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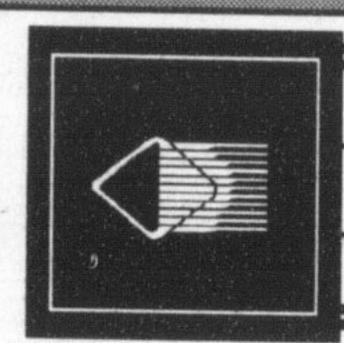


Royal Canadian Branch 120

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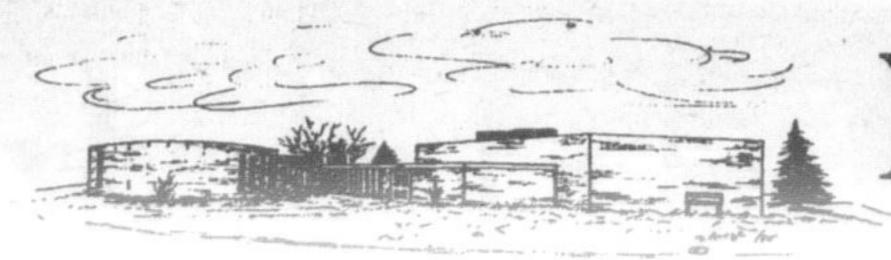


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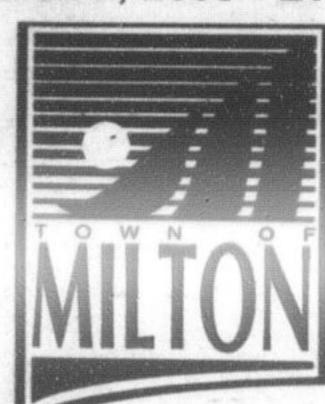
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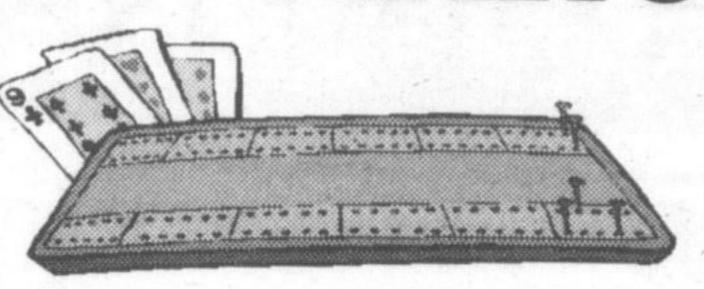
News for SIENIORS

Milton Seniors' Activity Centre 500 Childs Drive, Milton • 905-875-1681



MARCH ACTIVITIES

Calling All Cribbage Players!



Drop in to the Centre on Tuesday afternoons at 1 p.m. and enjoy a game of cribbage. Cost is \$1.50 for Members, \$2 for Non-Members. We would love to have some new players join us!

The Centre holds its **Evening Euchre** Parties" on Tuesday, March 4, Wednesday, March 12, and Tuesday,

March 18 starting at 7:30 p.m. Come along

... bring friends! The competition is keen and the conversation refreshing. Prizes awarded. Cost: \$2.

Wednesday, March 5 The Centre's "Computer Club" meets at 1:30 p.m. This month, guest speaker Jeff

Cookson from Compu-ease will be answering our questions on how to look for warning signs of trouble, what maintenance we should do, how to update programs, drivers, etc. and related subjects. Cost: is \$1.50 for members, \$2 for Non-members, plus an additional charge of \$1.50 towards supplies, internet access and refreshments. New members always welcome.

Wednesday, March 12 Celebrate St. Patrick's Day at the Seniors' Activity Centre with the "Song Spinners" Chorus. Join a free singalong at 11 a.m. - feel free to wear green!

Tuesday, March 18 and 25 Join the new "Drama Club" at 1:30 p.m. in the Centre Lounge. New members welcome!

At noon on Tuesday, March 18 and 25, stop by the Centre to see a free demonstration of Seniors' Pilates, a low impact fitness pro-

Thursday, March 27 The "Diners Club" enjoys good food and camaraderie at an area restaurant. Call the Centre for information about this month's outing. Carpooling can be arranged, and your cost is the cost of your meal.

