

Allergy, Asthma, Migraine, Fatigue, Arthritis, Shoulder, Insomnia, Stress, Stroke...all kinds of pains, numbness.

BACK PAIN?

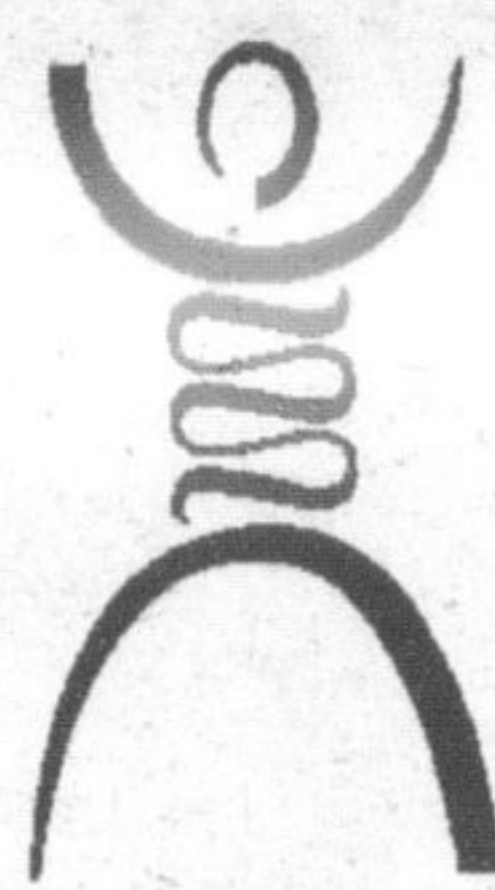
Can be stopped or greatly improved within 5 seconds! To prove it, 1st treatment is Free! The best treatment is to let the body cure itself. But it is only possible when the body system is fully balanced. YinYang5Element Theory is the sophisticated science of controlling and regulating the balance of the body. The most powerful method of controlling YinYang5Elements of the body is F.E.A. (five elements & energy acupuncture). This procedure stimulates a combination of special energy points hidden within the body, and can only be performed by a highly experienced specialist. Most pains can be controlled right away!! James Kim is the only F.E.A. specialist in Toronto.

F.E.A. specialist Dr. Ac. James Kim
416-788-3837

7460 Airport Rd.
Mississauga.

(Airport Medical Centre)
4915 Bathurst St. (#216)
Toronto

Office Hours:
Toronto 3:00-8:00pm
Mississauga 8:00am - 2:00pm



Inflammatory Bowel Disease

Only the Pain is predictable. With your help, a cure will be found

Crohn's and Colitis Foundation of Canada
1-800-387-1479

BINGO CONNECTION

GREAT PRIZES, GREAT DEALS, GREAT BINGO!!

\$15 SIX PAK TUESDAYS at 7 PM- Big Prizes up to \$5,500. Featuring: Triple Action Regulars \$50, \$100, \$200. Two \$1,000 Jackpots Included in Your Pak!!!

Also, \$25 ValuPak Tuesday Matinees at 12:40 PM. Includes 6 Pak, Bonanzas, Super Jackpot and Progressive Tickets

