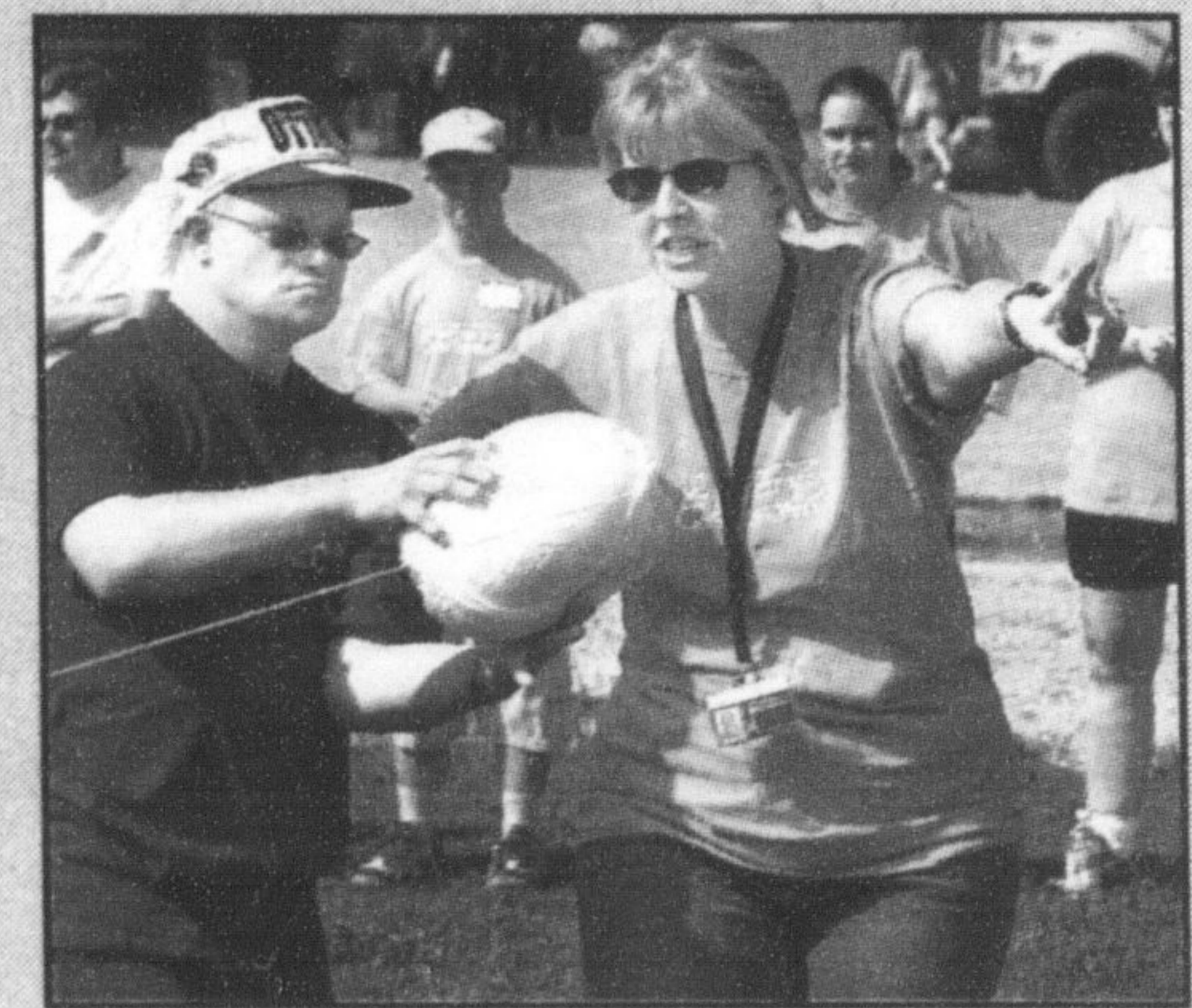


Energy challenge

Special education students from across Halton competed at the fifth annual Energy Challenge Day Thursday at E.C. Drury High School. The event featured a variety of games, a barbecue and an awards presentation.

At left, E.C. Drury's Ashley Broadbent, 14, shows her reaction to a missed shot while taking part in the basketball net shoot game. Above, Drury's Jamie Adam pours his water glass while competing in the sled/splash relay event. At right, Jamie gets some help from teacher Jeanie Taylor as the two weave a spider web of wool.

