

# Milton's AUTOMOTIVE DIRECTORY



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18 Thompson Rd. Unit 12 **878-7221**



## Goodwrench Service

SALES HOURS	SERVICE HOURS
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Friday ..... 8am-6pm	Tues. .... 8am-8pm
Saturday ..... 9am-5pm	Saturday ..... 9am-2pm

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We will exceed your expectations

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## SENTINEL AUTOMOTIVE

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342 Bronte St. South,  
Units 12 & 13, Milton  
**878-8066**

## Charity Christmas auction tomorrow

The Halton branch of the Canadian Mental Health Association will hold its 24th annual Christmas Charity Auction tomorrow afternoon at Glen Abbey Golf Course in Oakville.

The auction, to be held at 1333 Dorval Dr. at 1:30 p.m., will offer electronics, wine tasting and golf packages, gift certificates for spas and salons, Toronto Maple Leaf and Raptors' tickets, original art work and theatre tickets.

Former Burlington mayor Walter Mulkewich will be the master of ceremonies.

Individuals wishing to bid must pay a \$5 fee. Viewing items is free.

According to the Canadian Mental Health Association, more than one in five Ontarians will experience a mental health problem during their lifetime.

For more information, call (905) 693-4270.



## Watch for the "BAG"



In today's

Canadian Champion

and fill it with non-perishable food items,  
during the Salvation Army Food Drive.

Thank you for your support

## 25th Anniversary Sale

1977 - 2002

# STOREWIDE

# 30% OFF

5 Days Only

Sale ends Sunday, December 1st

After December 1st  
Pick Your  
Discount from Our  
Christmas Tree



Upscale Ladies Wear



Reynolds Street at  
Lakeshore Road East  
Downtown Oakville  
905-844-2510

## Local school part of strategy to fight asthma in children

J.M. Denyes School will be one of 13 elementary schools from Halton's public and Catholic school boards to participate in the Ontario Ministry of Health and Long-Term Care's Public Health School Asthma Project.

Announced in January, the strategy was planned as a component of the ministry's Asthma Plan of Action. The 12-part plan is a follow-up to Halton's Medical Officer of Health Dr. Bob Nosal's 2000 report outlining the significant increase in asthma prevalence among children.

The participating schools will have an educational program called the 'Roaring Adventures of Puff', which is based on the Canadian Asthma Consensus Guidelines and developed by the Alberta Asthma Centre.

The sessions are interactive and teach children about their disease, asthma triggers and how to avoid them, how to use their medications correctly and how asthma affects quality of life.

The six-week program will be delivered to the children by a public health nurse and a certified asthma educator over the lunch hour.

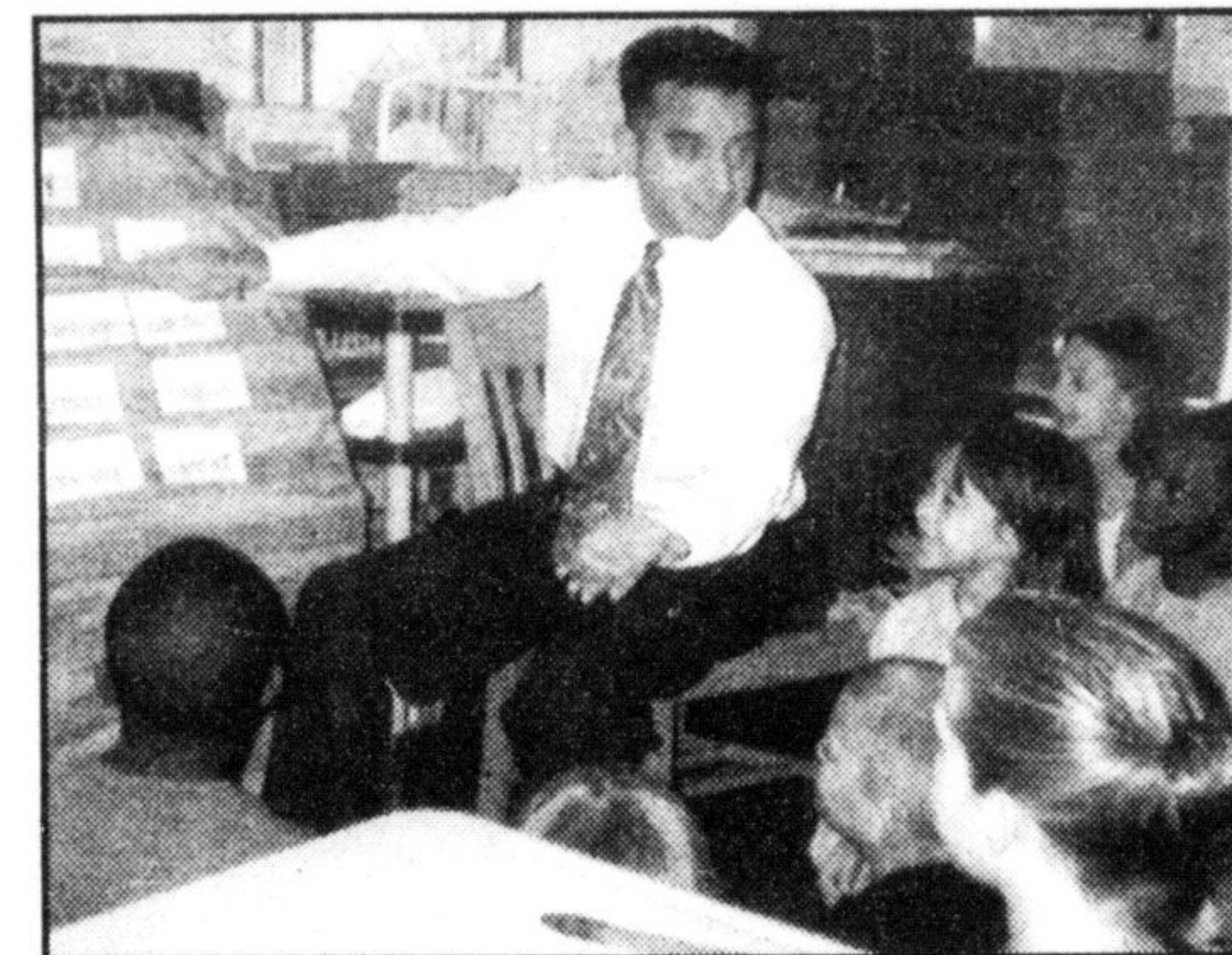
Asthma is the leading cause of school absenteeism and hospitalization in children. In many cases, the control of a child's asthma can reduce the impact of the disease on quality of life and health care costs.

This project is one of the first to be implemented from the Asthma Plan of Action. The goal of this project is to come up with strategies known to decrease school absenteeism caused by asthma, decrease health service use, improve the child's quality of life and reduce costs to the health care system related to asthma management.

The program is aimed at children with asthma in grades 2 to 5, their families and the educators within the schools that are selected. The study will be lead by the University of Toronto.

For more information about the project, call (905) 825-6000, ext. 7453.

## Become a Teacher!



Niagara University  
has January 2003 openings for  
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- Complete your certificate of qualifications and master's degree in only 3 semesters.
- NU's Education programs are NCATE accredited.
- Apply in person; bring your baccalaureate transcripts!

Tues., Dec. 3, 2002 from 1-4 p.m., Oakville  
Central Library Auditorium, 120 Navy Street,  
Oakville, Ontario

Walk-ins welcome, no appointment necessary.  
To schedule another date, or to ask questions, please call:

**(716) 286-8336 or (716) 286-8560**

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