

# Report author says some cancers caused by poor lifestyle choices

• from **CANCER** on page 2  
men are prostate (25.6 per cent), followed by lung (14.6 per cent) and colorectal (12.8 per cent). In women, the leading cancers are breast (31.7 per cent), followed by colorectal (11.4 per cent) and lung (10.4 per cent).

The Region used data from Cancer Care Ontario in its report.

Mr. Delmore stressed some cancers are caused by poor lifestyle choices. For example, he said the chances of getting lung or pancreatic cancer could be reduced by eliminating smoking.

This is important to point out, Mr. Delmore said, because of the results of a survey conducted by York University.

Commissioned on behalf of Ontario's 21 public health departments, including Halton Region, the university surveyed more than 2,000 people 18 years of age and older between January 2001 and August 2002 to gauge what they thought were the causes of various cancers. Information was collected for each individual public health department.

Most respondents said tobacco was

the number one cause of cancer, followed by family history and environmental pollution.

Mr. Delmore said extensive research shows tobacco is the leading cause of cancer. And while it was encouraging most respondents agreed it was the biggest cause, the discouraging part is they represented less than half of those surveyed.

Also, research shows diet and obesity are actually second among cancer causes. Family history and pollution are further down the list.

# Savoline supports region-wide bylaw

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kind of bylaw would be required to allow these businesses to open designated smoking rooms.

After the meeting, Regional Chairman Joyce Savoline told The Champion she has long supported a region-wide smoking bylaw.

"The consistency is what matters the most," she said.

Councillor Rick Malboeuf, also a Milton town councillor, said the Region should implement a no-smoking bylaw because it comes down to the protection of health.

"My position is this is a health issue and that falls under the region's jurisdiction," he said after the committee meeting.

# Religious Service Directory

## FIVE FINGER PRAYER

### Finger One:

Your Thumb is nearest to you. So begin your prayers by praying for those closest to you. They are the easiest to remember. To pray for our loved ones is, as C.S. Lewis once said "sweet duty."

### Finger Two:

The next finger is the Pointing Finger. Pray for those who teach, instruct and heal. This includes teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction. Keep them in your prayers.

### Finger Three:

The next finger is the Tallest Finger. It

reminds us of our leaders. Pray for the Prime Minister, the politicians, leaders in business and industry and administrators. These people shape our nation and guide public opinion. They need God's guidance.

### Finger Four:

The fourth finger is our Ring finger. Surprising to many is the fact that this is our weakest finger, as any piano teacher will testify. It should remind us to pray for those who are weak, in trouble or in pain. They need your prayers day and night. You cannot pray too much for them.

### Finger Five:

And lastly comes our Little Finger, the

smallest finger of all, which is where we should place ourselves in relation to God and others.

As the Bible says, "The least shall be the greatest among you."

Your Pinkie should remind you to pray for yourself. By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively.

On Friday, February 28th at 7 a.m. at Rattlesnake Golf and Country Club, members of Milton's divergent communities of faith will be uniting together in common

purpose at the **First Annual Mayor's Christian Prayer Breakfast**. Tickets are available for \$15/person from Deborah at 905-878-5664. Call for yours today! Let's join together to seek God's blessing on behalf of our community!

Make plans to visit a local church this week. Service times and locations are published in the directory below.

Submitted by Reverend Dan Rogge, Senior Pastor of New Life Church, Milton.



## Milton Bible Church

Meeting @  
Milton District High School  
10:00 AM Bible Discovery Trail  
11:00 AM Worship Service  
A "Fellowship Baptist" Church  
www.miltonbiblechurch.ca  
(905) 876-3586



## MILTON SEVENTH-DAY ADVENTIST CHURCH

Invites you to our weekly Sabbath services at  
Hugh Foster Hall, 43 Brown St. Milton  
Sat. 9:30 a.m. - Sabbath School  
Sat. 11:00 a.m. - Divine Service  
**FREE BIBLE SCHOOL**  
Discover the amazing Bible answers to life's perplexing questions, and the secret to a happy life.  
For FREE BIBLE LESSONS, write: P.O. Box 23012, 55 Ontario St., Milton, Ont., L9T 5B4.  
On the INTERNET, http://www.vop.com and www.amazingfacts.org/bibleschool/schoolmain.asp  
PASTOR: AJ DaCosta 519-835-8301  
For more information about our service and program, please call.

