

228 Main St. E.
Milton
876-4496

MON. - WED.
8:00 A.M. to 8:00 P.M.
THURS. - FRI.
8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.

QUALITY GREENS

FINE FOOD

WE DELIVER
Seniors
5% Discount
Mon-Wed

WE RESERVE THE RIGHT
TO LIMIT QUANTITIES

Prices in effect from Tuesday October 1 until Monday October 7

Charmin by Royale
Bathroom Tissue
Royale
kitten soft • si doux
5.99
24 rolls

Cut from Canada Triple A Beef
Naturally Aged 21 days
Striploin Steaks
6.99 lb.

Farm Fresh from California
Head Lettuce
79¢ ea.

Minute Maid
or Bibo
Fruit Drinks
10x200ml
2.49

Cut from Ontario Special Select Grade of Pork
Boneless Butt Roast
1.89 lb.

Farm Fresh From Ontario
MacIntosh Apples
88¢ lb.

Kellogg's
Rice Krispie Bars
176-184 gr
5.00

Made on the premises, Mild, Hot, with Garlic
Italian Sausage
2.49 lb.

Farm Fresh From Ontario
Large Cauliflower
99¢ ea.

Kellogg's
Nutri-Grain Bars
295 gr
5.00

Cut from Canada Triple A Beef
Boneless Blade Roast
2.99 lb.

Farm Fresh from Ontario
Cooking Onions
69¢ 2 lb. bag

Assorted Varieties
Minute Maid
Orange Juice
1.89 Litre
1.99

Cut from Canada Triple A Beef
Boneless Blade Steaks
3.99 lb.

Farm Fresh From Ontario
Cello Carrots
69¢ 2 lb. bag

Assorted Varieties
DELISSIO
Kraft Delissio Frozen Pizzas
351-927 gr
5.99

Fresh, Atlantic
Salmon Fillets
6.49 lb.

Hydroponically Grown in Ontario
Red, Yellow, or Orange
Peppers
2.99 lb.

Quaker
Cap'n Crunch Cereal
350 gr
2.99

Quaker
Life Cereal
730 gr
2.99

Cut from Ontario Special-Select Grade of Pork
Pork Butt Chops
1.99 lb.

Farm Fresh From Ontario
Eggplant
79¢ lb.

Reg or Zesty
Mott's
'Garden Cocktail
1.89 Litre
2.49

Reg or X-Spicy
Mott's
Clamato Juice
1.89 Litre
2.99

Farm Fresh From Italy
Muscat Grapes
1.99 lb.

Maple Lodge Chicken Breast Roast 177 100 g	Connossieur Bologna 66¢ 100 g
Cuddy Select Turkey Roast 199 100 g	Schneider's Luncheon Meat 88¢ 100 g

Cheese Buns 6/1.99	Raisin Bread 1.99
Muffins 79¢	Fruit Bread 1.99
	Muffins Pkg of 6 1.79