

Dateline

Notices for Dateline should be handed in at the office of The Champion, 191 Main St. E., mailed to P.O. Box 248, Milton, Ont., L9T 4N9, faxed to (905) 878-4943, or e-mailed to miltone@haltonsearch.com. The final deadline is noon Friday for Tuesday's edition and noon Wednesday for Friday's edition. Dateline items aren't accepted by telephone.

Tuesday Aug. 31

Help for Parents Halton, a parent support group, meets in the evening. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of the Association of Parent Support Groups in Ontario. For meeting time and place, call 1-800-488-5666 or visit www.apsgo.ca.

Calling New Parents, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Milton Community Resource Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 693-4242, ext. 7899.

Milton District Hospital holds a **breast-feeding clinic** with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

St. John Ambulance meets from 7 to 9 p.m. at the Community Centre in Norval. New volunteers are welcome. For more information, call (905) 877-7658.

The Ontario Early Years Centre holds an informal **Parent and Child Together program** at Bronte Meadows Park from 9:30 to 11:30 a.m. It's free and suitable for kids up to 6 years old. For more information, call (905) 876-1244, ext. 22.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Summer Evening Euchre Party** at 7:30 p.m. The cost is \$2. It also holds its **Downsizers Weight Loss Club** at 10 a.m. The cost is \$1.50 for members and \$2 for non-members. Call (905) 875-1681.

TOPS (Take Off Pounds Sensibly) meets at 6:15 p.m. at the Milton Seniors' Activity Centre, 500 Childs Dr. The non-profit, non-commercial weight loss support group is open to everyone. There's a minimal charge. For more information, call Nancy Nowak at (905) 878-4025 or visit www.tops.org.

Wednesday Sept. 1

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its **drop-in Graduate Metastatic support group** from 10:30 a.m. to noon at 2545 Sixth Line in Oakville. It also holds **drop-in journaling** from 1 to 3 p.m. For more information, call (905) 257-1988.

A **non-denominational Bible talk** runs from 8 to 9 p.m. at Nassagaweya Community Centre, 11264 Guelph Line in Brookville. All are welcome to attend. For more information, call (905) 878-4253.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds its **Abuse Support Group** from 6 to 8 p.m. For more information or to register, call (905) 847-5520.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Summer Evening Clogging program** in the auditorium from 7 to 8:30 p.m. The cost is \$3

for members and \$3.50 for non-members. Some previous dance experience is required.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **contract bridge** at 9:30 a.m. The cost is \$1.50 for members and \$2 for non-members. For more information, call (905) 875-1681.

Thursday Sept. 2

Bishop Reding Secondary School holds its annual **uniform sale** from noon to 5 p.m. For more information, call Debbie at (905) 878-6387.

The **Halton/Hamilton/Niagara chapter of VOICE**, a support group for parents of hearing impaired children, meets at Appleby United Church in Burlington at 7 p.m. For more information, call (905) 335-1069.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Fine Arts Society of Milton's **Evening Group of Artists** meets from 7 to 10 p.m. at Milton Mall, upper level. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call (905) 854-5753.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds its **Women's Caring and Sharing Circle**, for sharing life's challenges, from 1 to 2 p.m. For more information or to register, call (905) 847-5520.

The Milton Seniors' Activity Centre,

500 Childs Dr., holds **contract bridge** at 1:30 p.m. The cost is \$1.50 for members and \$2 for non-members. It holds **bid euchre** games at 1:30 p.m. New players are welcome. A **foot care clinic** takes place by appointment in the afternoon by a VON nurse. The cost is \$22. It also holds its **Seniors' Cinemas** at 1:30 p.m. featuring the family/adventure movie Agent Cody Banks 2: Destination London. The cost is \$1, which includes refreshments. For more information or to make an appointment for the foot care clinic, call (905) 875-1681.

