

Dateline

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The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Evening Euchre Party** at 7:30 p.m. with keen competition and prizes. The cost is \$2. It also holds **bingo** at 1:30 p.m. The drop-in fee is \$1.50 for members or \$2 for non-members, plus five cents per card, or 10 cents for a full card. New players are welcome. For more information on these activities, call (905) 875-1681.

Wednesday Dec. 17

Mom's Morning Out meets at St. Paul's United Church, 123 Main St., from 9:30 to 11 a.m. Caregivers find friendship and support while children are cared for in Graham Hall. For information, call (905) 878-8895.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds its **Hot Lunch program** from 11:30 a.m. to 12:45 p.m. The cost is \$6, which includes salad, an entree, dessert and a beverage. Sign up at the reception desk or phone in your order by Monday. The centre also holds **contract bridge** at 9:30 a.m. The cost is \$1.50 for members or \$2 for non-members. For more information on these activities, call (905) 875-1681.

E.C. Drury Hospitality Services holds its annual **Christmas Dinner** with seatings from 11:15 a.m. to 12:15 p.m. and 12:30 to 1:30 p.m. The cost is \$8.50 for a meal that includes roast hip of beef and roast turkey, plus all the holiday fixings and a selection of desserts. Seating is limited. For reservations or more information, call (905) 878-0575, ext. 245.

Thursday Dec. 18

VON Alzheimer Services offers a monthly support group for caregivers of people with Alzheimer's disease and related disorders in the community room of Loblaws, 75 Nipissing Rd., from 2 to 3:30 p.m. For more information, call (905) 847-9559.

Milton District Hospital holds a **breast-feeding clinic** with a certified lactation consultant from 7 to 9 p.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

Milton's **Evening Group of Artists**, the newest FASM group, meets from 7 to 10 p.m. at the Milton Mall, upper level. The informal environment provides artists with an opportunity to exercise their drawing skills. For more information, call (905) 878-8955.

The Women's Centre holds its **Women's Caring and Sharing Circle** from 1 to 2 p.m. for sharing challenges, life experiences and wisdom. For more information, call (905) 847-5520.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **contract bridge** at 1:30 p.m. The cost is \$1.50 for members and \$2 for non-members. It also holds a **Foot Care Clinic** in the afternoon, performed by a VON nurse. The fee, payable to the nurse, is \$20. The centre holds its **Seniors Cinemas** at 1:30 p.m. featuring the family feature *The Grinch*. The \$1 cost includes refreshments. For more information about these activities, or to book an appointment for the Foot Care Clinic, call (905) 875-1681.



The Canadian Champion's Christmas Bureau Fund for The Salvation Army

The Canadian Champion office is now accepting donations at **191 MAIN ST., MILTON**

"Make this Christmas special for someone"

