

Trees stolen from landscaping business; loss pegged at \$25,000

Vandongen Landscaping on Trafalgar Road was broken into twice in the past two weeks.

The first break-in occurred overnight June 9. Unknown suspects entered the premises by crawling under a fence and took 10 Japanese Maple trees worth about \$1,500.

The second break-in was overnight Tuesday. Unknown suspects stole seven Baby Blue Spruce trees valued at about \$924.

Stolen vehicle recovered

Police recovered a stolen vehicle early Sunday morning.

The vehicle was found at Scannell Moving and Storage on Main Street at 8 a.m.

An employee called police after observing a vehicle with the engine still running in the work yard.

Police say the 1999 Plymouth Neon was stolen by unknown suspects from Peel Region. The estimated value of the car is \$10,000.

Vending machines emptied

Money from two outdoor vend-

Police Blotter

ing machines was taken last week at Halton Country Club on Sixth Line.

Unknown suspects forced open the two machines and took an unknown amount of coins overnight last Friday.

High school broken into

Milton District High School was broken into early Tuesday morning.

Sometime between midnight and 6:25 a.m., unknown suspects smashed the rear window of the custodian's office. Once inside, they ransacked the office and took a computer printer.

The estimated value of the printer is \$300.

Break-in attempted

Unknown suspects attempted to break into a Pettigrew Trail house Saturday.

Sometime between 8:40 a.m. and

5:50 p.m., the suspects attempted to gain entry through the rear sliding door but was unsuccessful. There were no signs of forced entry.

Auto theft attempted

An attempted auto theft happened sometime between last Friday and Monday.

The 1993 Honda was parked at a Bronte Street address when unknown suspects entered through the unlocked door.

They left after damaging the steering column.

The car is valued at approximately \$4,000.

Wallet stolen

A wallet was stolen from a vehicle parked at a Mill Street address.

On Saturday at 2 p.m., an unknown suspect reached into the window of the Chevrolet Lumina, which was rolled down, and took the wallet.

There was no money inside.

Crime Stoppers of Halton

Millside Drive apartment break-in under investigation

Halton Regional Police are investigating an entry at a Milton apartment.

Residents of an apartment located at 82 Millside Dr. were away from their home June 6 and 7. The front door was inadvertently left unlocked.

During this time, the culprits entered the apartment and made off with a Phillip Wells watch, Playstation 2, liquor, cash, DVDs and a DVD player. The estimated value of the loss is \$1,375.

If you have any information that leads to an arrest in this or any other matter, you may be eligible for a cash reward. You will never have to give your name or testify in court. Crime Stoppers of Halton doesn't subscribe to call display. Please call 1-800-222-TIPS (1-800-222-8477) or check out Crime Stoppers' Web site at www.haltoncrimestoppers.com.

It's often hard to find time to be active and to eat healthy, - the very things that give us the fuel or energy to meet life's challenges.

The good news is that you don't have to make big changes in your life to make a difference. For women on the go keep the following in mind:



The average family uses about 10 different recipes.

Set a family goal to try one new healthy recipe a month.
TIP: Visit the Choices 4 Health Web site at www.choices4health.org for easy to prepare and tasty recipes

A mom's participation in sports and physical activity increases the participation rates of her children by a whopping 22%.

Be an active role model - try new activities as a family, walk or ride your bike more often, leave your car at home for short trips.
TIP:

Most people, including kids, tend to eat what is readily available.

Keep healthy choices in sight. For example, cut-up and ready-to-eat snack sizes of mango or orange sections, baby carrots, bagels, cheese slices or yogurt.
TIP:

For more information visit our Web site at www.choices4health.org

Special thanks to Brant Healthy Living Coalition for granting permission to adapt this information from their Mothership program.

The Canadian Champion, Friday, June 20, 2003—5

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<p>2003 MONTE CARLO</p> <p>Sale Price \$21,986 2 doors, gas, auto, brow/drk grey, 17,000 kms</p>	<p>2002 DEVILLE</p> <p>Sale Price \$36,826 4 doors, gas, auto, 4.6L, 8 cyl, white/black, 34,000 kms</p>	<p>2000 SATURN LS1</p> <p>Sale Price \$10,932 4doors, 1.9L, 4cyl, silver/charcoal, air, am/fm/cd, pw, pl, pm, cruise, tilt</p>
<p>2001 AURORA</p> <p>Sale Price \$26,982 4 doors, auto, V8 air, pw, pl, tilt, cruise, p, moonroof, heated leather seats, chrome rims, diamond white. Stk# P2306</p>	<p>2002 MONTANA VAN</p> <p>Sale Price \$16,982 Not exactly as shown, auto, air, 4 doors, pw, pl, tilt Stk# P2298</p>	<p>2002 BONNEVILLE SE</p> <p>Sale Price \$22,987 4 doors, auto, blue/grey, AC, CD stereo, pw, pl, cruise, tilt</p>
<p>2001 DEVILLE</p> <p>Sale Price \$29,976 4 doors, auto, 4.6L, 8cyl, silver/charcoal, AC, Cd stereo, pw, pl, cruise, tilt</p>	<p>2001 300M</p> <p>Sale Price \$24,967 4 doors, auto, 6cyl, black/black sun roof, leather, air, cd/cass stereo, tilt, cruise, pl, pw. Only 48,000km</p>	<p>2001 GRAND AM SE</p> <p>Sale Price \$14,982 4 doors, auto, 6 cyl, bronze mist/beige, air, cd stereo, pw, pl, pm, cruise, tilt</p>
<p>2002 IMPALA</p> <p>Sale Price \$18,922 4 doors, gas, autop, silver/blue, AC, CD stereo, tilt</p>	<p>2002 MALIBU</p> <p>Sale Price \$15,922 4 doors, auto, 3.1L, 6 cyl, teal/grey, AC, CD stereo, pw, pl</p>	<p>2002 SIERRA Z71</p> <p>Sale Price \$32,987 2 doors, auto, green/tan, ext cab, AC, CD stereo, tilt, 1 owner</p>
<p>2000 YUKON SLT</p> <p>Sale Price \$34,967 4doors, auto, black/tan, tinted windows, tow package, leather, htd seats, air, cd stereo, cruise</p>	<p>2002 SUNFIRE GTX</p> <p>Sale Price \$15,976 4 doors, auto, 2.4L, 4 cyl, tan/beige, AC, CD stereo pw, pl, cruise, tilt</p>	<p>2001 REGAL GRAN SPORT</p> <p>Sale Price \$23,976 4 doors, auto, silver/grey, sun roof, AC, Cd stereo, pw, pl, cruise</p>
<p>2001 GRAND AM GT</p> <p>Sale Price \$19,983 4dr, auto, 6 cyl silver/grey, leather, air, am/fm/cass/cd, pw, pl, lm, cruise, tilt</p>	<p>2001 GRAND PRIX</p> <p>Sale Price \$19,987 4 doors, auto, 3.8L, 6cyl, black/grey, AC, Cd stereo, pw, pl, tilt</p>	<p>2000 CENTURY CUSTOM</p> <p>Sale Price \$14,987 4 doors, auto, 3.1L, 6cyl, silver/grey, AC, AM/FM stereo, pw, pl, cruise</p>

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