Friday Sept. 3

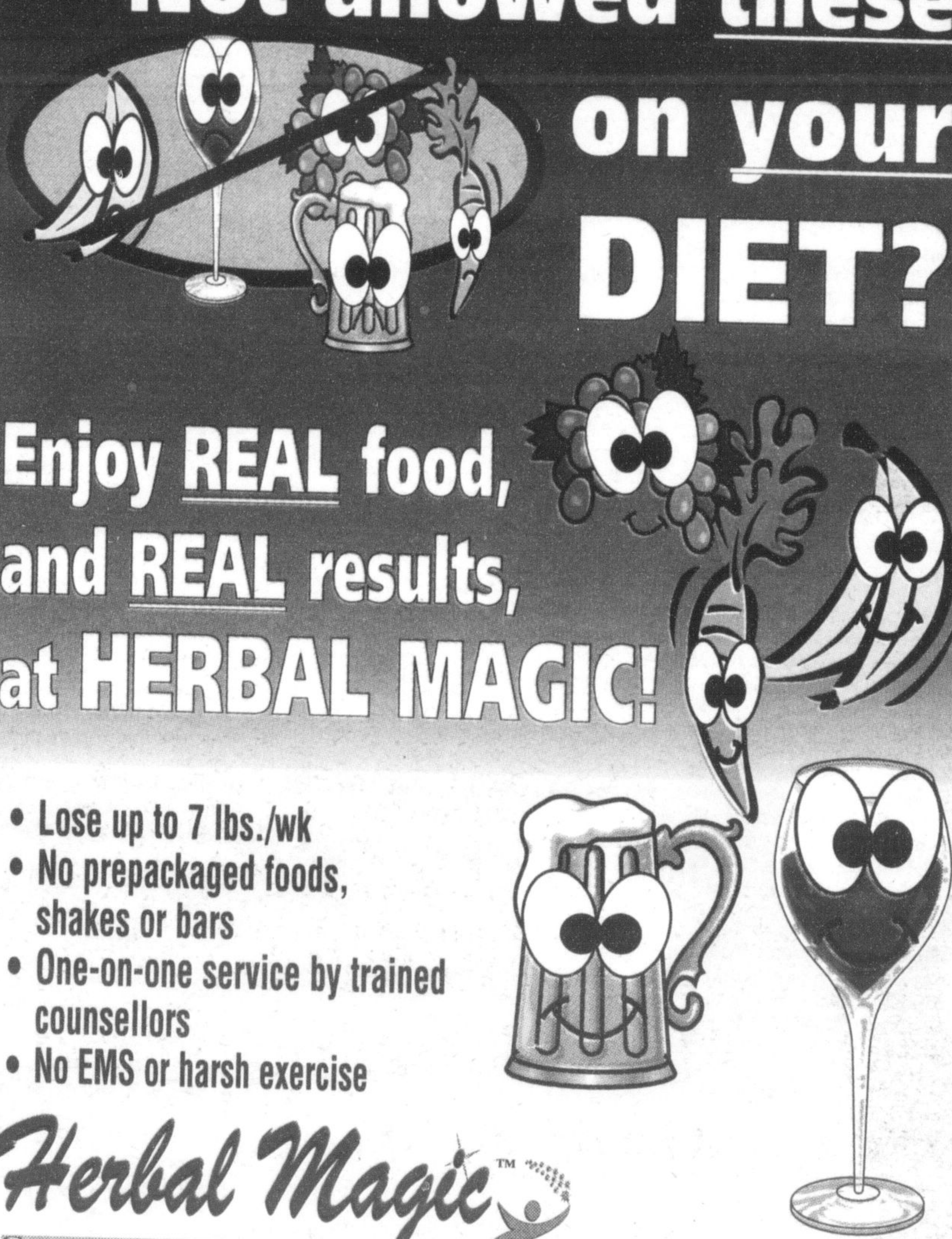
Wellspring Halton-Peel, a support network for cancer patients and their families, holds its **Relaxation and Visualization drop-in program** from 10:30 a.m. to noon at 2545 Sixth Line in Oakville. For more information, call (905) 257-1988.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **contract bridge** at 10 a.m. The cost is \$1.50 for members and \$2 for non-members. It also holds **euchre** at 1:30 p.m. New players are welcome. Its **Campbellville Evening Bid Euchre Party** takes place at the Lions Hall in Campbellville at 7:30 p.m. The cost is \$2.50. Call (905) 875-1681.

Saturday Sept. 4

International Child Care holds a **plant sale** at the Milton Farmers' Market on Main Street from 7 a.m. to noon. Proceeds go to kids' health-care initiatives in Haiti and the Dominican Republic.

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on your
DIET?



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Events! Deals! NEW CATALOGUE!

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September 3, 4 and 5, 2004*

Door Crashers!