The Canadian Champion



HaltonSearch.com

Restore Your Natural Beauty

Dr. Sharif Tadros M.D.
Director of Medical Services

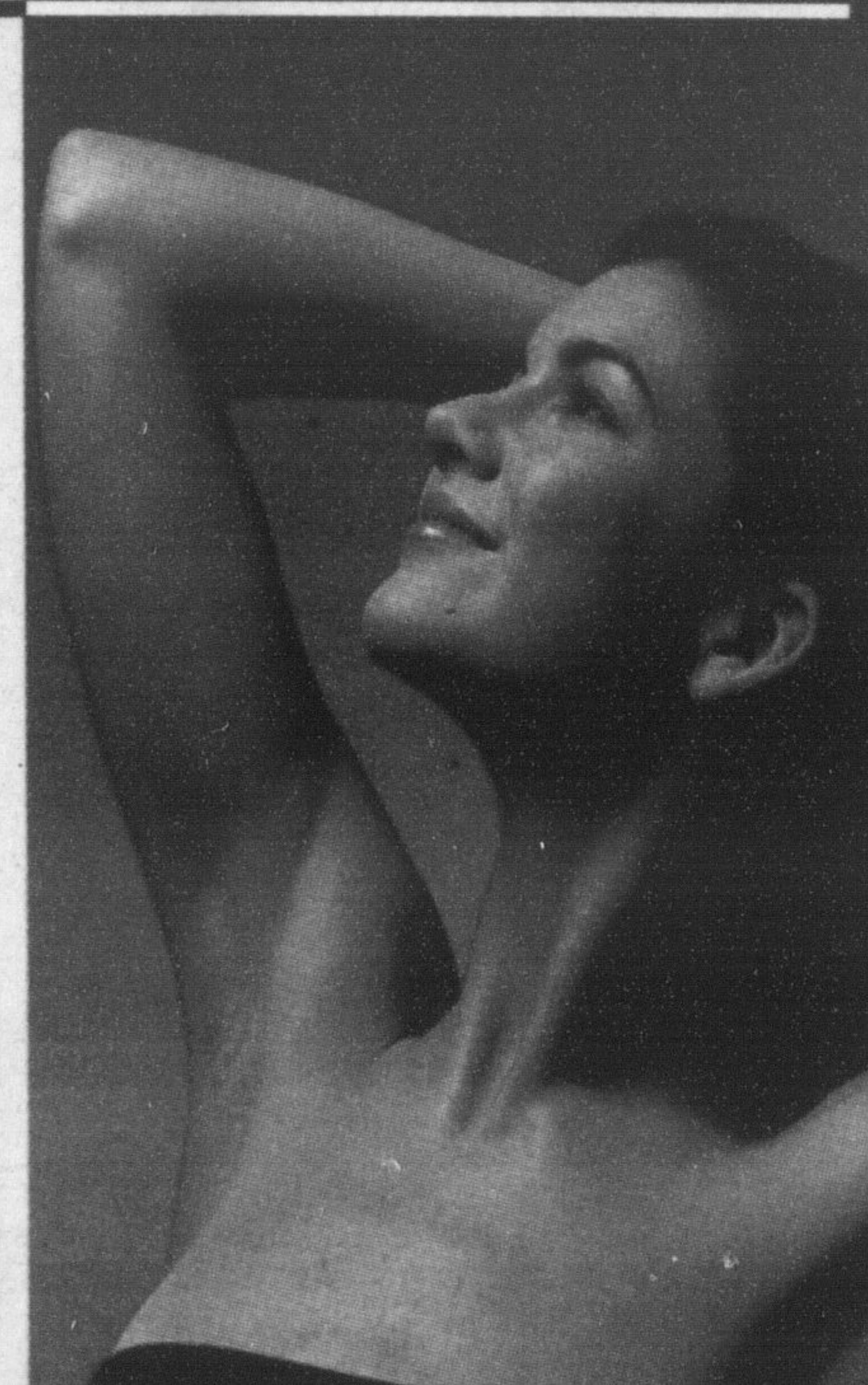
- Photo-rejuvenation
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13 Charles St. Milton, ON
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Thank You!



The Milton Downtown Business Improvement Area would like to thank everyone who participated in our Sharing Christmas event held this past Saturday. The Milton DBIA and the Milton Champion Staff worked hard to raise \$1,548.00 in monetary donations as well as non-perishable foods and unwrapped toys for the Salvation Army Holiday Drive.

Congratulations to our DOWNTOWN DOLLAR winners!

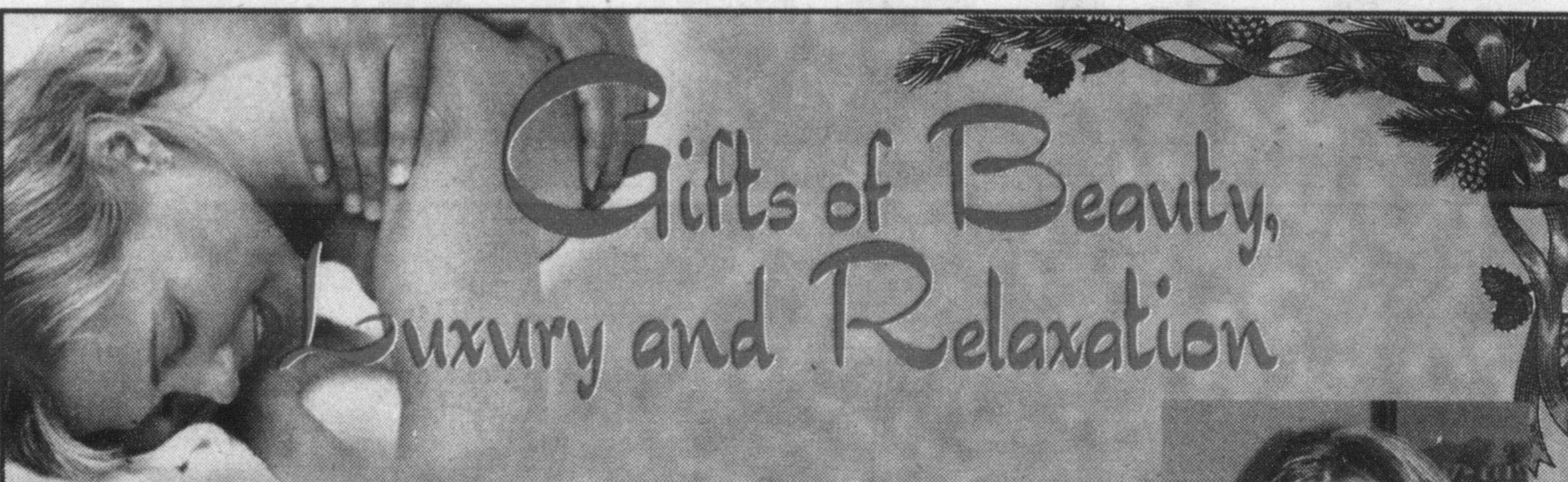
\$100.00 in Downtown Dollars to R. Jensen

