

clubmeadowvale

Racquet & Fitness Centre

Join us for our anniversary special as Mississauga's #1 Fitness Club

TWO MEMBERSHIPS FOR THE PRICE OF ONE!

Bring a friend and pay only \$34.50 per month for a Fitness Membership

Two-for-one fees for Youth (under 26) and Seniors (60+) only \$19.50 per month
OFFER EXPIRES SEPTEMBER 30TH, 2004

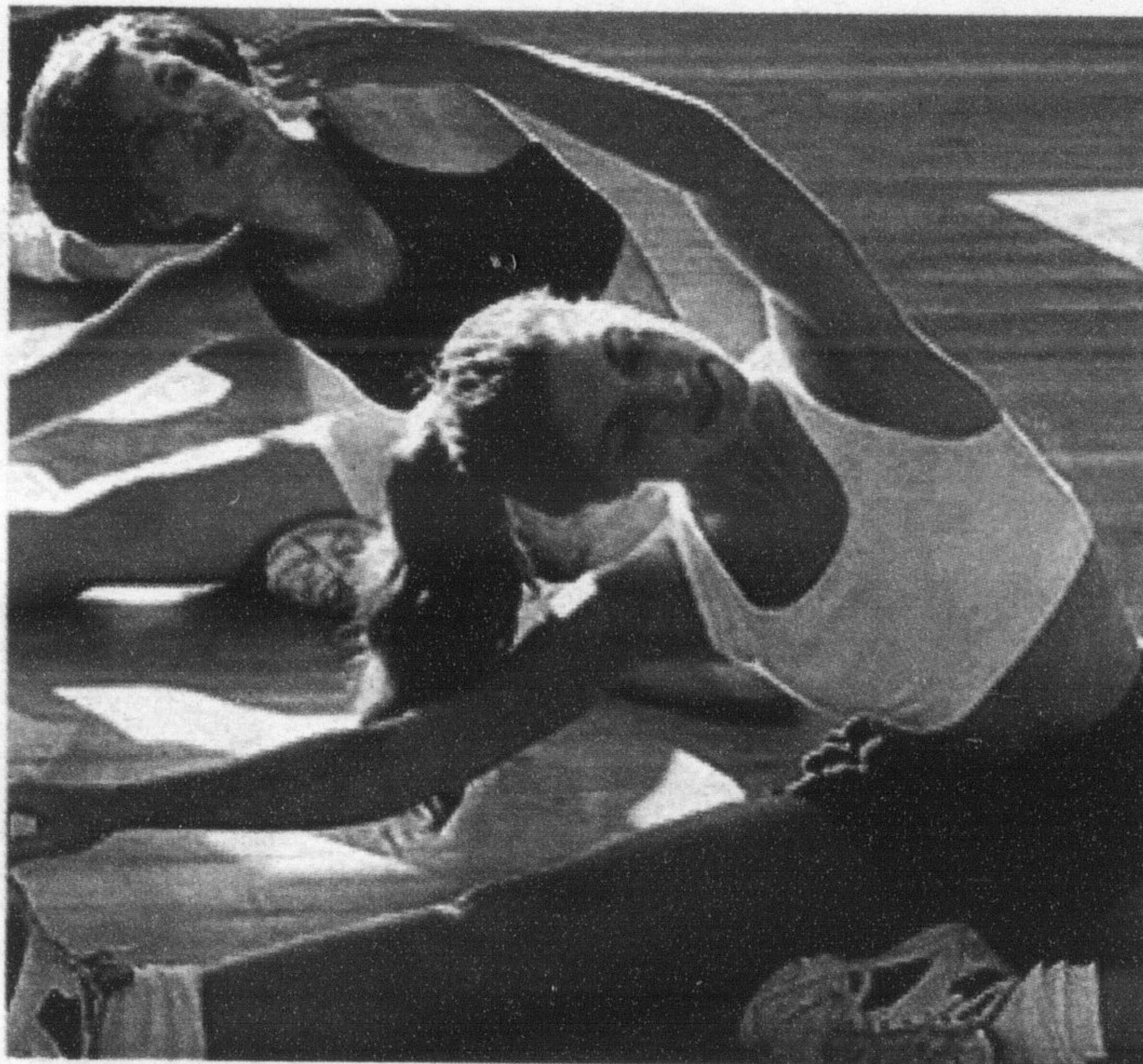
When you join, every new member gets the chance to win a **Caribbean Cruise!!**

Join by September 30, 2004 to be eligible



Club Meadowvale Facilities

- New On-site Physiotherapy Clinic
- New on-site Chiropractic Clinic
- New on-site Naturopath Clinic
- New Personal Training Studio
- State of the Art Cardio Equipment
- Free Weights and Circuit Training
- Group Exercise Classes included
- Yoga and Aqua Fit Classes included
- Whirlpools, Wet Steam rooms
- Towel Service and Amenities
- Indoor and Outdoor Pools
- Licensed Lounge
- Registered Massage Therapy
- Tanning Beds
- Certified Personal Trainers



- 5 Squash Courts
- 4 Indoor Tennis Court
- Child Care Service
- Children and Social programs

JOIN US AT OUR **OPEN HOUSE**

September 18th
10am to 4pm

- Refreshments
- Demos in Tennis and Squash
- Special Aerobics Class
- Vendor Sales

AND VERY SPECIAL MEMBERSHIP PRICING



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Club Meadowvale is a part of the Delta Meadowvale Resort & Conference Centre located at Erin Mills Parkway and the 401.

For more information call **905-821-4560**



DELTA

MEADOWVALE
RESORT AND CONFERENCE CENTRE