MARCH BREAK FUN!

Monday, March 10 Bring your grandchildren along today to share free intergenerational fun at the Centre, from 10 a.m. noon. Together, you will make St. Patrick's Day cupcakes and chocolate clovers. Participants are asked to wear green, and wear running shoes. Please register in advance to ensure that we have enough supplies.

Tuesday, March 11 More free intergenerational fun! Bring your grandchildren or special young friend to make photo frames and mini pizzas. Pictures will be taken, so have your child dress appropriately, but remember - we will be getting messy! Please register in advance.

Friday, March 14 Bring the youngsters along for a special family movie "Ice Age" at 12:30 p.m.

There is no charge for any of the special March Break activities.



Seniors' Cinemas March Performances

All performances begin at 1:30 p.m. Cost is \$1 - Refreshments served

Thursday, March 6

My Big Fat Greek Wedding . (Comedy/Romance)

Thursday, March 13

About a Boy (Drama)

Special Friday Performance for MARCH BREAK - GRANDCHILDREN WELCOME! Friday, March 14 at 12:30 p.m. "Ice Age" (Family)

Thursday, March 20 Thursday, March 27

Possession (Drama/Romance) Sweet Home Alabama (Comedy)

Thank you to Rogers Video for its generous support of the Centre's "Seniors' Cinemas".

SPECIAL ANNOUNCEMENT

TO MEMBERS OF THE **MILTON SENIORS' ACTIVITY CENTRE**

The Advisory Board has called a special General Meeting to be held on Wednesday, March 26, 2003 at 11:30 a.m., to deal with a motion affecting

membership fees for first-time members who apply for membership after July 1st of any year. All current members are eligible to attend, so please mark your calendars for March 26. I light lunch will be provided. For further details check your the March-April News & Views.

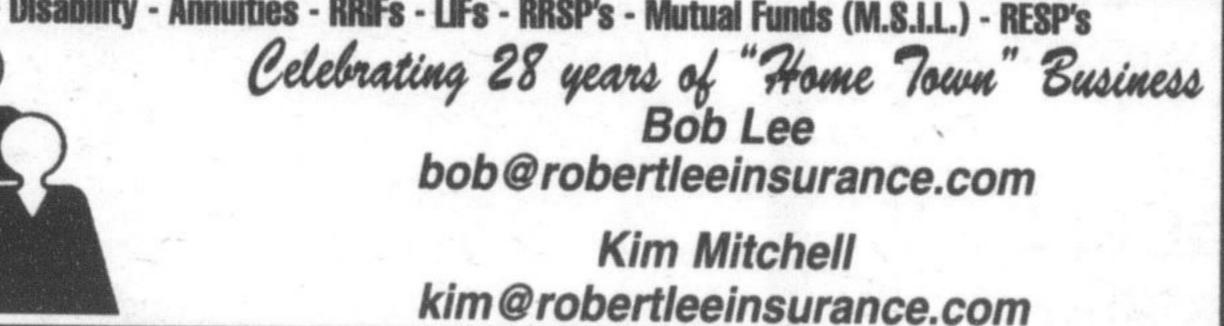
Check your March/April News and Views for information about our "International Pub Night". Coming April 5!

Programs Include: Badminton, Basic Rescuer CPR, Bridge, Learn to Play Bridge, Driver Refresher, Euchre, Cribbage, Bingo, Snooker, Darts, Shuffleboard, T'ai Chi, Qi-Gong, Light Exercises, Seniors Pilates, Yoga, Line Dancing, Clogging, Painting Classes, Tap Dancing and Seniors' Cinemas.

Additional Activities Include: Wednesday "Lunch Counter", Library, Bus Tours, Lunch Bunch, Diners Club, Kitchen Band, Computer Club, Folk Art for Intermediates Club, Soft Wood Carving Club, "Song Spinners" Chorus, "Creative Fingers" Craft Club, plus Special Events and Fundraisers.

THE ABOVE INFORMATION IS SUBJECT TO CHANGE AND LIMITATION.

FOR FURTHER DETAILS ON ACTIVITIES CALL 905-875-1681



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