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HEAD OFFICE 131 WHARNCLIFFE RD. LONDON

Religious Service Directory HOW TO BEAT BITTERNESS

It breaks up homes, estranging husbands and wives. It alienates parents and children. It causes conflict in the workplace. It interferes with unity in the church. What is this culprit? Bitterness.

Bitterness is unresolved anger. It results in feelings of resentment. It involves an attitude that says, "I will not forgive! I will not be reconciled!"

Harboring unresolved anger carries some serious ramifications: relationally, physically, spiritually and emotionally. Bitterness will exact a heavy toll on a person's life. It diminishes the potential for greatness that every individual possesses. Positive, creative Milton Bible Church thoughts are replaced by negative, destructive ones. Good-hearted individuals become vindictive as they swallow a bitter pill.

Sadly, many are living with bitterness. The good news is that there is a cure!

As Jesus Christ bore the weight of the world upon His shoulders and was dying upon the cross of Calvary, He

was offered wine mixed with gall. That bitter drink contained a minor sedative, and would have numbed the pain that Christ was experiencing. medicate his torture, Jesus spit out the bitter liquid after tasting it and recognizing it for what it was. He refused to go to the grave with any bitterness in his life.

Instead, the Savior spoke the liberating words: "Father, forgive them..." He knew that forgiveness brings healing. It brings health. It brings wholeness.

Is there someone that you need to forgive? Don't be like the woman who was bit by a rabid dog many years ago. It was before they had antidotes Although it would have helped to against rabies and it meant certain death. When she was informed that the dog that bit her was rabid, the woman immediately got out a piece of paper and began to compile a list of people's names. When asked about her list, the woman replied, "These are the people I plan to bite before I die!"

> How many people like that do we know? Individuals who have been destroyed by bitterness?

Beat bitterness! Spit it out and release blessing. Forgive one another and allow healing to flow through your life. You may say, "It will take a miracle!" The Lord can still work miracles! A relationship with Jesus does make a difference!

Consider visiting a local church this week, and take the first step towards wholeness! Make an appointment to speak with the Pastor...he is there to help you!

Submitted by Reverend Dan Rogge, Senior Pastor of New Life Church, Milton.

Meeting @ Milton District High School 10:00 AM Bible Discovery Trail 11:00 AM Worship Service

> A fellowship Baptist Church www.miltonbiblechurch.ca (905) 876-3586

SOUTHSIDE COMMUNITY CHURCH

of The Christian & Missionary Alliance

2850 DERRY RD.

Phone 878-5664

Pastor: Greg McCombs

Pastor of Youth Ministries: Jack Ninaber

10:00 A.M. SUNDAY MORNING WORSHIP SERVICE

& "ADVENTURELAND" for kids 3 - Gr. 6

(Nursery care provided up to age 2)

°° For more info on our regular weekly

MILTON ADVENTH-DAY ADVENTIST CHURCH

Invites you to our weekly Sabbath services at Hugh Foster Hall, 43 Brown St. Milton Sat. 9:30 a. m. - Sabbath School Sat. 11:00 a.m.- Divine Service FREE BIBLE SCHOOL

Discover the amazing Bible answers to life's perplexing questions, and the secret to a happy life. For FREE BIBLE LESSONS, write: P.O. Box 23012, 55 Ontario St., Milton, Ont., L9T 5B4. On the INTERNET, http://www.vop.com and www.amazingfacts.org/bibleschool/schoolmain.asp PASTOR: AJ DaCosta 519-835-8301 For more information about our service and program, please call.

KNOX PRESBYTERIAN CHURCH

170 Main St. E., Milton 878-6066

Sunday Worship 10:30 a.m. Nursery

Sunday School Age 3 - Grade 6 10:30 a.m.

Youth Class Grades 7-12 9:30 a.m.

"Called to Serve the Lord"



Wheelchair access and washrooms provided so that all may come and worship. So that all Access off Mary St.

6620 THIRD LINE, MILTON "Only 1/2 km South of Derry Road" Phone: (905) 878-3358 Church Affiliated with the Pentecostal Assemblies of Canada

Senior Pastor Children Worship Youth

Rev. Dan Rogge Mrs. Natalie Rogge Mrs. Esther Kessler Mr. Tim Stevens

9 a.m. - Early Worship Service 9:30 a.m. - Sunday School for All Ages 10:45 a.m. - Second Worship Service POWER OF PERSISTENCE 6:30 p.m. - Sunday Night LIVE

> Pastor Tim Stevens LAST CHANCE

Supervised Nursery & Dynamic Children's Programs available during all services!



CAPTIONING PROVIDED FOR DEAF/HARD OF HEARING EVERY SUNDAY AT 10:45 AM

LADIES' COFFEE BREAK

Tuesdays from 9:30 - 11 a.m. THE BATTLE IN THE MIND

Website: www.newlife-milton.org

ministries, please call the church office. Grace Anglican Church

317 Main St. E., Milton the Church on the Hill Tel. 878-2411 Fax 878-3005 www.gracechurchmilton.com

Rev. Dr. Mark McDermott Rev. Amy Cousineau SUNDAY SERVICES

8:00 am - Holy Communion 10:00 am - Sung Eucharist Church School & Coffee Hour

THURSDAY

10:00 am Holy Communion Wheelchair Access Through Parking Lot Doors

MILTON GOSPEL HALL 306 Ontario St. N. • 878-3873

10:00 a.m. - The Lord's Supper 11:45 a.m. - Sunday School 6:30 p.m. - Gospel Service

Prayer and Bible Study

So then every one of us shall give account of himself to God. Romans 14.12

Wednesday 7:30 p.m.

We welcome you to ...

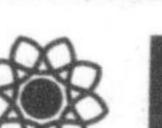
ST. PAUL'S UNITED CHURCH

123 Main St. E., Milton Sun. Jan 26 10:30 a.m. **CELEBRATION OF BAPTISM**

VOLUNTEER APPRECIATION SUNDAY Heaven's Gate Church School Theme: Jesus: A Child Like You & Me

Sun. Feb. 2, 10:30 a.m. St. Paul's Annual Meeting (potluck lunch at noon) Child care provided

> Rev. John Benham & Rev. Gerry Hofstetter Church office: (905) 878-8895 www.stpaulsmilton.org



BAHA'I FAITH

Multifaith Devotions & Breakfast: 10 - 12 am, Sun., Feb 9,.

Learn of The Baha'i Faith and Its Teachings 8 pm. Wed., Jan. 29. Informal Discussion

Baha'i Vision TV: Monday, Feb. 3, 12:30 and 10:30 pm, Ch. 37

For local information: 905-875-2923 Recording 1-800-433-3284

www.bahai.org

GRACEWAY BAPTIST CHURCH



103 Martin Street 905-878-1629

Pastor Walter H. Isaak

9:50 a.m. - Family Bible Hour 11:00 a.m. - Morning Service

6:00 p.m. - Evening Service

Thursday

7:00 p.m. Bible Study & Prayer

"You'll always find a friend at Graceway"

"ENLARGE YOUR CIRCLE OF LOVE"