Only on Saturday – 9am, 10am, 11am, and 6pm, 7pm, 8pm.

Give-aways!

Random give-aways in-store all weekend!

\$1 Breakfast!

Eggs, sausage, home fries and croissant for \$1.00 (plus taxes). Served daily until 11am.

FREE SOT toy!

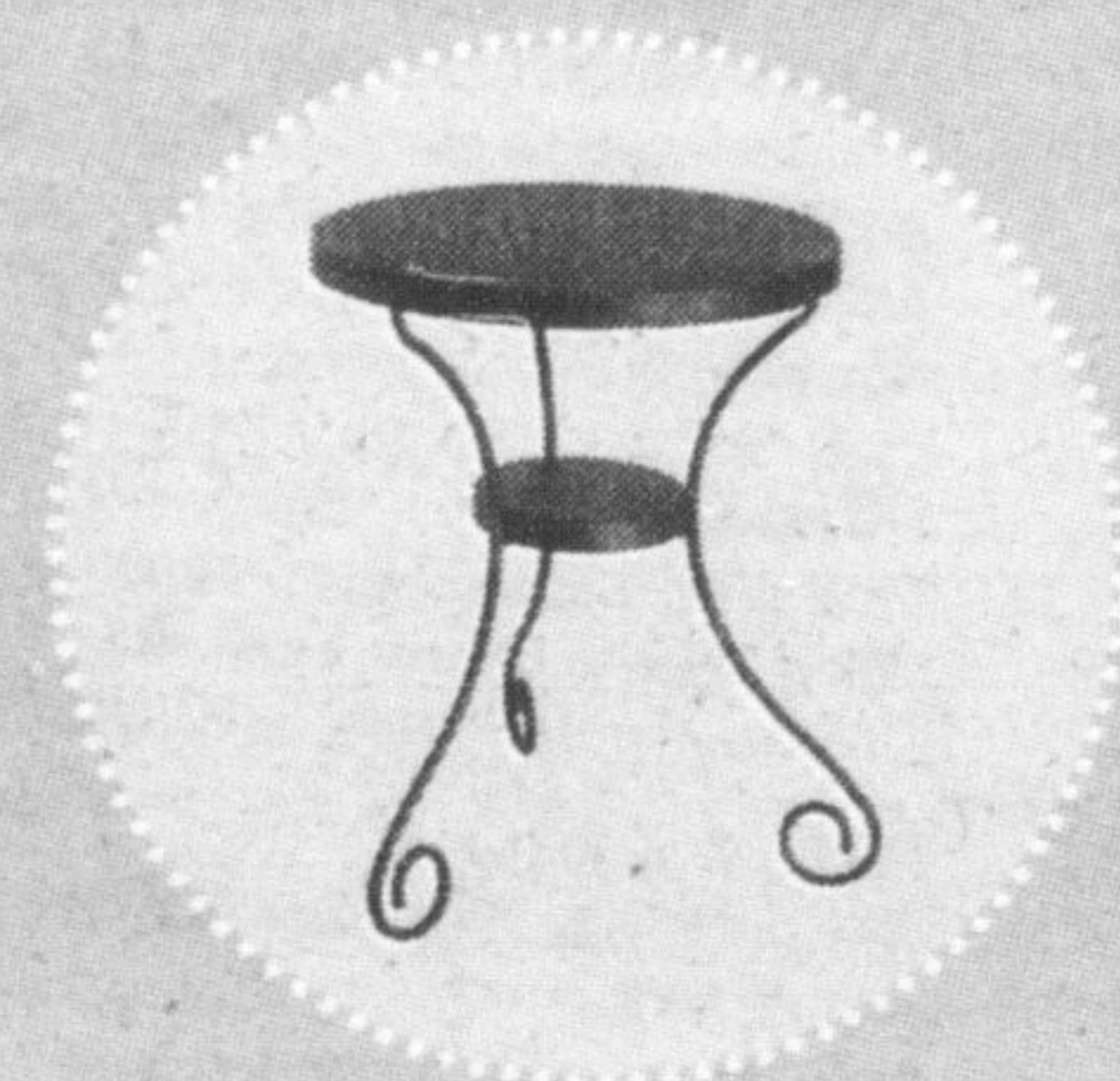
With every purchase of a kid's meal (\$1.99), while supplies last.

Fun stuff!

