



YES IT'S TRUE. I USED TO BE
260 POUNDS!
NOW LOOK AT ME AT JUST
140 POUNDS!
AND IT WAS SO EASY!

*Based on full program. Excludes product.



"I never thought that I would ever be able to admit to someone that one year ago I was 260 pounds. Now, after having lost 120 pounds with not only the Herbal Magic Weight Loss Plan but with the uplifting encouragement of the Herbal Magic staff, I feel great! I feel like a whole new person, healthy and proud! Most importantly, I did it for me."

WE GUARANTEE YOU CAN LOSE ALL THE WEIGHT YOU NEED! CALL US NOW!

Herbal Magic™

weight loss • nutrition • herbal remedies
ask for the impossible. it's our specialty.

15 Martin St. 905-693-9594
CARRIAGE SQUARE

www.herbalmagicsystems.com

Over 200 Centres Canada-Wide!



Photo by GRAHAM PAINE

A grand delivery

Johnson Controls donated \$1,000 to the Milton District Hospital Foundation Wednesday with the funds — raised through employee initiatives — earmarked for the obstetrics unit. Here, clinical resource nurse Jean Gallen holds two-day-old Liam Kovich while Johnson Controls employees (from left) Betty Anne Simas, Gwen Ferris and Anthony DaRose make the presentation.

Four Year Anniversary Tent Sale

LA-Z-BOY Dealer Days!

Savings Roulette Spin to Save up to 50%
Nothing Down Plus! No Interest, No Payments til April 2003!
THANK YOU Milton For Your Support and Trust!
100's of Final Markdown Clearance Items
NO GST NO PST

HELD OVER!

DUE TO OVERWHELMING COMMUNITY RESPONSE, WE HAVE EXTENDED OUR THREE YEAR ANNIVERSARY SALE FOR ONE EXTRA WEEK! TAKE ADVANTAGE OF ONTARIO'S LARGEST SELECTION OF GENUINE LA-Z-BOY FURNITURE - AT THREE YEAR ANNIVERSARY SALE PRICES!!!

THIS IS THE REAL THING!!! A 5-DAY TENT SALE TO BLOW OUT OUR EXCESS INVENTORY!

