

A Feel- Good Read

Resolve to take better care of yourself in the new year with a little help from our upcoming special section, **Health, Mind & Body**. Inside, you'll find a variety of features written to help you achieve a sense of balance and well-being. From exercise techniques and nutrition advice to relaxation methods and holistic medicine, **Health, Mind & Body** is just what you need to start 2003 on the right foot. Look for it soon.

Health, Mind & Body
A Special Supplement to
The Canadian Champion

INFORMATION SEMINAR

DISCOVER THE NEW YOU

Eliminate unwanted hair with laser

Erase wrinkles with Restylane & Botox

Exfoliate with microdermabrasion

You're invited

Thursday, January 23, 2003

7-8:30pm

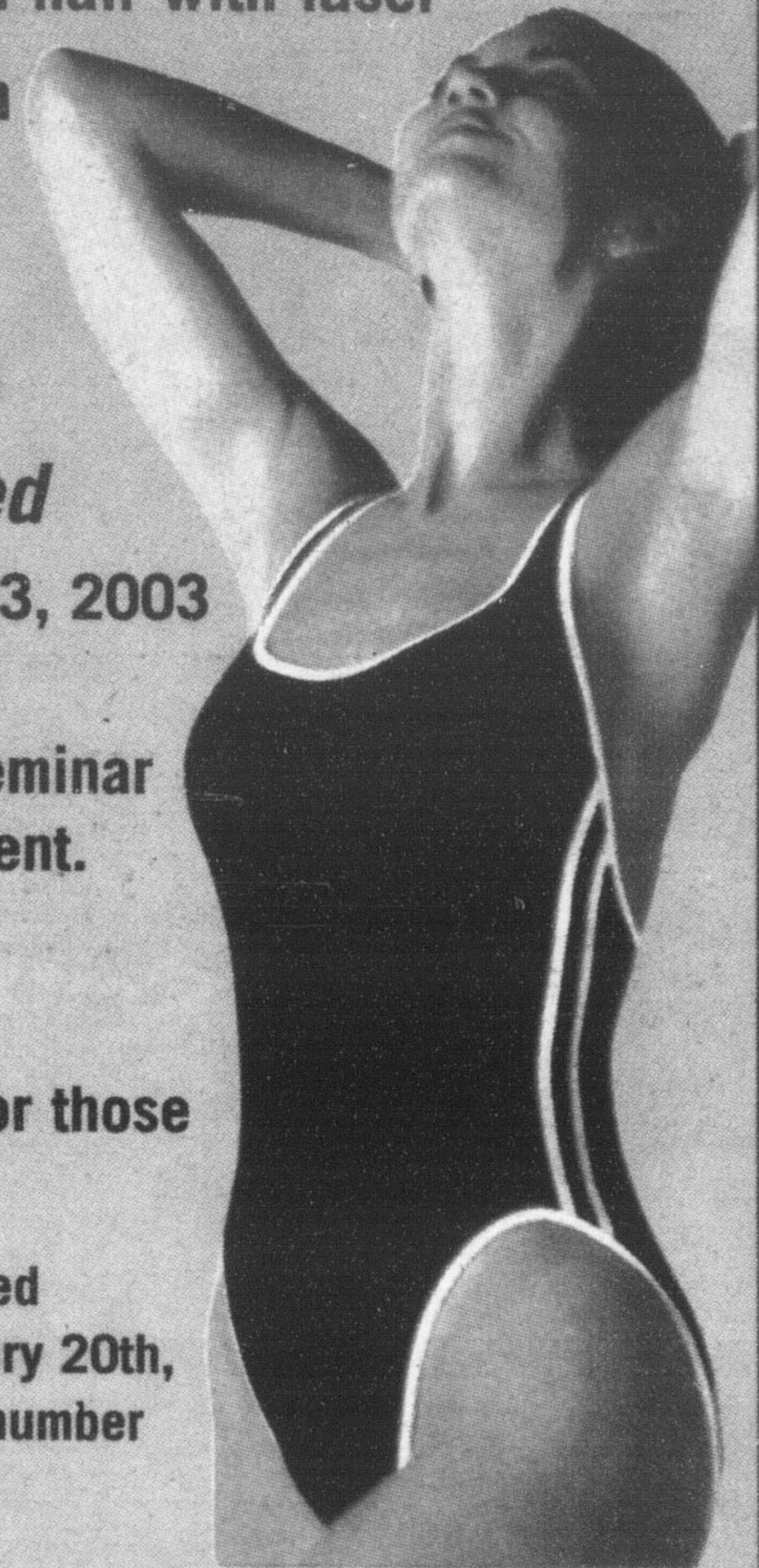
for an information seminar and/or actual treatment.

Bring a friend

Enjoy refreshments

Special incentives for those who attend.

We require that interested parties confirm by January 20th, 2003 as only a limited number can be accommodated.



IMAGES

INTERNATIONAL
COSMETIC AND LASER CENTRE

Formerly Central Electrolysis and Laser Clinic

905-878-9113

13 Charles St. Unit 103

SPECIAL EVENT

0%
Financing
ON MSRP

THE DEAL
IS IN THE

WHEEL!

Come In & Join the Fun

MAKE YOUR BEST DEAL!
SPIN & WIN

- Free Rust Proofing
 - \$500 Off (Lease or Purchase)
 - 10 Free Oil Changes*
 - Free Window Tinting
- MUCH, MUCH MORE**
*Excluding Diesel

NO PAYMENT FOR 99 DAYS
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