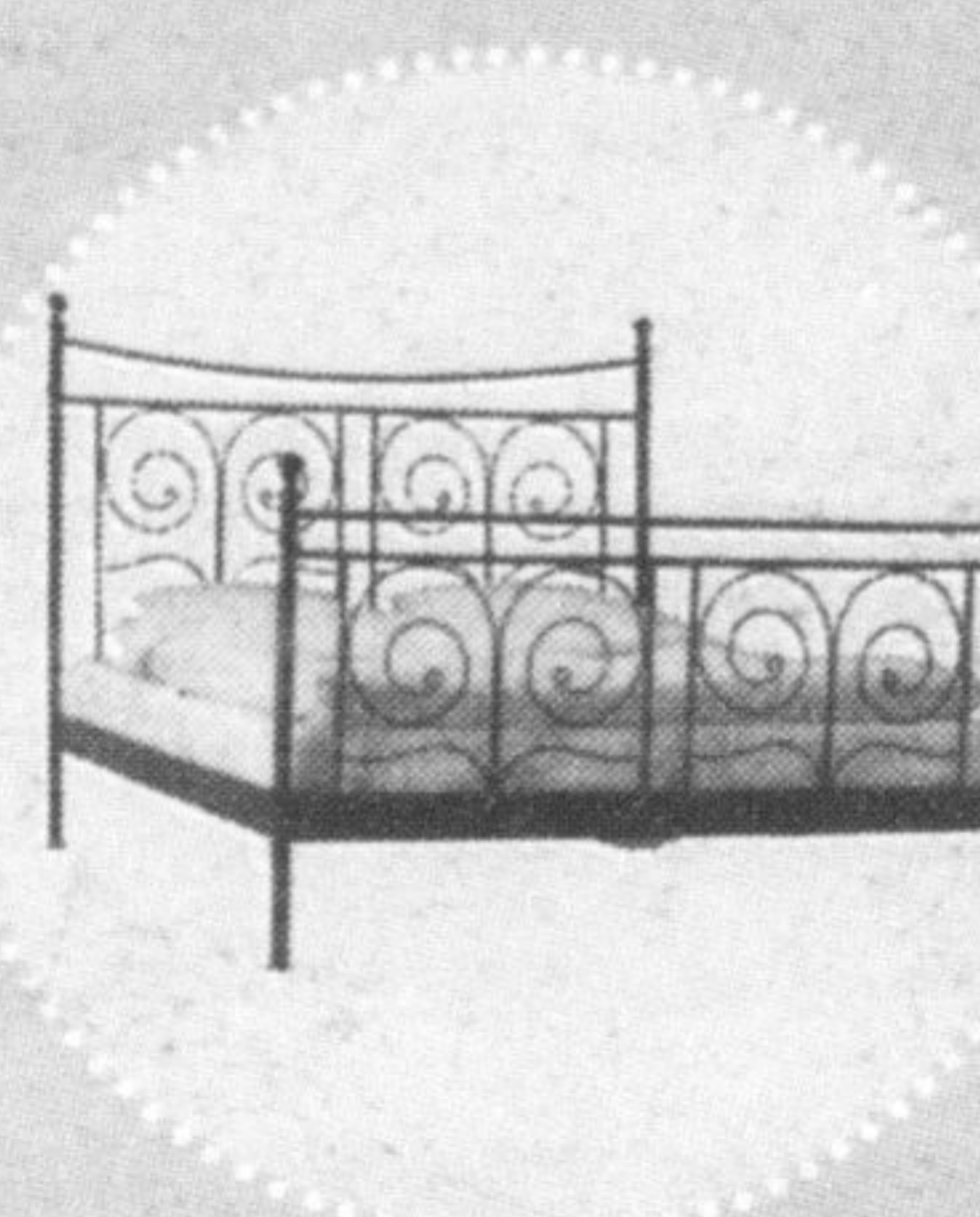
Live music and kids' activities! Sample our Swedish delicacies.

