

Religious Service Directory

Sand and Stone

Two friends were walking together through a dry, arid desert. Along their journey, they had a heated argument and one friend ending up slapping the other in the face.

Without saying a thing, the one who got slapped bent down and wrote in the sand: "Today, my best friend hurt me and slapped me in the face!"

Soberly and silently, they walked on.

Hours later, they happened upon an oasis - complete with a spring-fed pool of cool, life-giving water. Parched and exhausted, they weary travellers decided to wade into the invigorating waters and soak in some refreshment and renewed energy. It felt so good!

However, trouble lurked beneath the surface. The one who had been slapped got stuck in the

pool's muck and mire. He slipped in his struggle for freedom and struck his head upon a large rock. Face down in the water and unconscious, he started to drown. He was about to meet his end. Fortunately, his friend noticed his condition, came alongside and saved him.

After recovering from the near drowning, the grateful sojourner wrote on a stone: "Today, my best friend saved my life!"

The friend who had first slapped and now saved his best friend asked him, "After I hurt you, you wrote in the sand and now you write on a stone that I have saved you. Why?"

The other friend replied: "When someone hurts us we should write it down in sand where winds of forgiveness can erase it away. But when someone does something

good for us, we must engrave it in stone where no wind can ever erase it."

Good advice for us, isn't it? We must learn to write our hurts in sand and to carve our benefits in stone. We must determine to keep record of wrongs and to let love govern our actions.

Bitterness, unresolved anger, resentment, hatred, withholding forgiveness ... all come with serious negative ramifications that will destroy our lives if we let them. Let peace prevail. Let healing flow. Let's get rid of our record of wrongs and find the positive in others that we can praise.

It is not easy ... but it is good and it works! Mental or emotional wholeness could hinge upon our ability to forgive those who have harmed us.

Take a step towards the healing of damaged emotions. Consider visiting a local church this week! Service times and locations are published in the Religious Directory below.

Submitted by Rev. Dan Rogge, Senior Pastor of New Life Church, Milton.

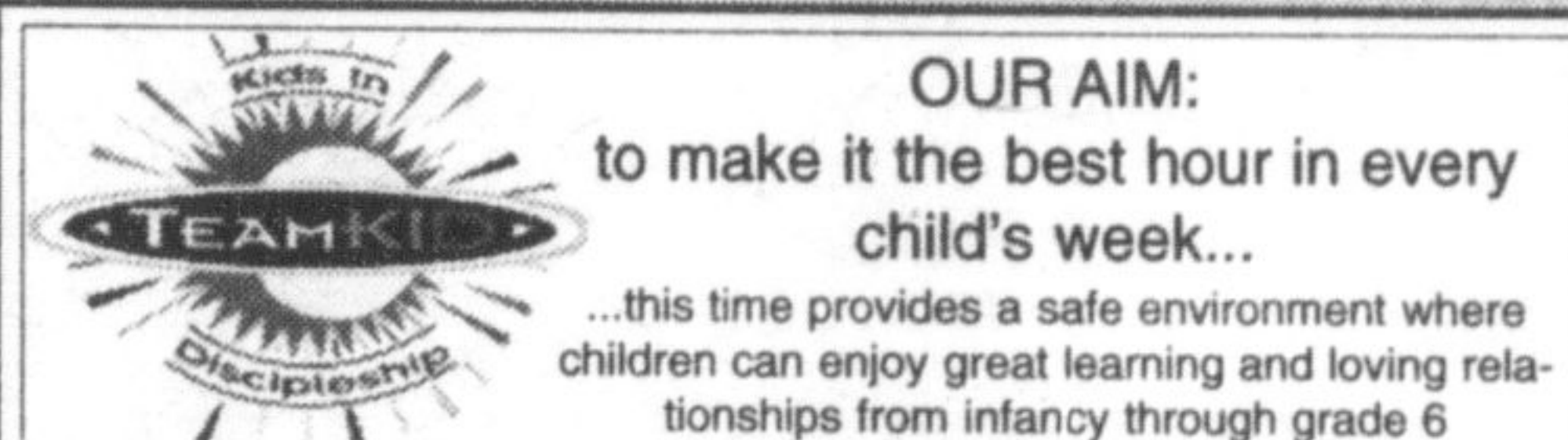
(Thanks to Maureen Killick and Rick Moir for reminding me of the power of this timeless parable)



MILTON SEVENTH-DAY ADVENTIST CHURCH

Invites you to our weekly Sabbath services at
Hugh Foster Hall, 43 Brown St. Milton
Sat. 9:30 a.m. - Sabbath School
Sat. 11:00 a.m. - Divine Service

FREE BIBLE SCHOOL
Discover the amazing Bible answers to life's perplexing questions, and the secret to a happy life.
For FREE BIBLE LESSONS, write: P.O. Box 23012, 55 Ontario St., Milton, Ont., L9T 5B4.
On the INTERNET, <http://www.vop.com> and www.amazingfacts.org/bibleschool/schoolmain.asp
PASTOR: AJ DaCosta 519-835-8301
For more information about our service and program, please call.



