Three lessons learned from my harrowing experience

• from NEAR-DEATH on B6

came crashing down on my head. Fortunately, the forklift truck had roof on it and even more fortunately I didn't try to jump out to save myself.

"You could have been killed," the foreman told me after he woke up and saw the disaster.

Yeah, well he could have been may never happen again, but 99.9 licences.

awake and saved me a near trip to the big sleep.

Getting back to my most recent near-death experience, maybe if I had been going faster than the speed limit, I wouldn't have had time to get out of the way. You never expect a car to be in your lane coming directly at you, and it per cent of accidents are unexpected, which is why they're called accidents.

Three lessons I learned from my incident: Don't go faster because somebody behind you wants you to; keep your eye on the road at all times; and assume there are plenty of idiots out there with driving



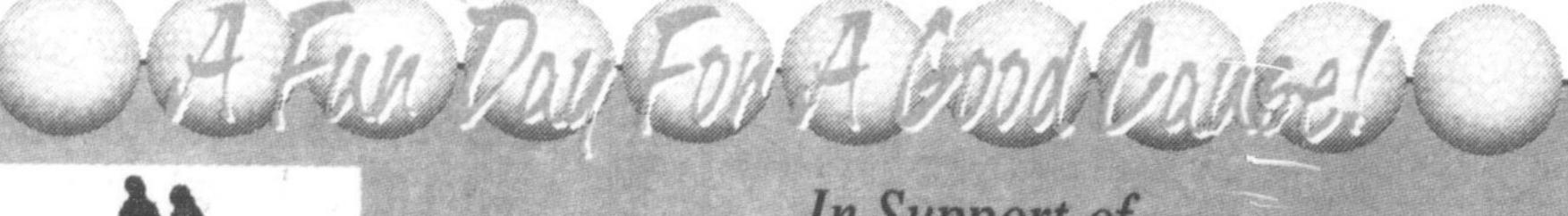
Volunteers being sought

Those looking for volunteer opportunities may want to give their local Arthritis Society a ring.

The organization is gearing up for its Arthritis Month in September and is in dire need of new blood - with residen-

tial canvassers and team leaders among those being sought.

Just a few hours a week is required to fill many positions, and anyone interested in getting involved is asked to call Suzanne Gardner at (905) 455-6273.





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