FS21

## People who take first aid training reduce their personal injuries by up to 30%.



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## Help needed for mayor's golf tourney Once again, the Mayor's Golf

Tournament for the United Way of Milton is fast approaching, and sponsors and players alike are gearing up for the challenge.

But to make its goal of raising more than

\$75,000, the tournament still needs help.

"We are already off to a record-breaking start with 11 corporate sponsors," said golf committee chair Hal Watson. "(But) we are still looking for hole sponsors, prize donations and a few more golfers to guarantee another tournament sellout."

The fourth annual event will be held September 10 at Granite Ridge Golf Club. The 'double shotgun' tournament will accommodate 288 golfers from local businesses and the general public.

The event is the United Way of Milton's annual kick-off fundraising event.

Individuals can still register for the day for \$175, which includes golf, lunch, dinner and a gift.

Last year, the event raised \$70,000 for

the United Way of Milton.

"Our most popular feature is our Corporate Foursome program, which includes golf, lunch, dinner and sponsorship recognition for \$1,000," Mr. Watson said.

Since the tournament is a 'best ball' format, participants don't have to be great golfers to get in on the action individually or as part of a foursome.

"We want the whole Milton community to know they are welcome at this tournament," Mr. Watson said.

Companies or individuals interested in playing or sponsoring can call the United Way of Milton office at (905) 875-2550 or visit www.milton.unitedway.ca.

## Free Hepatitis vaccines

The Halton Region Health Department is offering free Hepatitis A and B vaccines for high-risk individuals.

Those that fall into the high-risk category are people with chronic liver disease, household and sexual contacts of a person with Hepatitis A or B, injection drug users and homosexual males.

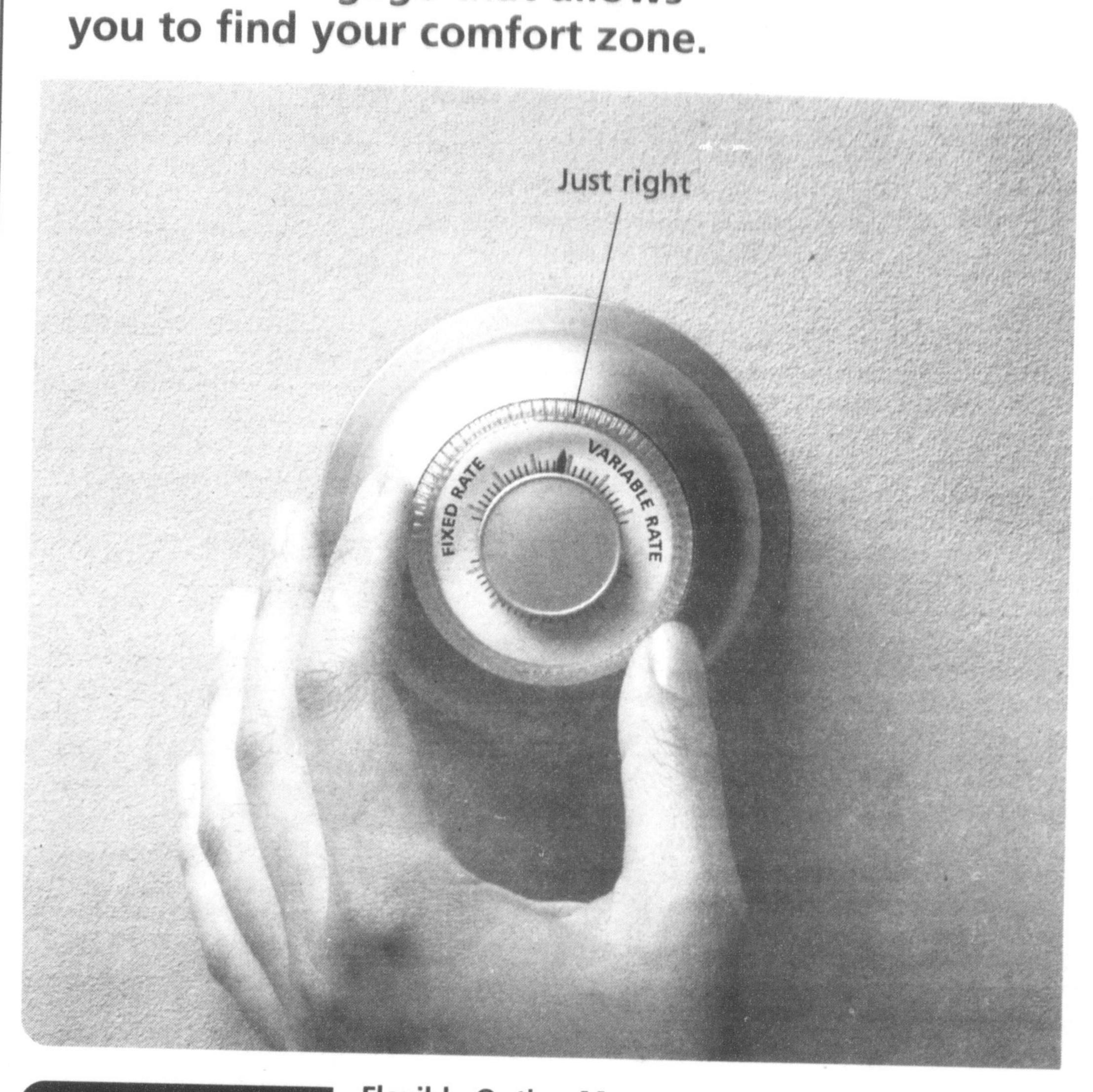
The Hepatitis A vaccination program recently became available through funding the health department received from the Ministry of Health and Long-Term Care.