\$50.00 in Downtown dollars to D. Erny

\$25.00 in Downtown Dollars to B. Hall

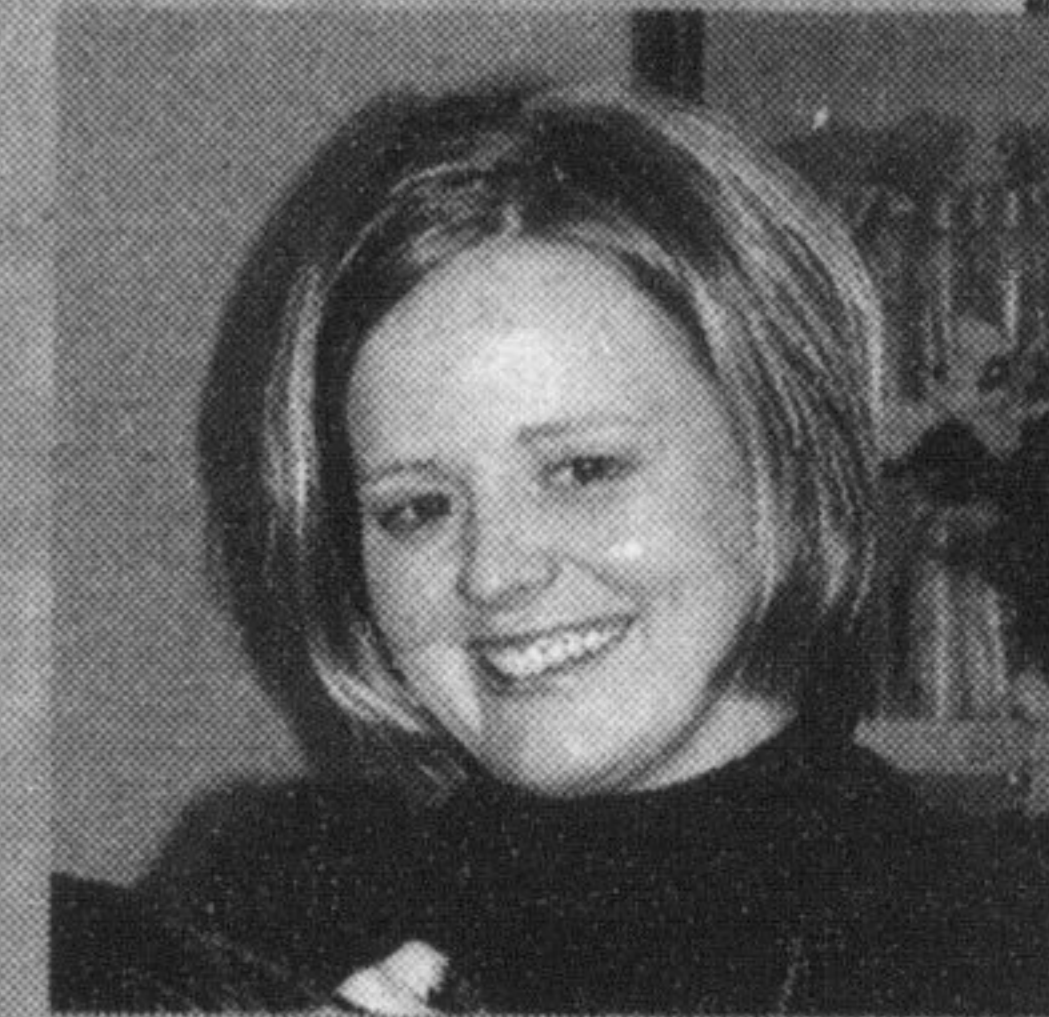
\$25.00 in Downtown Dollars to D. Draper

Chris won the Paint-your-own T-shirt that was purchased at Nature's Fire. He made the winning guess of 212, in the 'Guess the Number of Candy Canes in the Bin' contest.



Introductory Special
SAVE \$10.00 OFF
your first colour with Sarah
Expires Jan 31/04

Sarah McLean
joins our team with
over 6 yrs. experience
as a hair stylist.



Parafango Body Wrap

- Marine Exfoliating Scrub
- Moisturizing Shea Butter Massage
- Parafango Body Wrap...ahhh!

