

Dateline

Tuesday Sept. 30

The Canadian Mental Health Association, Halton branch, holds **Seminars for the Separated**, an education and self-help group, from 7 to 10 p.m. The cost is \$95. The 10-week program involves lectures, small group discussion and social activities. For more information or to register, call (905) 693-4270.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **bingo** at 1:30 p.m. The drop-in fee is \$1.50 for members or \$2 for non-members, plus five cents per card or 10 cents for a full card. New players are welcome. It holds its **Drama Club** at 1 p.m. in the centre library. The cost is \$1.50 for members and \$2 for non-members. Call (905) 875-1681 for more information.

Improve communication and leadership skills with the **Milton Toastmasters**. Everyone is welcome to attend the meeting at the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For information, call Allan Lahue at (905) 877-3441.

The Art of Healthy Living holds a **parent support group** for parents of children who are dependent

on drugs or alcohol. The group meets at 72-74 Mill St. in Georgetown from 7:30 to 9 p.m. For more information, call (905) 702-7304.

Help for Parents, a parent support group, meets in Burlington. This non-denominational self-support group helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. The group is a member of Association of Parent Support Groups in Ontario. For times and directions, call 1-800-488-5666 or visit www.apsgo.ca.

Calling New Parents, a free program for parents and babies aged 6 months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Milton Community Resource Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 693-4242, ext. 7899.

Milton District Hospital holds a **breastfeeding support group** with a certified lactation consultant from 9:30 to 11:30 a.m. For more information or to make an appointment, call Jean Gallen at (905) 878-2383, ext. 7030.

Wellspring Halton-Peel, a support centre for individuals living with cancer and their families, holds its **drop-in caregiver connection** program from 7 to 8:30 p.m. The centre is located at 2545 Sixth Line in Oakville. For more information, call (905) 257-1988.

Wednesday Oct. 1

Mom's Morning Out meets at 123 Main St. from 9:30 to 11 a.m. Caregivers find friendship and support while children are cared for in Graham Hall. For information, call (905) 878-8895.

The Burlington chapter of the **Meandering Mohawks**, a group of family campers and RVers, meets at St. Elizabeth's Anglican Church, 5324 Bromley Rd., at 7:30 p.m. For more information, call (905) 632-8080.

Wellspring Halton-Peel, a support centre for individuals living with cancer and their families, holds its **drop-in graduate metastatic support group** from 10:30 a.m. to noon. It also holds its **drop-in journaling program** from 1 to 3 p.m. The centre is located at 2545 Sixth Line in Oakville. For more information, call (905) 257-1988.

Correction

The Canadian Champion was provided with incorrect information that appeared in a story about the Arthritis Society in the September 9 issue.

The story said the Arthritis Society runs an arthritis aquatic program at the Milton Leisure Centre.

The program, which runs six days per week, is actually run by the Town of Milton.

For more information on the program, call the Milton Leisure Centre at (905) 878-7946.

The Champion apologizes for any inconvenience the error may have caused.

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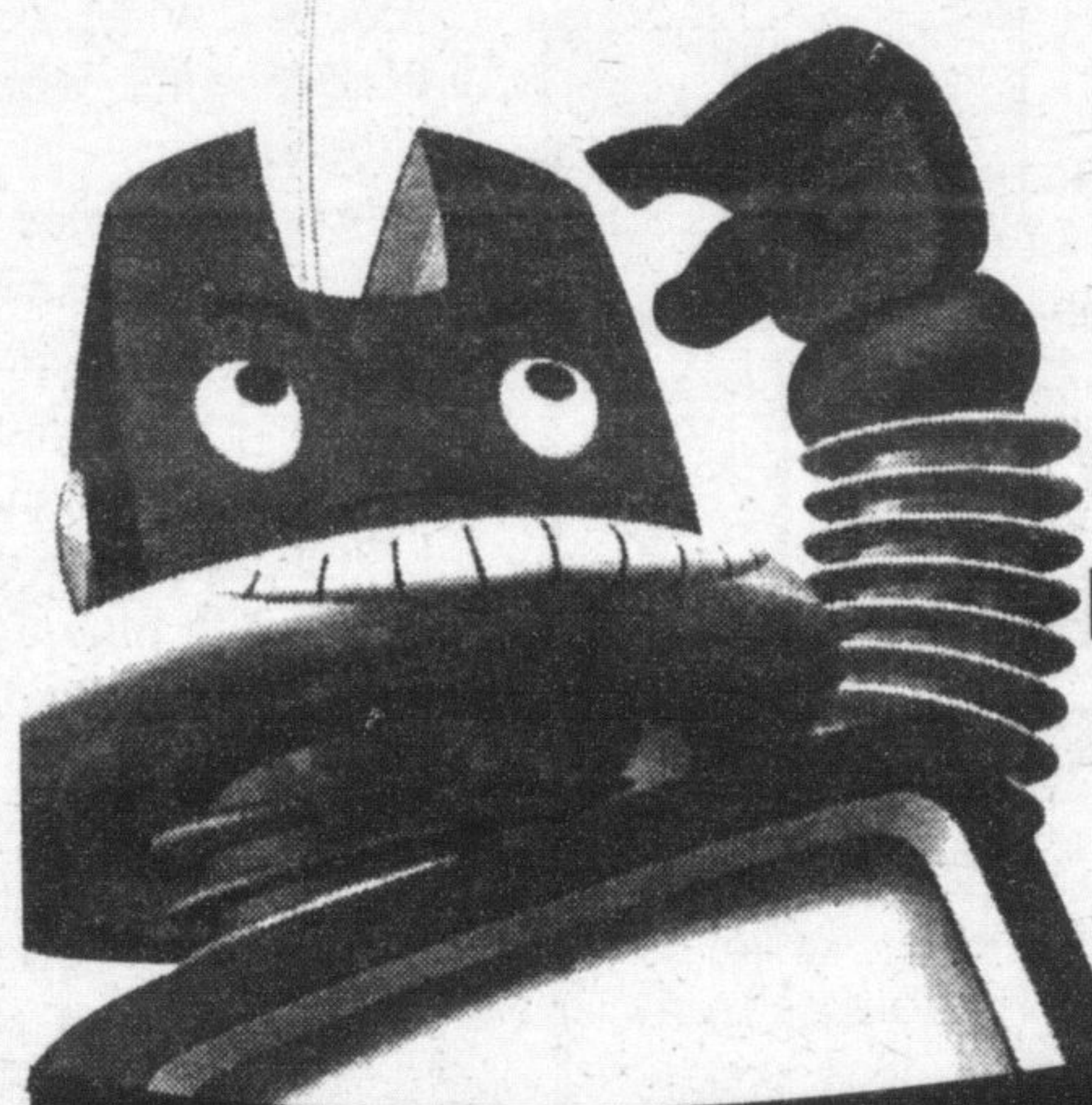
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