



We believe... in helping.

Anyone. Anywhere.



PLEASE GIVE 1-888-321-3433

Learning the ropes

Halton's two school boards and bus operator Laidlaw held a school bus orientation day Saturday at Bishop Reding Secondary School. Sixty-eight junior and senior kindergarten students and their parents got a first-hand look at bus safety, street -crossing safety and a short trip on a bus - all aimed at promoting safety and easing first-day fears.

Photos by GRAHAM PAINE

PAINS CAN BE STOPPED RIGHT AWAY?

As we know, letting the body cure itself is better and safer than any other medical method. The body can heal itself only when its system is fully balanced; as all illnesses arise from an imbalanced body system; YinYang5 Elements Theory is the sophisticated science of controlling and regulating the balance of the human body for thousands of years. The most powerful method of controlling Yin Yang 5Elements of the body is F.E.A. (Five Elements & Energy acupuncture). This procedure stimulates a combination of special energy points hidden within the body, and can only be performed by a highly experienced specialist. This is the most effective method of naturally treating illnesses and maintaining good health. Any kind of pain and illnesses can be stopped or greatly improved within seconds!

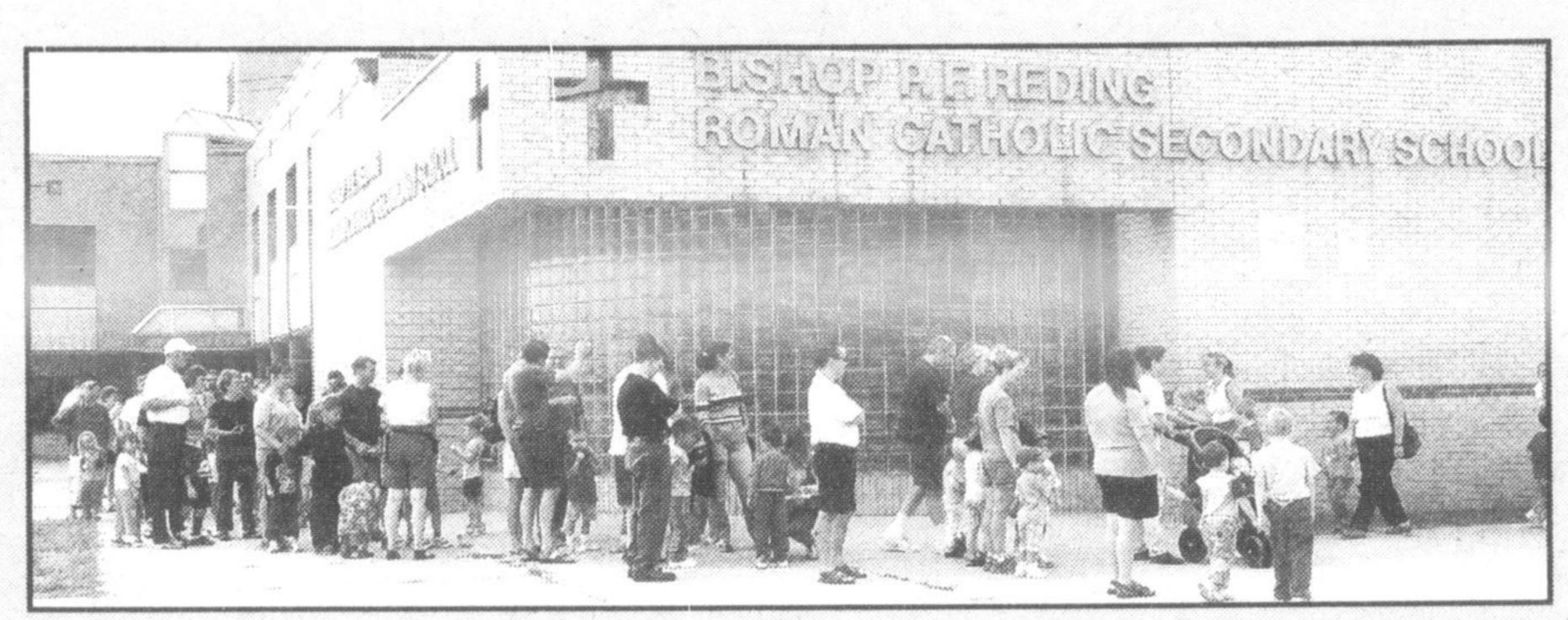
Shoulder, Arms & Legs BACK PAIN?

(All kinds of pains and illnesses) Can be stopped or greatly improved within seconds! Hard to believe? but to prove, 1st treatment is free!

F.E.A. Specialist

Dr. Ac. James Kim 905-702-8388 74 Mill St., #202, Georgetown







7th Annual Festival on Burlington's Beautiful Lakefront Spencer Smith Park • Labour Day Weekend

Fri. Aug. 30 12noon-11pm

Sat. Aug. 31 11am-11pm

Great Music

Mon. Sept. 2 Sun. Sept. 1 11am-8pm 12noon-11pm

RIB TEAMS 2002

Bibb's BBQ Naples, Florida

Gator BBQ Ellonton, Florida

Billy Bones Fort Erie, Ontario

Smokin Joe's BBQ Sania, Ontario

Camp 31 BBQ Castleberry, Alabama

Turtle Jacks Grill Burlington, Ontario

Mustang Big Ol' Grill Stoney Creek, Ont.

Kentucky Smoke House London, Ont.

Purple Pig Aurora, Toronto, Bracebridge, Ont.

Uncle Sam's BBQ Albuquerque, New Mexico

Mr. Tibbs Chicken & Ribs Sarnia, Ontario

Milwaukee's Bad Wolf BBQ Toronto, Ontario

Great Food

Entertainment Every year Ribfest searches out the best Ribbers in North America -Ribbers will be judged for best sauce, best ribs and people's choice.

> Come down, sample all the ribs & vote for your favourite. Winners to be announced 2pm Monday on the main stage.

ENTERTAINMENT

Friday, August 30

Noon-2:00 pm Gayle Ackroyd 5:30-7:30 pm James Anthony 8:00-11:00 pm Freedom Train & Bill Dillon

Saturday, August 31

5:30-7:30 pm Michael Keys Allstar Band 8:00-11:00 pm Robbie Lane & The Disciples

Sunday, September 1

1:00-3:00 pm Downstroke 3:30-5:30 pm Underground Sound

6:00-8:00 pm Skinny Lynyrd 8:30-11:30 pm Downchild Blues Band

Monday, September 2

1:00-3:00 pm The Hornets 4:00-6:00 pm

Ronnie & The Rockets 6:30-8:00 pm Robyn Pauhl

Assante FORTINOS

MOLSON MA

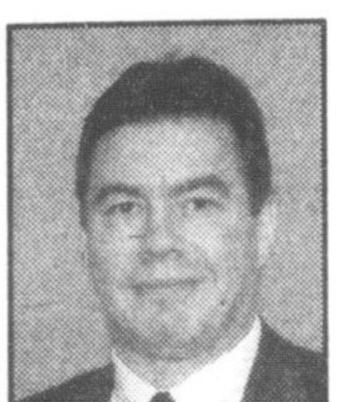
KKIN POST

HORNELLP



FAMILY IS WHY YOU DO IT ALL.





We all feel the same commitment to care for our families. As your good neighbour agent, I can help you meet your insurance needs. Call me today.

James Snow, Agent 917 Nipissing Road at Thompson Rd Milton, ON 905-876-1667

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190 EURO-PRO MODEL 385 SEWING MACY 4 3 PER PARTICIPATING STORE, AUG. 26 - SEPT. 15, 2002!

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