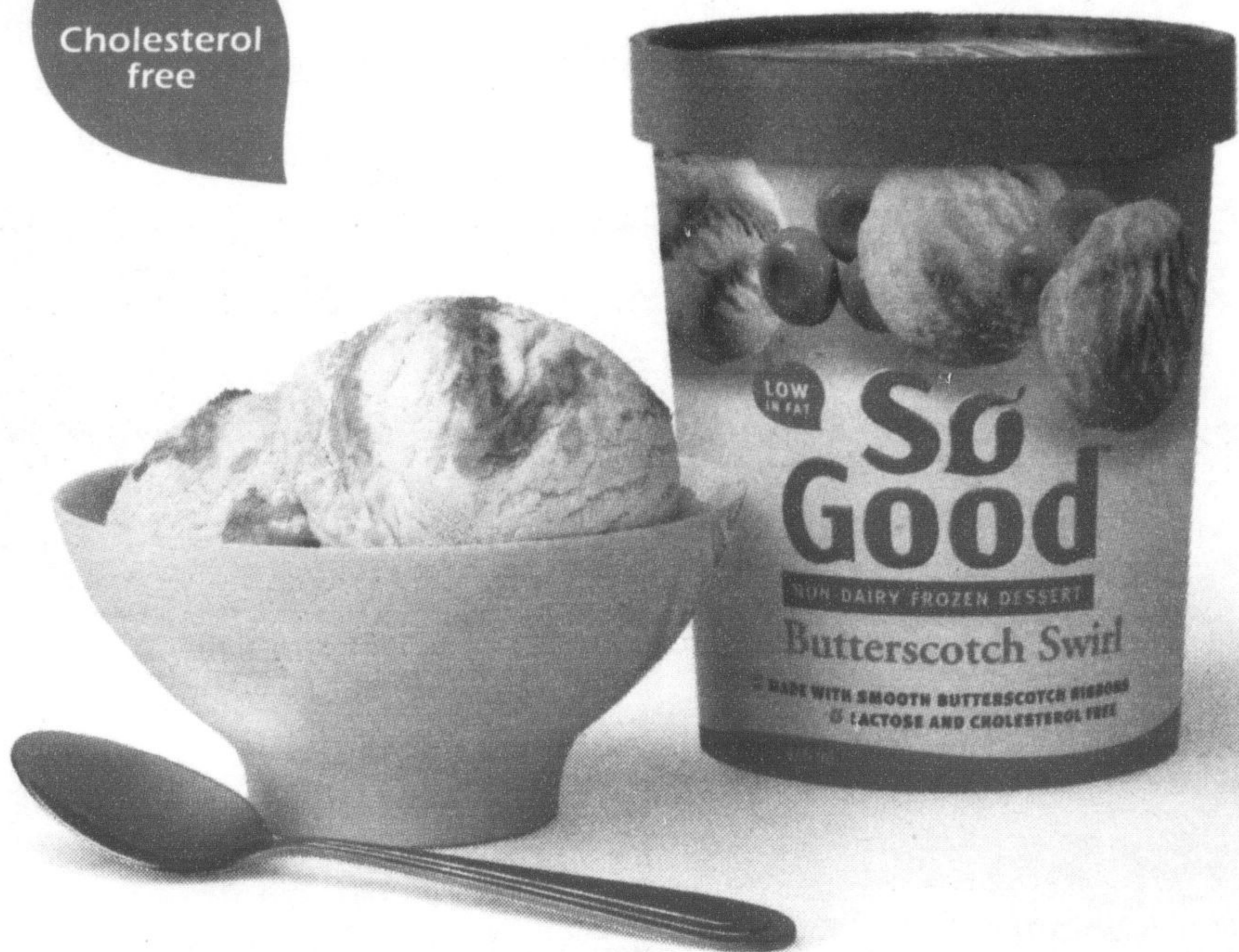


Photos by GRAHAM PAINE

Guilt free.

Feel good about treating yourself this summer. Enjoy So Good Frozen Dessert. The same creamy texture as ice cream, but with none of the cholesterol. Available in five great flavours.