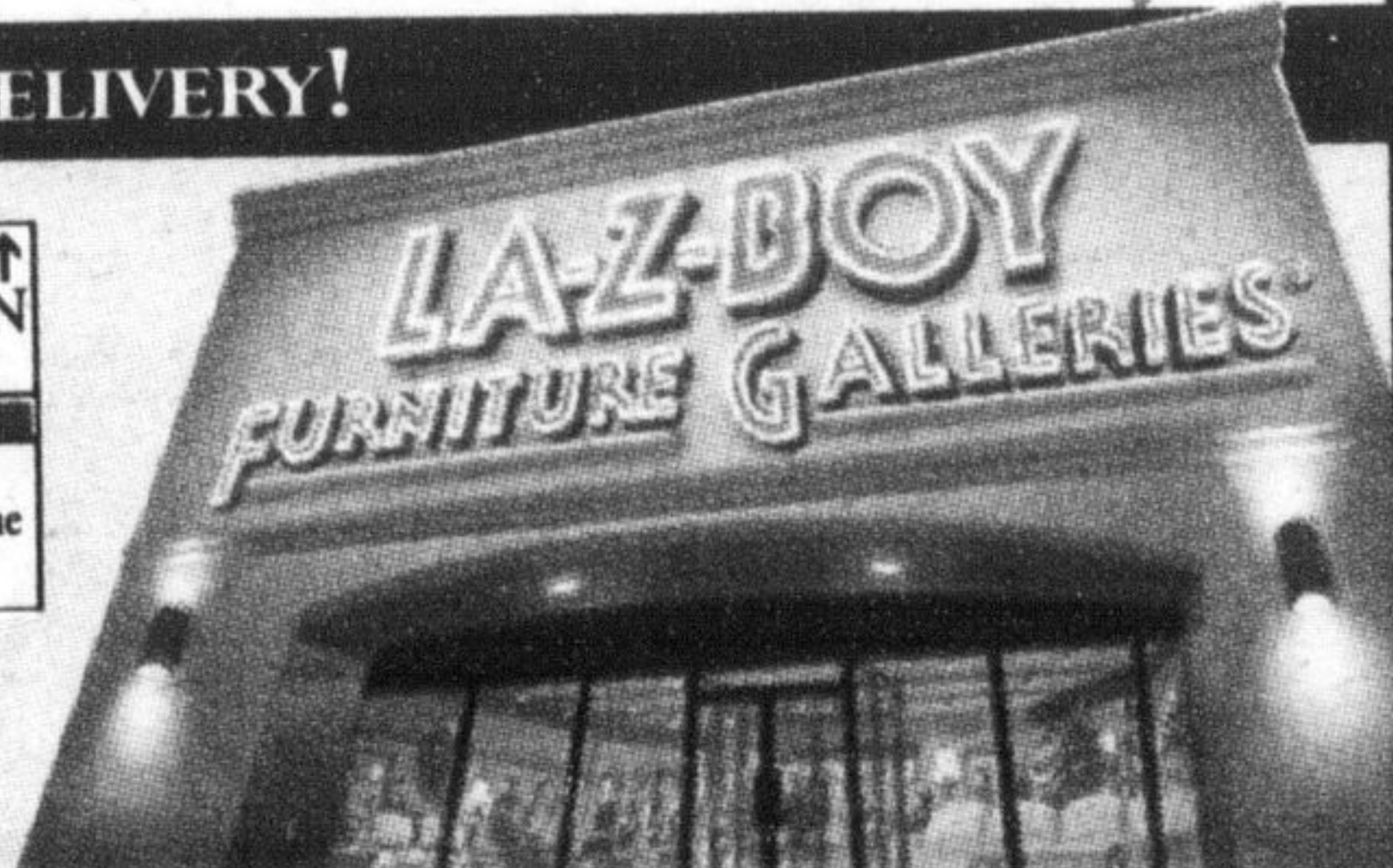
Our tent and store are literally filled with hundreds of Clearance-Priced One-Of-A-Kind Floor Models, Discontinued Items. These are all Final Markdown items with very limited supply (one of each in most cases), so Shop Early! You can also Save Big on our regular In-Stock merchandise, and even Custom Orders... just spin our Savings Roulette Wheel and Save from GST-50%*. But Hurry, the Birthday Sale Ends Sunday!!!

HURRY!!! SALE ENDS SUNDAY!

100's OF MODELS IN STOCK FOR IMMEDIATE DELIVERY!

