

# Dateline

## Wednesday May 19

Halton Healthcare Services and the Women's Health Alliance of Halton present a free seminar entitled **'Blooming with Health — Women's Health in Mid-Life'** at the 707 Galaxy Banquet Hall, 475 North Service Rd. E., in Oakville, with a metabolic bone disease specialist presenting. Displays are up for view at 6:30 p.m., and the presentation begins at 7 p.m. To reserve a seat, call (905) 338-4379 or e-mail [elittle@haltonhealthcare.on.ca](mailto:elittle@haltonhealthcare.on.ca).

The **Milton Christian Ladies Coffee Hour** meets from 9:30 to 11 a.m. at Milton Gospel Hall, 306 Ontario St., one block south of Steeles Avenue. The morning includes a free presentation entitled **'The Wonderful World of Tea'**. For information and transportation, call Margaret at (905) 878-1265.

**Mom's Morning Out** meets at 123 Main St. from 9:30 to 11 a.m. Caregivers find friendship and support while children are cared for in Graham Hall. For information, call (905) 878-8895.

**La Leche League** meets at 7:30 p.m. at the Ontario Early Years Centre (at the Milton Community Resource Centre), 917 Nipissing Rd., for women interested in information on breastfeeding. Pregnant women are encouraged to attend. For more information, call (905) 876-3322.

The Women's Centre, 210-1515 Rebecca St., in Oakville holds its **Abuse Support Group** from 6 to 8 p.m. To register or for more information, call (905) 847-5520.

## Thursday May 20

**VON Alzheimer Services** offers a support group for caregivers of people with Alzheimer's disease and related disorders in the community room at Loblaws, 75 Nipissing Rd., from 2 to 3:30 p.m. For more information, call (905) 847-9559.

The **Learning Disabilities Association of Halton** holds a free drop-in session from 10 a.m. to noon at the Rotary Youth Centre, 560 Guelph Line, in Burlington for parents to access information on learning disabilities. For more information, call (905) 333-1977.

The Milton and District Horticultural Society holds its annual **Plant Sale** at Hall No. 1 at the Milton Fairgrounds from 6 to 9 p.m. featuring perennials, trees and shrubs.

The Fine Arts Society of Milton's **Evening Group of Artists** meets from 7 to 10 p.m. at the Milton Mall, upper level. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call (905) 878-8955.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from 7 to 9

p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

A **public foot care clinic** is held from 1 to 4 p.m. at the Milton Seniors' Activity Centre, 500 Childs Dr. To make an appointment, call (905) 875-1681.

The **Milton Historical Society** meets at 7:30 p.m. at the Lions Club Hall, Memorial Arena, on Thompson Road, for a presentation by members of the Chudleigh family on their ancestry and renowned Chudleigh Apple Farm.

The Women's Centre, 210-1515 Rebecca St. in Oakville, holds its **Women's Caring and Sharing Circle** for sharing life's challenges from 1 to 2 p.m. For more information or to register, call (905) 847-5520.

Hillcrest United Church, at Trafalgar Road and No. 5 Sideroad, holds its **Howell's Famous Fish Fry** from 5 to 7:30 p.m. Tickets cost \$12 for adults and \$6 for children 12 and younger. Take-out is available. For tickets, call (905) 878-3884.

## Friday May 21

Wellspring Halton-Peel, a support network for cancer patients and their families, holds its drop-in **Relaxation and Visualization program** from 10:30 a.m. to noon at 2545 Sixth Line in Oakville. For information, call (905) 257-1988.

**ENDS MAY 31ST**

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