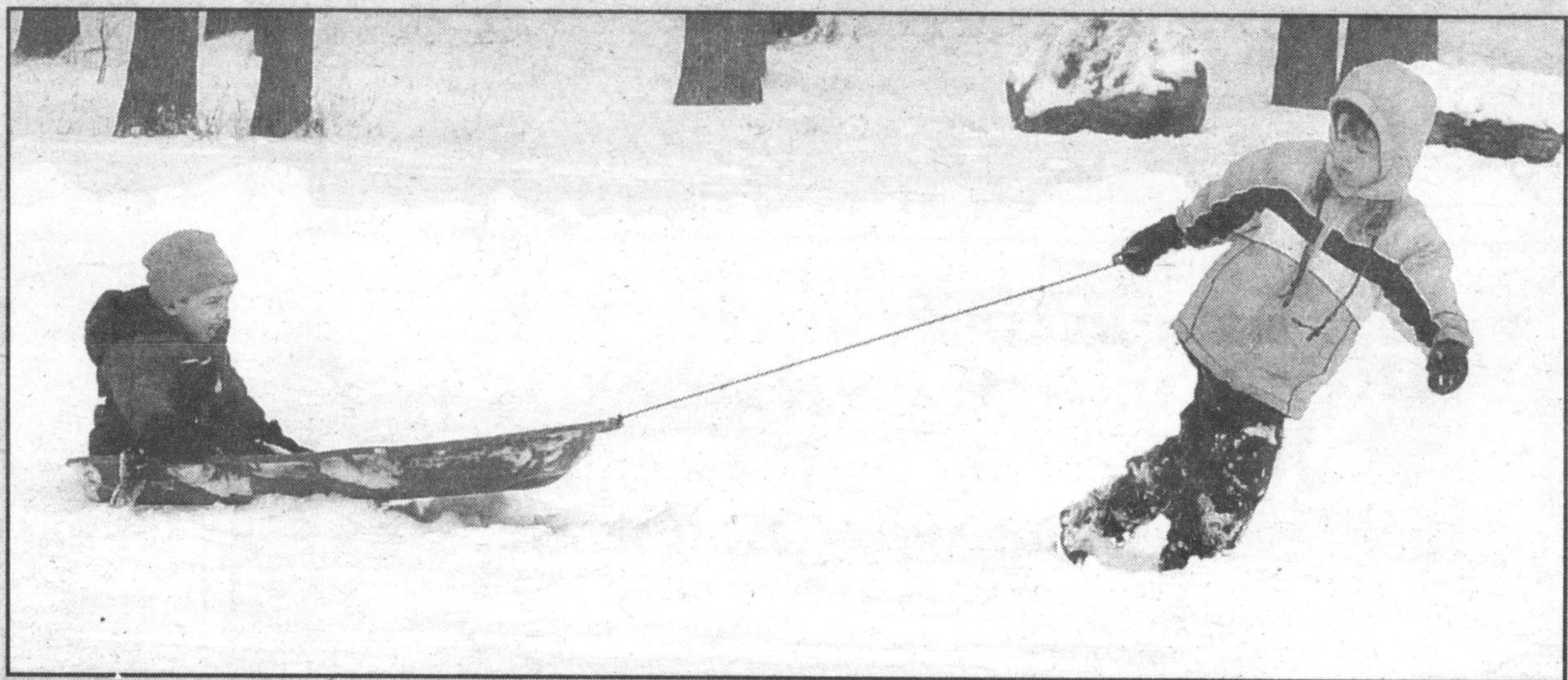
Watch for Our 'Pik 'N Win' Special on Thursdays at 7 PM Starting January 16!!!

OPEN EVERYDAY - ALL DAY & ALL NIGHT

Call Us for More Info.
Ph: 905-333-9115

484 Plains Road East,
BURLINGTON
Licence #P022824

Cut out this ad & visit us & trade it for a FREE cup of coffee!!



Register now for the Halton District School Board's JUNIOR or SENIOR KINDERGARTEN program

We look forward to welcoming your child to school!

Junior Kindergarten 2003-2004:

Children must be 4 years old by December 31, 2003.

Senior Kindergarten 2003-2004:

Children must be 5 years old by December 31, 2003.

Parents/guardians must be public school supporters.

Please bring the following *original* documents with you*:

- your child's immunization record
- proof of address
- your child's Ontario Health Card
- proof of your child's age (birth certificate or passport)

*If you are not the child's parent, please bring proof of custody (court order).

To determine your designated home school, you can access our website www.hdsb.ca and go to School Locator (click on "Schools" and "School Attendance Boundaries") or call the Planning Department at (905) 335-3663, 842-3014 or 878-8451, ext. 3240.

Drop by your designated elementary school by **February 14, 2003** and register for the Halton District School Board's Junior or Senior Kindergarten program. Please note: parents with children currently attending Junior Kindergarten do not need to re-register for Senior Kindergarten.

The Halton District School Board is committed to providing quality learning opportunities for its students!



Halton District School Board

Dusty Papke, Ed.D.,
Director of Education

Ethel Gardiner
Chair of the Board



Snow much fun

Dozens of local youngsters took advantage of the recent snow fall to enjoy some outdoor fun at Baldwin Park on the weekend. At top, brothers Zachary, 10 (left) and Taylor Dredge, 8, take a tumble during one of their more reckless trips down the hill. Above, six-year-old Anneliese Moens pulls three-and-a-half-year-old brother Jack back up the hill for another run. And seven-year-old Krista Dickie (at right) finds a cool and refreshing snack of some fresh fallen snow while taking a break from enjoying the fun at the local hill. Similar winter activity has been enjoyed at a number of other hills around town and at local conservation areas through the first week-and-a-half of the new year.

Photos by
GRAHAM PAINE