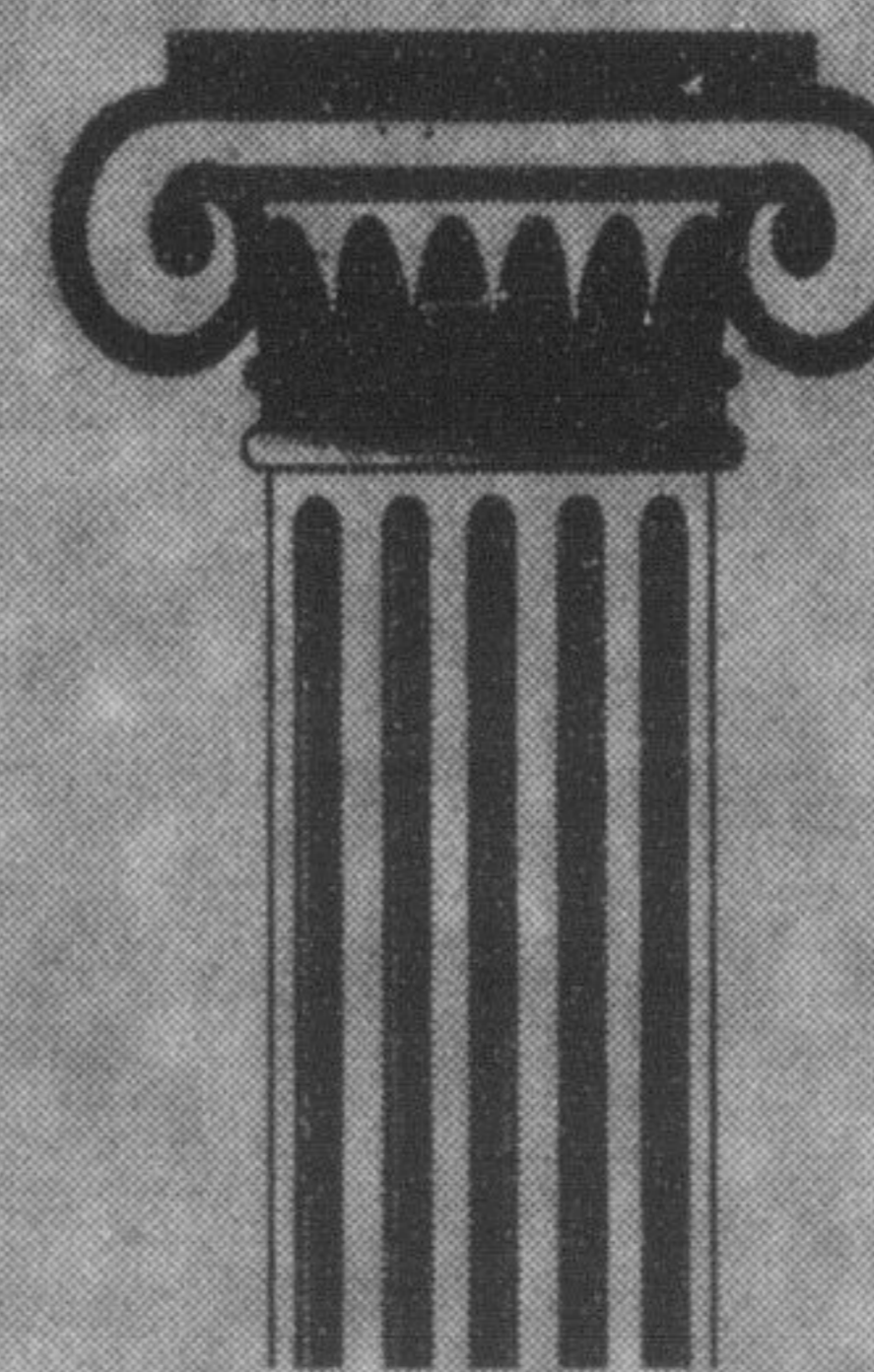
\$99

Pamper Special

- Manicure
- Pedicure
- 1/2 Hour Aromatherapy Massage
- Shampoo & Style

\$120

T.O.T.A.L
Skin & Body
SPA



A Day at the Spa

- 1/2 Hour Aromatherapy Massage
- Manicure
- Pedicure
- Facial
- Make-up Application
- Shampoo & Style

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Therapeutic Pedicure & Manicure

With Sea Salt Scrub & Parafin Hand Treatment

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258 Main St. E., Milton • 905-878-9711

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Gift Certificates or Gift Baskets Available

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Holiday Hours
December 22 10 - 9
December 23 9 - 9
December 24 9 - 2