

Grandmother Reveals Secret to 105 Lb. Weight Loss Success



Hi, I'm Patricia Corley. I lost 105 pounds of fat with hypnosis.

My dress size plunged from a bulging 24 1/2 to a sleek size 8 in ten short months.

The Diet Rollercoaster

I went on every weight loss scheme. Tried the grapefruit, egg, special soup, all protein, all vegetable, only starch high fiber and all fruit diets. Spent a fortune on tasteless prepackaged food. Went to support groups. Starved on protein shakes. I even guzzled down straight vinegar praying it

would help me lose weight. The result was always the same. I would lose weight slowly, then quickly gain it back plus more. I was ashamed and embarrassed. I had lost all hope.

Instant Results

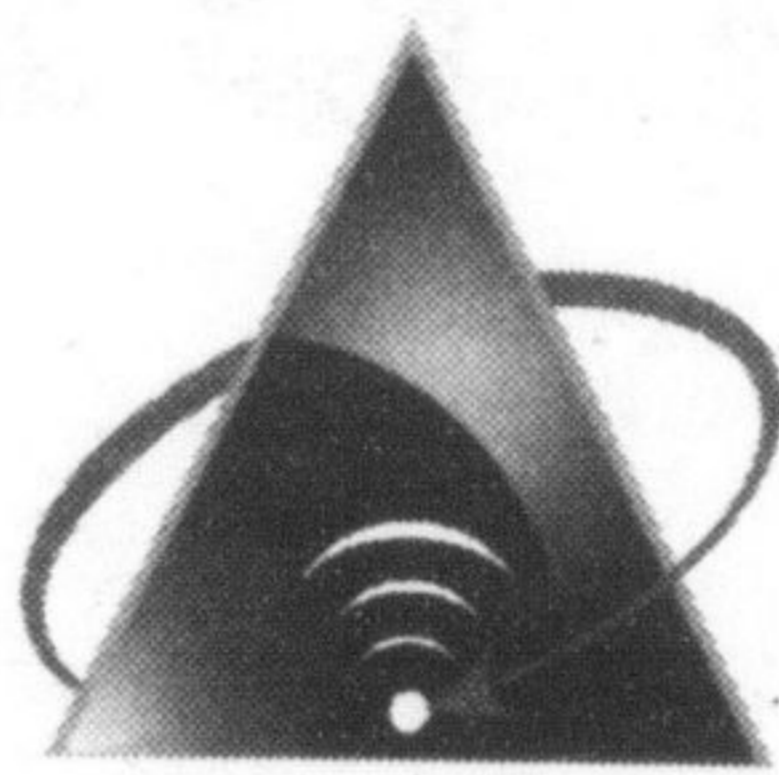
I was amazed by the change after my first session. My brain got the message to zap my appetite. Hypnosis gave me instant control over my eating habits. my cravings came to a dead-halt stop. Binges dissolved. My confidence and self-esteem soared. my fat melted off at an average 3.5 pounds a week.

Call Now

Don't let your misconceptions about hypnosis stand in the way of your happiness. Losing my weight with hypnosis is the best experience I ever had. It worked for me.

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Williams back as CH chair for a third year

Jean Williams is no stranger to Conservation Halton's round table, nor its helm. For the third year in a row, the Mississauga resident was elected the environmental protection body's chairperson.

Ms Williams was acclaimed in the position at Conservation Halton's inaugural meeting February 20. She has been a director for 18 years. Oakville's Glenn Powell was elected vice-chair. He's been involved as a director of CH for four years.

In what's expected to be a year of unprecedented growth in Halton, Ms Williams predicted the board will face

"many complex issues."

"We must speak out loudly and clearly if we are to realize our mission to protect and enhance the natural environment from lake to escarpment for present and future generations."

Prior to its inaugural meeting, the Conservation Halton board also bid adieu to director Andrea Bradford who officially vacated her post after three years of service. Her seat has been filled by Oakville Councillor Keith Bird who has been an off-again, on-again director with Conservation Halton for 22 years.

The board also welcomed newcomer and professional hydrogeologist Martin Ince who hails from Flamborough. He's a strong advocate of wind energy and other renewable energy resources.

There are currently 17 directors who have been appointed by the municipalities in the watershed. Rick Craven and Carol D'Amelio are from Burlington, Alan Elgar, David Patterson and Mr. Bird represent Oakville, Ken Keates and Gord Krantz serve Milton's interests, Ron Chatten and Clark Somerville act for Halton Hills. Other directors are Danny Sugimoto from Mississauga and Stephen Peebles from the Township of Puslinch.

WAL-MART CORRECTION NOTICE

The information regarding the mary-kateandashley brand Fashion preview advertised on page 9 of our current flyer (ending March 9th) is incomplete. The Fashion Preview will be presented in the form of a video.

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We apologize for any inconvenience this may have caused.

WAL-MART CORRECTION NOTICE

The Phantom Briefs #78001/2/3 advertised on page 14 of our current flyer (expiring March 9th) are incorrectly described as '2-Packs'. These items are all 1-Packs/singles.

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We apologize for any inconvenience this may have caused.

FUTURE SHOP CORRECTION NOTICE

• On page 11 of our weekly National flyer dated February 26th to March 4th, we advertise the Fuji Fine Pix digital camera (sku #10013936) at \$629.99, save \$20. This cost is wrong. This actual cost of this product is \$729.99 save \$20.

We sincerely apologize for any inconvenience this may have caused our valued customers. Thank you

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Brookville Guelph Line (5 min. north of Hwy 401)

\$464,000 all 1.5 acre lots

GARY THOMAS in attendance

Re/Max Blue Springs Realty 905-878-7777

85% sold out

Saturday, March 1, 2-4pm
478 Collis Court

ADINA NONIS in attendance

Royal LePage Meadowtowne Realty 905-878-8101

Sunday, March 2, 1-4pm
9054 Tremaine Rd

CAROLE D. BUDWORTH & JOYCE HAGEVIK in attendance

Royal LePage Meadowtowne Realty 905-878-8101

Sunday, March 2, 2-4pm
33 Brock St., Dundas

DIANE BAGNELL in attendance

Royal LePage Meadowtowne Realty 905-878-8101

Sunday, March 2, 2-4pm
158 Robinwood Cr

SUSAN RECOSKIE & DIANE MAYNARD in attendance

Royal LePage Meadowtowne Realty 905-878-8101

Sunday, March 2, 1-3pm
656 Elliott

SANDY DEL PAPA in attendance

Royal LePage Meadowtowne Realty 905-878-8101

Sunday, March 2, 1-3pm
3134 Anderson Cres., Mississauga

JACK VANDERBREGGAN in attendance

Royal LePage Meadowtowne Realty 905-878-8101

Sunday, March 2, 2-4pm
235 Bronte Rd, Unit 38

JENNIFER ELMSELEY in attendance

Wildwood Realty