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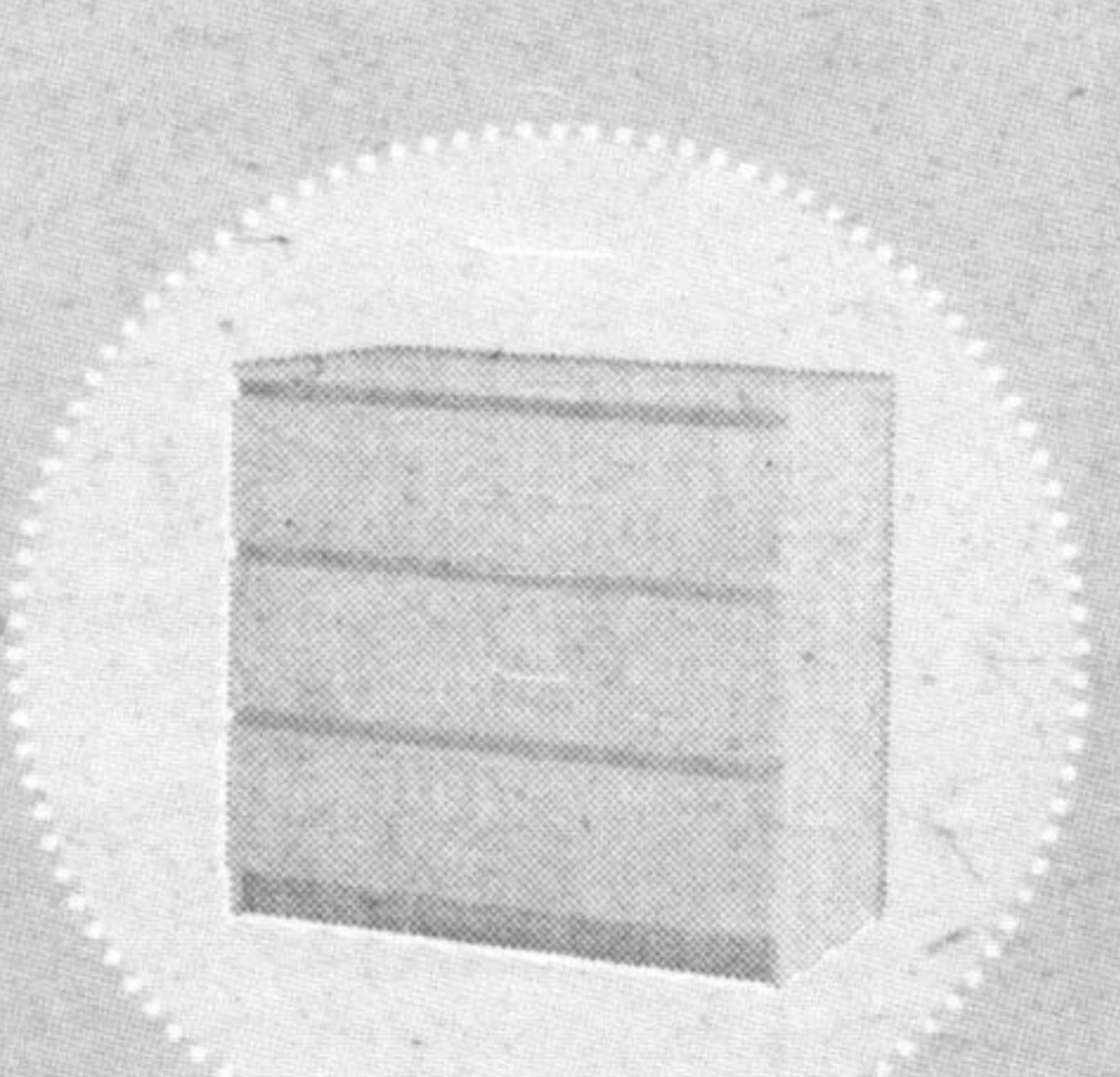
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MALM 3-drawer chest, white
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IKEA Burlington (QEW to Brant St. to Plains Rd.)
1065 Plains Road East
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IKEA Hwy 400 & Hwy 7
200 Interchange Way, Vaughan
Fri. 10am-10pm, Sat. 9am-9pm, Sun. 10am-6pm

IKEA Etobicoke (Kipling & Queensway)
1475 The Queensway
Fri. 10am-10pm, Sat. 9am-9pm, Sun. 10am-6pm

IKEA North York (Leslie & 401)
15 Provost Drive
Fri. 10am-9pm, Sat. 9am-9pm, Sun. 10am-6pm

* IKEA is closed Monday, September 6, 2004!

IKEA

Visit www.ikea.ca for more details.