Retired firefighters will be honoured tomorrow evening

Milton firefighters who have retired within the past 10 years will be recognized tomorrow evening at Memorial Arena.

"All part-time retired firefighters will be recognized," said Ron Townsend, district chief of Central Station, adding 25 former firefighters were sent invitations.

"We are holding this to recognize those who have left the department. We haven't done something like this in a number of years."

Chief Townsend said four captains from the Milton Fire Department will perform an Honour Guard — standing at attention while holding flags — as the honourees march into the room by a piper.

The evening will also feature dinner and a formal presentation, followed by a dance.

Correction

A story that appeared in last Friday's issue of The Champion contained incorrect information.

Country Heritage Park on Tremaine Road was the only organthat received the ization Community Impact Award from the Ontario Trillium Foundation, not one of 10 organizations as reported.

Ten groups were recognized by the Ontario Trillium Foundation, but only Country Heritage Park received the Community Impact Award.

The Champion apologizes for the error and any inconvenience it might have caused.

Eating For Beauty and Living Well Workshop

Presented by Nancy Desjardins RNCP Registered Nutritional Consulting Practitioner

Where are you heading with your current diet?

For busy people who seek good nutrition but are unable to make tremendous sacrifices in time

- Discover how to make your skin glow
- How to maintain energy levels
- How to improve stomach & digestive problems
- Balance your weight easily and naturally
- Enjoy delicious food that is naturally high in fibre and nutrients
- Includes a 3 week meal plan, recipes and more

Holistic diet and nutrition with a realistic approach to balanced and healthy eating which also allows for the occasional chocolate bar or glass of wine.

Location: Le Café Soleil, 78 Main St. S., Georgetown Cost: \$35.00 per person

Choose from the following dates: Wed. Oct. 23 or 30th or Tuesday Nov. 5 or 12 or 19 **Time:** 7 p.m. - 9 p.m. Workbook & material included

To register please call 905-873-0194

Immune System Education Clinical and Nutritional Information

The latest scientific breakthrough regarding: Crohn's Colitis

Arthritis Asthma Lupus

Infections

Chronic Fatigue Heart Disease Irritable Bowel Fibromyalgia

Lecturer uses information and clinical research provided by: World's Leading Viro-Immunologist

Dr. Jesse Stoff, MD, ND, Homeopath

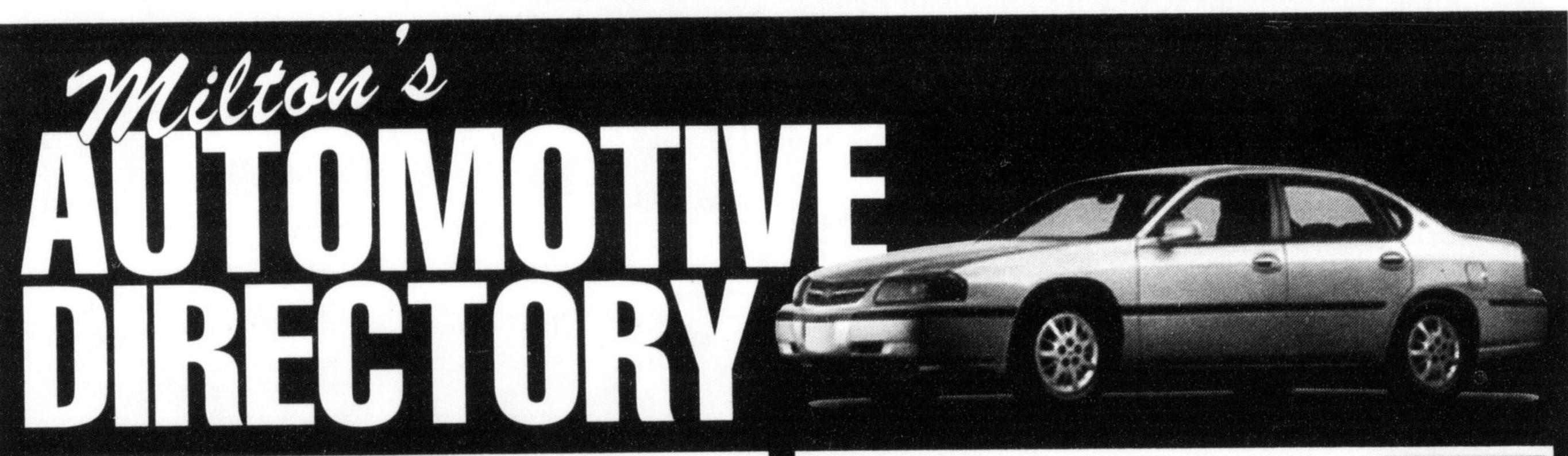
Author of "The Ultimate Nutrient", "The Prostate Miracle", "Chronic Fatigue: The Hidden Epidemic" **GUELPH** Ramada Hotel & Conference Centre, 716 Gordon Street

Ramada Hotel & Conference Centre, 716 Gordon Street MILTON Ramada Hotel & Conference Centre, 161 Chisholm Drive MILTON Ramada Hotel & Conference Centre, 161 Chisholm Drive Fri. Nov. 1

For information or to reserve a space, please call:

Juli Hayden, 519-837-9792 or Toll Free, 866-833-0470

Please note that Dr. Stoff himself is not presenting this lecture, but we provide an extremely informative seminar outlining his work ... an excellent introduction to the immune system and preparation for Dr. Stoff's upcoming lectures in London and Toronto in December 2002. Please call the above number for details.



centre

 AUTO ELECTRIC & CHARGING SYSTEMS

18 Thompson Rd. Unit 12

 TUNE-UP & EMISSION CONTROLS AUTO AIR CONDITIONING

Specializing in...

- FUEL INJECTION
- AUTO AND TRAILER WIRING

service

- DELCO BATTERIES
- BRAKE SERVICE SAFETY INSPECTIONS

878-7221

Centre



Specializing in all import vehicles Volkswagens • Fuel Injection & Diesels

GERHARD & RUDY (905) 878-5330

583 Main Street E. Milton



Serving Milton For Over 3 Generations

SERVICE HOURS SALES HOURS



Tire Sales



555 Main St. E. 876-4788

Collision & Paint

MILTON'S FULL SERVICE COLLISION CENTRE **Call Steve Boers**

706 Main Street, East Milton, ON

We will exceed your expectations

OPEN SATURDAYS 8:00am - 12 noon For after hours appointment call (905) 876-8787

SENTINE

 Major & Minor Repairs
Tune Ups
Air Conditioning Brakes • Engines • Exhaust • 4x4

 Safety Inspections • Towing • Marine Repairs Emission Repair & Pretesting High-Tech Service with Old-Fashioned Value

> 342 Bronte St. South, Units 12 & 13, Milton 878-8066

Book your Car Oiling

with McKeown Collision

only \$69.99 plus tax Visit our shop 1 km north of 401 on Regional Road 25 in Milton

or call us at (905) 875-1811 The Canadian Champion's AUTOMOTIVE

DIRECTORY

Advertise in this feature every Friday for



Call Diane at 905-878-2341 Ext 227

