigate the Ground Zero of Faith... Experience an unshakeable faith based in a personal God.	October 3
R	Recognize my Net Worth... Experience a faith that is confident of my God-given value.	October 10
I	Invest Myself... Experience a faith that learns to trust again.	October 17
T	Take Sanctuary... Experience a faith connected in positive relationships.	October 24
U	Undergo Nonjudgmental Therapy... Experience a faith that is respectful of others.	October 31
A	Assess my Contentment... Experience a faith that delivers on the promise of peace.	November 7
L	Love with Intensity... Experience a faith that looks beyond itself.	November 14

The
Sanctuary
A Church for Your Heart, Mind & Spirit