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Firefighters slated to run race in bunker gear Sunday in support of local hospital

By **STEPHANIE THIESSEN**
The Champion

For the past 20 years, part-time Milton firefighter Don Ronan has been running a challenging 15-km marathon in Streetsville.

This year will be no different except for the fact that this race will make the past 20 look like a piece of cake.

That's because this year, Mr. Ronan and the team of Milton firefighters he will run with will all be in bunker gear weighing up to 15 pounds.

The race this Sunday will be suitably deemed The Bunker Run.

"This is my 21st year," said Mr. Ronan, spokesman for the group. "I started doing it just to see if I could finish and I've done it every year without stopping. It's a hard run if you're not a runner." He quickly clarified that he's not, and running in bunker gear won't be easy.

"It's going to be hard, but all the firefighters are dedicated. It'll be a challenge. When you set your mind to something, you do it. It's a conflict between the mind and the body."

Mr. Ronan and the five other participants, all full or part-time Milton firefighters, will run the race.



From left, Steve Ramkalawan, Marcel Fournel, Don Ronan, Chad Harper and Jason Pake will run a marathon Sunday in Streetsville while wearing bunker gear. Barry Kory (in vehicle) will follow the runners in a support vehicle. Tim Roberts, not in the picture, will also run.

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ALLENDALE VOLUNTEERS



Need Community Service Hours? Services for Seniors

Allendale offers a great opportunity for students looking to complete their Community Service Hours.

Students are needed to assist staff and residents in this year's Summer Student Volunteer Program at Allendale.

We are opening our doors on June 7th for an information session for students, parents and any other community member who would like to volunteer their time this summer.

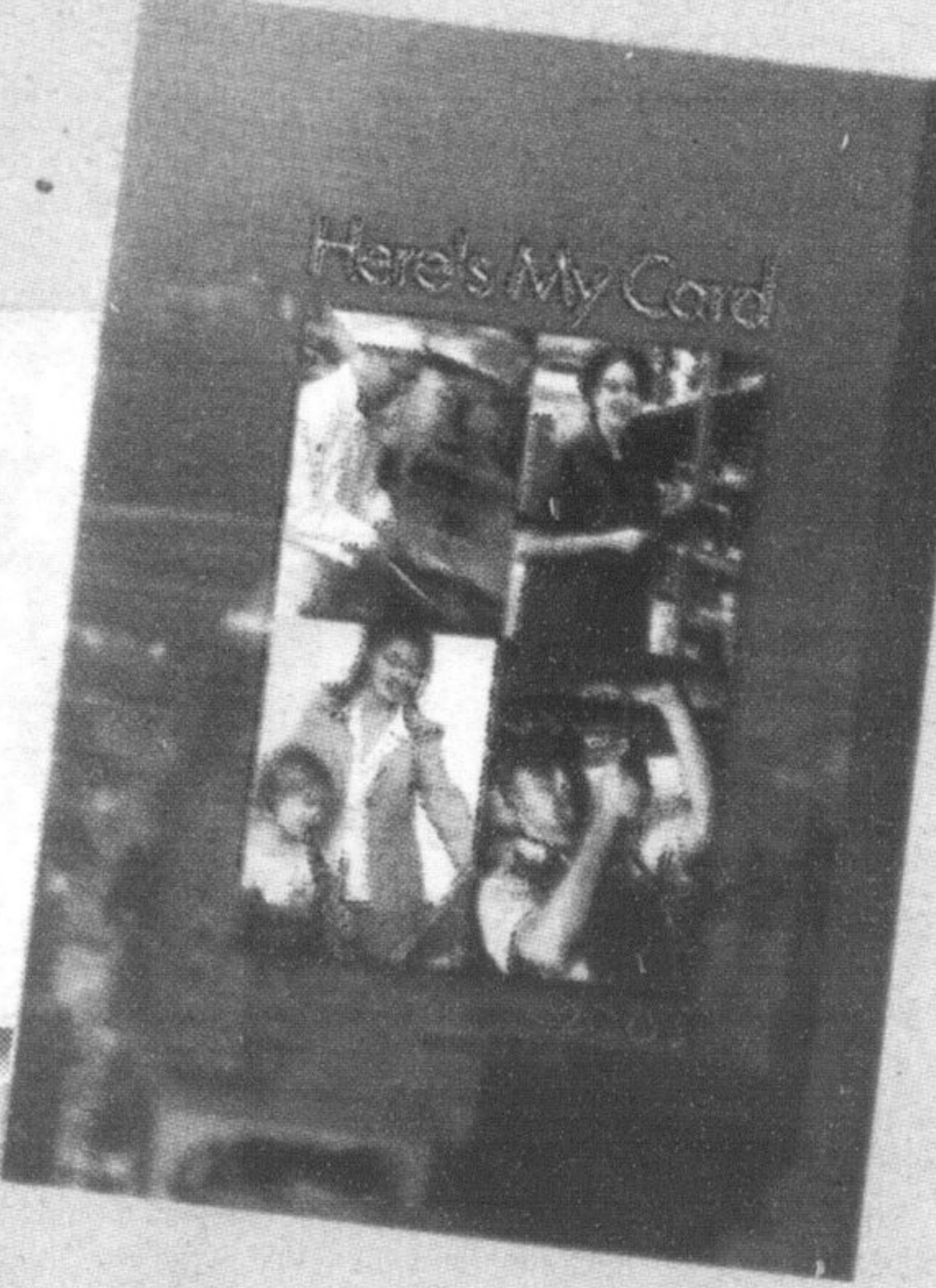


To offer information and answer questions regarding the summer program.

Sat. Jun 7, 2003 at 11:00 am
Allendale's Auditorium

If you would like to attend please call Anthea, Community Resources Co-ordinator, at 905-878-4141 #8025 or e-mail Hoarea@region.halton.on.ca

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