## KNOX PRESBYTERIAN CHURCH

170 Main St. E., Milton 878-6066  
Sunday Worship 10:30 a.m.  
Nursery  
Sunday School Age 3 - Grade 6 - 10:30 a.m.  
Youth Class Grades 7-12 - 9:30 a.m.  
Sunday, February 9, 2003 - 7:30 p.m.  
Induction of the Rev. Joseph Gray  
"Called to Serve the Lord"  
Wheelchair access and washrooms provided so that all may come and worship.  
Access off Mary St.

## NEW LIFE

6620 THIRD LINE, MILTON  
"Only 1/2 km South of Derry Road"  
Phone: (905) 878-3358  
Church Affiliated with the Pentecostal Assemblies of Canada  
Senior Pastor Rev. Dan Rogge  
Children Mrs. Natalie Rogge  
Worship Mrs. Esther Kessler  
Youth Mr. Tim Stevens

9 a.m. - Early Worship Service  
9:30 a.m. - Sunday School for All Ages  
10:45 a.m. - Second Worship Service  
NEEDED: A NEW & FRESH ANOINTING  
6:30 p.m. - Sunday Night LIVE  
Pastor Dan Rogge preaching

Supervised Nursery & Dynamic Children's Programs available during all services!

CC CAPTIONING PROVIDED FOR DEAF/HARD OF HEARING EVERY SUNDAY AT 10:45 AM

## MARCH BREAK SCHOOL

Daily Program 9 a.m. - 4 p.m.  
Registration Limited - \$80/child  
Website: www.newlife-milton.org

ENLARGE YOUR CIRCLE OF LOVE

## SOUTHSIDE COMMUNITY CHURCH of The Christian & Missionary Alliance

2850 DERRY RD.  
Phone 878-5664  
Pastor: Greg McCombs  
Pastor of Youth Ministries: Jack Ninaber  
10:00 A.M. SUNDAY MORNING WORSHIP SERVICE & "ADVENTURELAND" for kids 3 - Gr. 6 (Nursery care provided up to age 2)  
\*\* For more info on our regular weekly ministries, please call the church office.

## Grace Anglican Church

317 Main St. E., Milton  
the Church on the Hill  
Tel. 878-2411 Fax 878-3005  
www.gracechurchmilton.com

Rev. Dr. Mark McDermott  
Rev. Amy Cousineau  
SUNDAY SERVICES  
8:00 am - Holy Communion  
10:00 am - Sung Eucharist  
Church School & Coffee Hour

### THURSDAY

10:00 am Holy Communion

Wheelchair Access Through Parking Lot Doors

## MILTON GOSPEL HALL

306 Ontario St. N. • 878-3873  
10:00 a.m. - The Lord's Supper  
11:45 a.m. - Sunday School  
6:30 p.m. - Gospel Service  
Wednesday 7:30 p.m.  
Prayer and Bible Study  
"Christ Jesus came into the world to save sinners."  
1st Timothy 1.15

We welcome you to...

## ST. PAUL'S UNITED CHURCH

123 Main St. E., Milton  
Sun. Feb. 9 10:30 a.m.  
MISSION & OUTREACH SUNDAY  
Guest Speaker: Dr. Sheelagh Kemp,  
Heaven's Gate Church School,  
Theme: Esther

Our sanctuary is open daily from noon to 1 p.m. for anyone who would like to pray for peace. All welcome

Rev. John Benham & Rev. Gerry Hofstetter  
Church office: (905) 878-8895  
www.stpaulsmilton.org

## BAHA'I FAITH

Multifaith Devotions & Breakfast:  
10 - 12 am, Sun., March 9.  
Learn of The Baha'i Faith and Its Teachings  
8 pm. Wed., Feb 12, 19, 26. Informal Discussion  
Baha'i Vision TV:  
Monday, Mar. 3, 12:30 and 10:30 pm, Ch. 37  
For local information: 905-875-2923  
Recording 1-800-433-3284  
www.bahai.org

## GRACEWAY BAPTIST CHURCH

103 Martin Street  
905-878-1629  
Pastor Walter H. Isaak  
9:50 a.m. - Family Bible Hour  
11:00 a.m. - Morning Service  
6:00 p.m. - Evening Service

### Thursday

7:00 p.m. Bible Study & Prayer

"You'll always find a friend at Graceway"