BURLINGTON POWER CENTRE
Q.E.W. & BRANT STREET
(905) 331-7600

Mon.-Fri. 9 am-9 pm, Sat. 9 am-6 pm, Sun. 10 am-5 pm



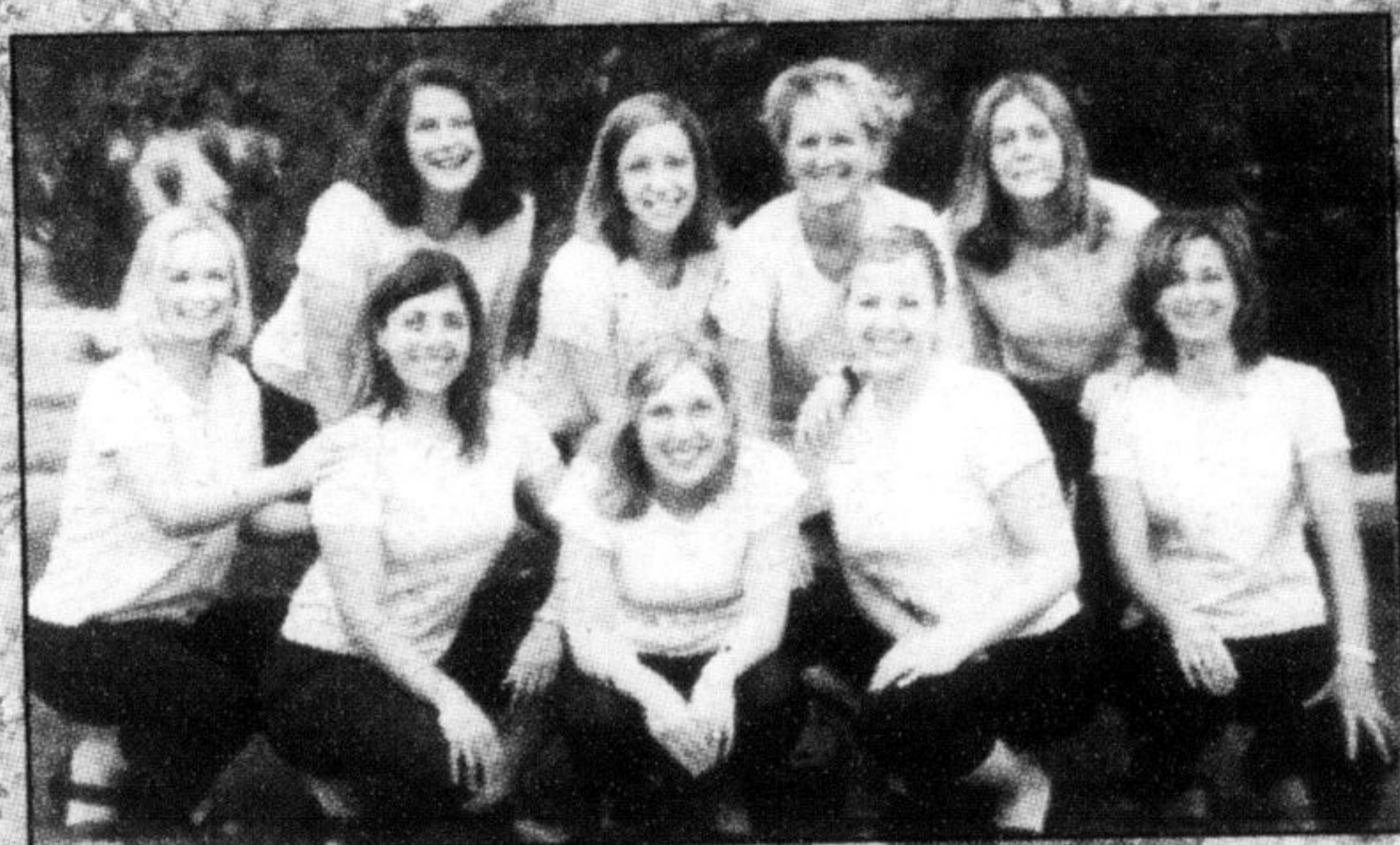
*Customer may choose only one of the following offers: 1. "Cash Rebate" Non-refundable cash and custom order discounts, or 2. "Payment Flexible" 0% down, 0 interest and 0 payments for 1 year. Offer cannot be combined. Only one spin per wheel. Offer does not apply to Custom/Order merchandise. On approval credit only on your La-Z-Boy Charge card. Available items, delivery charges and 50% off administration fee due at time of purchase. See store for details. Limited time offer.

90 DAYS SAME AS CASH

WE MAKE THE ROOMS THAT MAKE A HOME.®

Body & Sole
by Christine

Welcoming Hairstylist Lea to our team!



Carolyn, Michelle, Norma, Sarah, Tracey, Franca, Heather, Suzanne, Christine



Lea (Hairstylist)

ALL YOUR SALON & BEAUTY NEEDS AVAILABLE IN OUR STORE!

YONKA
PARIS

O.P.I. Gehwol Biologie A/G

Over 100 O.P.I. Nail Lacquers Available. New exciting fall colours!

Hours
Mon. Closed
Tues. 9-9pm
Wed. 9-7pm
Thurs. 9-9pm
Fri. 9-5pm
Sat. 9-3pm

550 Ontario St. Milton
(905) 875-0508

Visit our website:

members.tripod.com/bodyandsolmain.htm