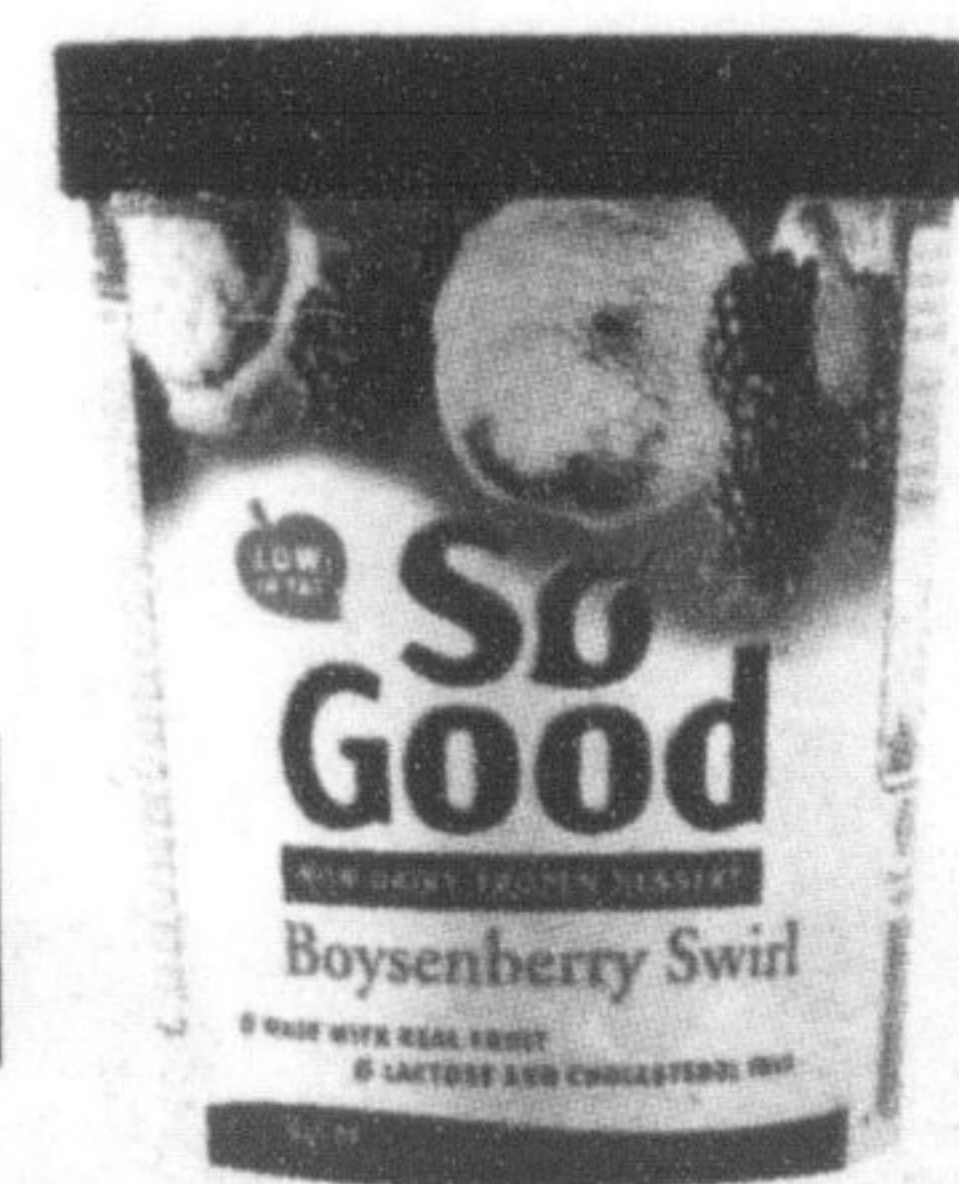
Cholesterol free



A dollar free.*

Save **\$1.00** on the purchase of any flavour of So Good Non-Dairy Frozen Dessert.

To the dealer: Soyworld Inc. will reimburse the face value of coupon plus regular handling fees provided you accept it from your customer on the purchase of item specified. Other applications may constitute fraud. Failure to send in, on request, evidence that sufficient stock was purchased in previous 90 days to cover coupons presented will void coupons. Coupons submitted become our property. Reimbursement will be made only to retail distributors who redeemed coupon in Canada. A reduction in any applicable taxes payable is included in the coupon face value. **EXPIRY DATE: December 31, 2004.** For redemption, mail to: Soyworld Inc., Box 3000, Saint John, NB E2L 4L3. Void if copied. Not valid with any other offer. One coupon per purchase. Store coupon.



*Save \$1.00 on the purchase of any flavour of So Good Non-Dairy Frozen Dessert.

So good for life

www.so-good.ca