A mass media campaign will start soon at Halton GO Transit stations in an effort to

increase awareness about the free vaccine program.

Individuals eligible for the vaccine through Halton's Hepatitis A and B program can obtain it through their doctor, other health care providers, or by attending one of the health department's community immunization clinics.

For more information about the Hepatitis A and B vaccine program or to find out about times and locations for the health department community immunization clinics, contact the health department at (905) 825-6000.



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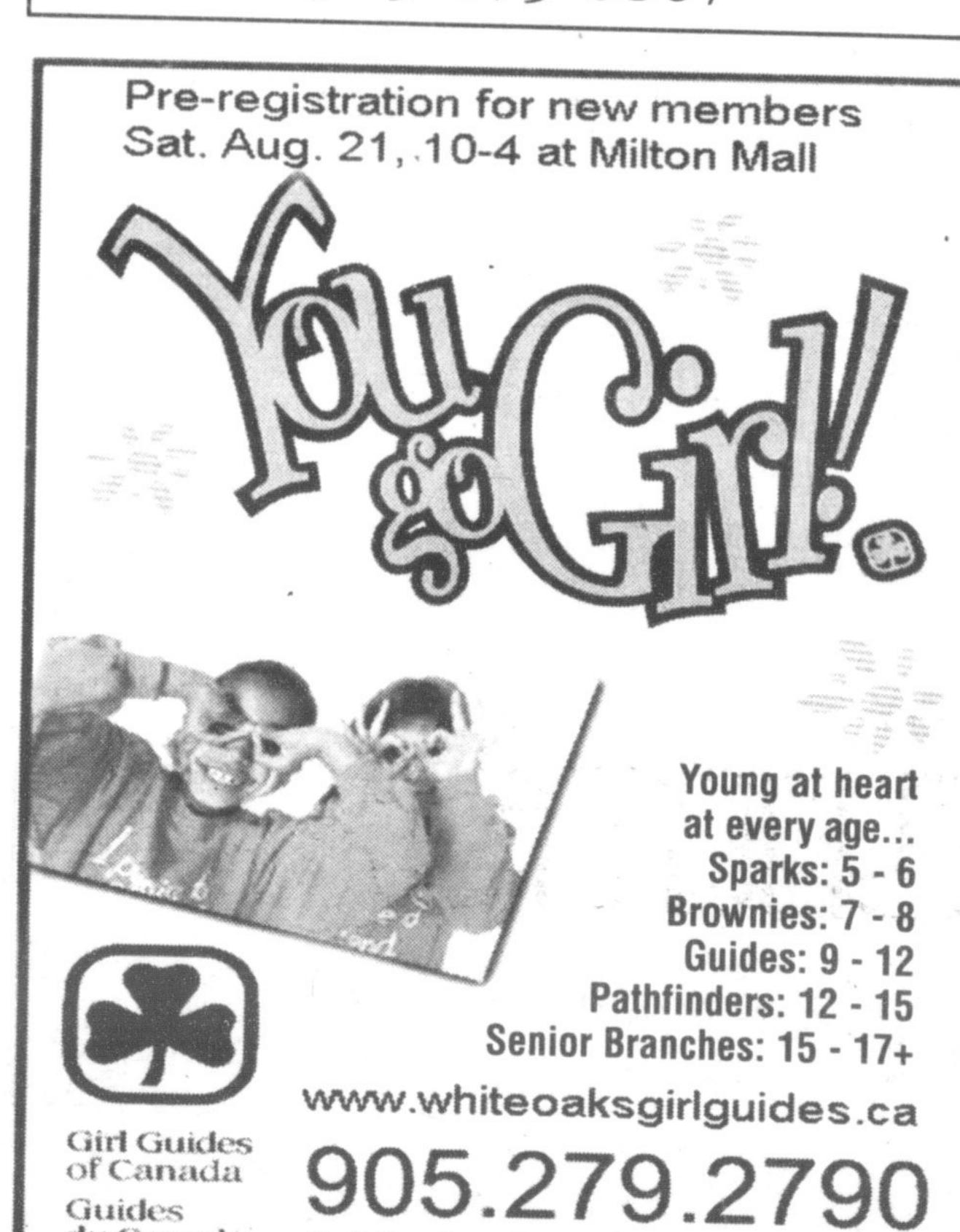
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your body.

Smoking can cause permanent damage to your body. Once a person starts, it becomes extremely tough to quit. And did we mention all that cash you'll be blowing in the process?

So, if you're tempted to start, ask yourself, "What's the point?"

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