

# PASQUALINO

Café & Bistro

*Is Now 1 Year Young!*



*Thank you Milton for your patronage.  
It has been a pleasure serving you.  
We look forward to serving you for years to come.  
- The Pasqualinos & Staff*

905-693-1992  
248 Main St. E., Downtown Milton

1 in 10 women  
will develop  
**BREAST CANCER**

For the centre nearest you call:  
**1-800-668-9304**

The risk increases with age.  
The Ontario Breast Screening Program provides  
breast examination and a mammogram at no  
cost to women who are 50 years of age or over.

Make your appointment today!  
*After all... It's your life*

The Ontario Breast Screening Program is a program of  
The Ontario Cancer Treatment and Research Foundation



with Reni Tost

## Warm up with bisque

There's nothing like a bowl of hot soup  
on a chilly autumn night.

This week's recipe is one of my  
favourites that can be made ahead, reheated  
and served as an elegant starter to a dinner  
party or simply add fresh, crusty bread  
and a salad and it becomes the main course  
for any night of the week. Enjoy!

### Seafood Bisque

- 15 ounces of cooked seafood
  - 1/2 cup chopped onion
  - 1/2 cup diced celery
  - 1/3 cup butter
  - salt and pepper to taste
  - 3 tbsp. flour
  - 2 cups milk
  - 1 cup heavy cream
  - 2 cups tomato juice
  - 2 tbsp. chopped fresh parsley
- Melt butter in a heavy pot and cook  
onions and celery until tender. Stir in flour,  
blending well. Slowly add milk and cream  
stirring constantly and cook until thick-  
ened. Pour in tomato juice, stirring to  
blend and then add seafood. (Puree  
slightly with handheld blender if smoother  
consistency is desired.) Season with salt  
and pepper and serve hot, garnished  
with parsley. Serves 4-6.



Choose a  
Healthy Community  
On Nov. 10  
Vote

**Wendy Schau**

for

**Town Councillor Ward 4**

www.schauhaus.ca (905) 878-3216

# The 2003 Milton Santa Claus Parade

Presents

## "All I Want for Christmas"

Sunday, Nov. 23

at 2:00 pm

**We're calling all  
volunteers!**

- Students:  
Helping qualifies for  
community service  
hours.
  - Dress up in Costumes
  - Give out candy
  - Help out with  
the food drive
  - Have some fun!
- Call Clem Scholtz at  
905-878-3401

**To: Everyone!  
You can...**

- Enter your  
float!
- Participate
- Donate
- Volunteer

**Pick up entry forms at:**

- M&M Meat Shops
- Subway  
Market Drive
- The Canadian  
Champion
- The Chamber of  
Commerce
- Mailboxes Etc.
- Mikes Barber Shop

For more information, call Laura McKee at 905-878-6347 or email [mckspec@interhop.net](mailto:mckspec@interhop.net)