OUR AIM:
to make it the best hour in every child's week...
...this time provides a safe environment where children can enjoy great learning and loving relationships from infancy through grade 6

Sunday Morning Service

10:00 - 11:30am
Milton Seniors Centre
500 Childs Drive (near the mall)
Every Sunday
www.thesanctuary.ca/milton

BE attitudes
New series...
"Attitudes for successful living."
A Church For Your Heart, Mind & Spirit

We welcome you to...
ST. PAUL'S UNITED CHURCH
123 Main St. E., Milton

ONE CONGREGATION
TWO GREAT SUNDAY SERVICES at 10:30 am!
Intergenerational Worship
Youth Connection & Church Nursery
Come Worship With Us!
Rev. John Benham & Rev. Gerry Hofstetter
Church office: (905) 878-8895
www.stpaulsmilton.org

Join us Sunday at ...

Milton Bible Church

200 Main Street E.

10:30 AM Coffee & Conversation
11:00 AM Worship Service
Children's program running concurrently

A New Church for a New Generation!
www.MiltonBibleChurch.ca
876-3586

NEW LIFE
824 THOMPSON RD. S., MILTON
"Only 1/2 km South of Derry Road"
Phone: (905) 878-3358
Church Affiliated with the
Pentecostal Assemblies of Canada

Senior Pastor **Rev. Dan Rogge**
Children **Natalie Rogge**
Assistant/Worship **Esther Kessler**
Youth/Outreach **Tim Stevens**

9 a.m. - Early Worship Service
9:30 a.m. - Sunday School for all ages
10:45 a.m. - Second Worship Service
YOU CAN HAVE AN IMPACT UPON CANADA!
6:30 p.m. - Sunday Night LIVE
SEE HIS GLORY!
Pastor Esther Kessler preaching

Supervised Nursery & Dynamic Children's Programs available during all services!

CAPTIONING PROVIDED FOR DEAF/HARD OF HEARING EVERY SUNDAY AT 10:45 A.M.
KID'S PRAISE CHOIR presents The Canadian Ideal
Sunday, June 20 at 6:30p.m.
Website: www.newlife-milton.org

"ENLARGE YOUR CIRCLE OF LOVE"

Southside
Community Church
A Church of The Christian and Missionary Alliance of Canada
2850 Derry Rd. E.
PO Box 332,
Milton, On L9T 4Y9
905-878-5664
Fax: 905-878-6676
office@southsidemilton.org

Sunday Worship
9:30 AM - "THE CLIMB"
Where children reach new spiritual heights through the Bible!
9:30 AM **ADULT BIBLE STUDY**
A study of Paul with Lois Wiens
10:30 AM - **WORSHIP SERVICE**
Pastor Brian Roe
"God's Colony - A Radical Unity" - Ephesians 4, 7-6.
Southside Youth Ministries:
The Safari Tuesday • 6:30 pm for grades 6-8
The Jungle, Wednesday • 7:00 pm for grades 9-12.

GRACEWAY BAPTIST CHURCH
103 Martin Street
905-878-1629
Pastor Walter H. Isaak
10:00 a.m. - Sunday School
11:00 a.m. - Morning Service
6:00 p.m. - Evening Service

Thursday
7:00 p.m. Bible Study & Prayer
Captain's Crew for Children (ages 6-12)
"You'll always find a friend at Graceway"
www.gracewaybaptist.org

MILTON GOSPEL HALL
306 Ontario St. N. • 878-3873
10:00 a.m. - The Lord's Supper
11:45 a.m. - Sunday School
6:30 p.m. - Gospel Service
Wednesday 7:30 p.m.
Prayer and Bible Study
For God sent not his Son into the world to condemn the world; but that the world through him might be saved.
John 3:17

GRACE ANGLICAN CHURCH
Clergy: 317 Main St. E.
Rev. Dr. Mark McDermott the Church on the Hill 905-878-2411
Rev. Carole Langlotz
Father Mark Curtis
KIDS' SPIRIT
Sundays at 10am
Services
Sun. 8:00 Holy Communion
10:00 Sung Eucharist followed by coffee hour
Thurs. 10:00 Holy Communion followed by Tea and Sharing
Wheelchair Access Through Parking
www.gracechurchmilton.com

KNOX PRESBYTERIAN CHURCH
WELCOMES YOU
170 Main St. E., Milton 905-878-6066
Minister - Rev. Joseph Gray
Director of Music & Children's Ministries - Sonja van de Hoef
Sunday Worship 10:30 a.m.
Nursery
Sunday Youth Classes Grades 7-12 9:30 am
Sunday School Age 3 - Grade 6: 10:30 a.m.
"Growing together in the grace of Christ"
Vacation Bible School
July 19-23, 2004
Wheelchair access and washrooms provided so that all may come and worship. Access off Mary St.

PRAISE GATHERING FOR PENTECOST
at Holy Rosary Church,
139 Martin St., Milton
on **Sunday, May 30 at 7:00 pm**
Sponsored by the Milton Ministerial Association
All Welcome