## Dateline

## • from DATELINE on page B3 Tuesday Nov. 11

The Trillium Photographic Club holds a slide and print clinic for beginners to experts at 8 p.m. at East Plains United Church, 375 Plains Rd. E., in Burlington. For more information, call. Marilyn Chayka at (905) 634-7803, ext. 255.

Improve communication and leadership skills with the **Milton Toastmasters**. Everyone is welcome to attend the meeting at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Allan Lahue at (905) 877-3441.

The Art of Healthy Living holds a parent support group for parents of children who are dependent on drugs or alcohol. The group meets at 72-74 Mill St. in Georgetown from 7:30 to 9 p.m. For more information, call (905) 702-7304.

Help for Parents, a parent support group, meets in Burlington. The non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of Association of Parent Support Groups in Ontario. For times and directions, call 1-800-488-5666 or visit www.apsgo.ca.

Calling New Parents, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Milton Community Resource Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 693-4242, ext. 7899.

Milton District Hospital holds a **breastfeeding clinic** with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

The Halton/North Peel Naturalist Club invites the public to hear Richard Aaron present 'Fungi and its Role in Nature' at 7:30 p.m. at Centennial Middle School, 233 Delrex Blvd., in Georgetown.

Wellspring Halton-Peel, a support centre for cancer patients and their families, holds its **Caregiver Connection** drop-in program from 7 to 8:30 p.m. at the centre, 2545 Sixth Line, in Oakville. For more information, call (905) 257-1988.

The Adventists hosts the Cure for the Last Days with pastor Herbert Nunes at 7:15 p.m. in the Community Room at John Tonelli Sports Centre, 217 Laurier Ave., west of Ontario Street. The topic is 'Cannot Be Saved by Law'. For more information, call (519) 822-7676 or (519) 835-8301.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds bingo at 1:30 p.m. The drop-in fee is \$1.50 for members and \$2 for non-members plus five cents per card or 10 cents for a full card. It also holds its **Drama Club** at 1 p.m. in the centre library. The cost is \$1.50 for members and \$2 for non-members. The centre holds its **Lunch Bunch** program, which eats at a local restaurant. The cost is the cost of your meal. For more information on any of these activities, call (905) 875-1681.



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## Red Cross needs helper to maintain equipment

The Red Cross' North Halton chapter is looking for a home health-care equipment maintenance volunteer.

The Milton-based branch provides for the short-term loan of medical equipment to members of the North Halton community who are recovering at home from injury or illness.

The volunteer would be responsible for the cleaning and repair of this equipment, including walkers, wheelchairs and bath aids.

Potential candidates would need to devote at least one morning or afternoon a week to this job.

Those interested are asked to call (905) 875-1459.

## Dr. Angelika Koeth Chiropractor

The most common words beard in a Chiropractic Clinic

"I thought it would go away"

311 Martin Street, Milton (905) 878-5165



