## Dateline

coming events only. The column is available to local community groups to assist in promoting their future events. Only charitable or non-profit community groups may use this service. We can only guarantee one issue of publicity closest to the date of the occurrence although more insertions are possible if demand is low.

Notices for Dateline should be handed in at the office of The Champion, 191 Main St. E., mailed to P.O. Box 248, Milton, Ont., L9T 4N9, faxed to (905) 878-4943, or e-mailed to miltoned@haltonsearch.com. The final deadline is noon Friday for Tuesday's edition and noon Wednesday for Friday's edition. Dateline items aren't accepted by telephone.

## Wednesday May 26

The Canadian Mental Health Association starts its six-week education and self-help program on managing a mood disorder, particularly depression and bi-polar disorder (manic depression), at 7 p.m. in Burlington. The program is open to people with mood disorders and their families. The cost is \$30 for individuals and \$50 for families. To register, call (905) 693-4270.

CARP, Canada's Association for the Fifty Plus, Halton chapter,

Dateline is a free listing of meets at 7:30 p.m. at the Burlington Seniors' Centre, 2185 New St. (Central Park) with nutritionist Rhonda Turner speaking about 'The Importance of Eating Right'. For more information, call Harry at (905) 335-5717.

Mom's Morning Out meets at 123 Main St. from 9:30 to 11 a.m. Caregivers find friendship and support while children are cared for in Graham Hall. For information, call (905) 878-8895.

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its drop-in Graduate Metastatic support group from 10:30 a.m. to noon at 2545 Sixth Line in Oakville. It also holds its drop-in journaling program. For more information, call (905) 257-1988.

The Women's Centre, 210-1515 Rebecca St. in Oakville, holds its Abuse Support Group from 6 to 8 p.m. To register or for more information, call (905) 847-5520.

The Family Justice Review Committee meets from 7 to 9 p.m. for an informational session with a guest speaker at the Reimer building, 5500 North Service Rd. in Burlington. The evening offers information on defending yourself, saving legal fees. A \$3 donation is appreciated. For more information, call (416) 410-4115, e-mail info@canadacourtwatch.com or visit www.canadacourtwatch.com.

## Thursday May 27

VOICE, a support group for parents of hearing impaired children, meets at Appleby United Church in Burlington at 7 p.m. For more information, call (905) 335-1069.

The Fine Arts Society of Milton's Evening Group of Artists meets from 7 to 10 p.m. at the Milton Mall, upper level. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call (905) 878-8955.

Milton District Hospital holds a breastfeeding clinic with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds a public foot care clinic from 1 to 4 p.m. To make an appointment, call (905) 875-1681.

The Women's Centre, 210-1515 Rebecca St. in Oakville, holds its Women's Caring and Sharing Circle, for sharing life's challenges, from 1 to 2 p.m. For more information or to register, call (905) 847-5520.

The Town of Milton community services department holds a community open house from 6 to 9 p.m. at the Milton Seniors' Activity Centre, 500 Childs Dr., to discuss a see more DATELINE on age 18





See what over 100 Milton Businesses & Services have to offer!!

Fri., May 28-10:00am to 9:00pm, Sat., May 29 10:00am to 6:00pm, Sun., May 30-Noon to 5:00 pm Admission: Just \$2.00/ person—Family Pass \$5.00—Kids under 6 FREE (With adult) Milton Sports Centre, Santa Maria Blvd (off Derry Road)

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