Calling all runners

A 12-week distance running clinic — dubbed Run Farther — gets underway next weekend.

Developed by Halton-area running instructors Brian Bidwell and Greg Nelson, the program is sponsored by Oakville's Running Company and aims to provide a fresh approach to recreational distance running.

The clinic includes lectured instruction and, of course, training runs.

The first clinic is scheduled for next Saturday, June 21 at 9 a.m.

The cost of the program is \$60 per person and includes a 60-page manual and a t-shirt. For more information, call the Running Company at (905) 815-1952.

Summer Soccer Camps

Soccer Development Model Academy is proud to announce the formation of its First Soccer Academy in the Halton Peel Region. Operating weekly from July 7th to August 29th, 2003. Programs are for all players ages 6 to 12. The camps will be focused on the "Soccer Development Model" Methodology and curriculum.

Program Fees:

Registration Fee \$145 per week, includes: T-shirt, mini soccer ball, daily prizes.

Refer to our website for additional locations.

Register online: www.sdma.ca or by phone: 905.875.3440

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DeCaire's hard work paying dividends with Jr. A Northmen

By STEVE LeBLANC

The Champion

Matt DeCaire is now past the midway mark of his first Jr. A lacrosse season — and has yet to be a healthy scratch.

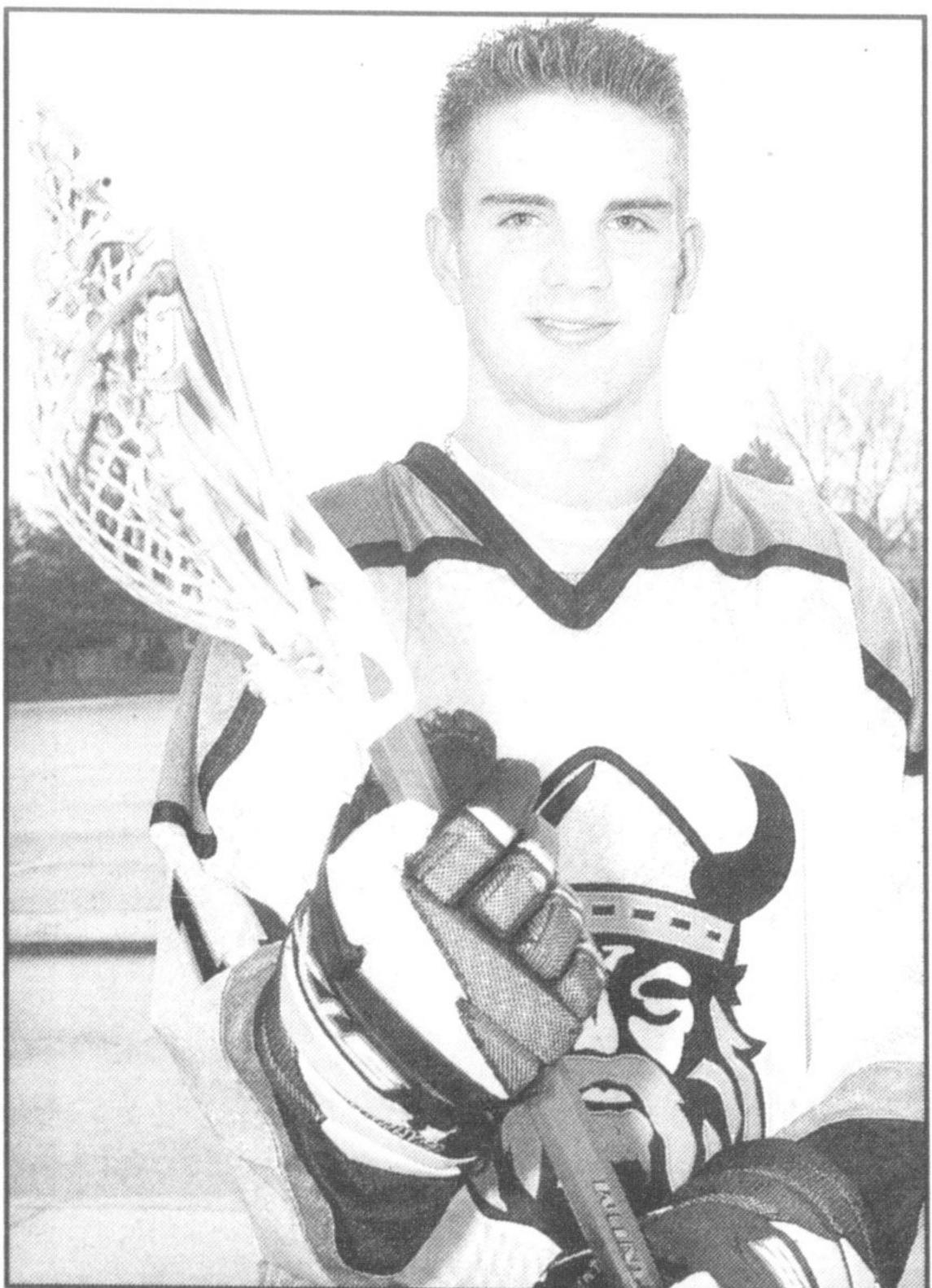
Not impressed? Well consider the fact that he's playing for a second-place club that late last month got a number of veterans back from university.

More than a few local experts figured Milton's 17-year-old rookie might have a tough time getting much floor time at all this year, and would be on the outside looking in once the traditionally-competitive Orangeville Northmen were at full strength.

To date, that hasn't happened.

"That's about the best compliment I can give Matt right now, that so far he hasn't had to watch a game," remarked head coach Lindsay Sanderson, whose Northmen headed into this week riding an eight-game winning streak and an overall record of 9-2. "We're happy with his development. He's making some nice strides."

That improvement has been particularly evident in terms of defense, which continues to be somewhat of a shortcoming for the former Milton Maverick.



Orangeville Northmen rookie Matt DeCaire

Nevertheless, he's been determined to fortify his all-around game — and that extra effort has paid noticeable dividends, including those seen last Friday.

Used solely on defense that night, DeCaire was on the floor for just a couple of goals against and helped set up a turnover tally to aid in Orangeville's 12-7 decision over Orillia.

Two nights later he was thrown back onto the offensive side of things and came through with a goal and an assist in an 11-5 dumping of Six Nations.

"Depending on who we're playing I'm either being used on the back door or on the attack," explained DeCaire, who's averaging just under a point a game with five goals and four assists in 11 outings. "My floor time hasn't changed too much. I'm just playing more specific roles now. Last Friday I think I did a reasonably good job on defense."

Orangeville's skipper felt likewise. Said Sanderson, "Defense isn't really Matt's strong suit, but he's

done pretty well so far. We're high on him and think he's got a great future."

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MILTON INTERCHURCH SOFTBALL LEAGUE

STANDING AS OF 5-JUNE-03

	TEAMS	G	W	L	T	PTS
1	NEW LIFE DEAF	5	5	0	0	10
2	SOUTH SIDE "1"	4	4	0	0	8
3	ST. GEORGES	5	3	1	1	7
4	NEW LIFE "A"	5	3	2	0	6
5	ST. PAULS	6	2	3	1	5
6	MILTON BIBLE	3	2	1	0	4
7	KNOX	4	2	2	0	4
8	HOLY ROSARY	6	2	4	0	4
9	BOSTON	3	1	1	1	3
10	NEW LIFE "B"	5	1	3	1	3
11	SOUTH SIDE '2'	4	1	3	0	2
12	GRACE	6	0	6	0	0

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