



Learning the ropes

Halton's two school boards and bus operator Laidlaw held a school bus orientation day Saturday at Bishop Reding Secondary School. Sixty-eight junior and senior kindergarten students and their parents got a first-hand look at bus safety, street-crossing safety and a short trip on a bus — all aimed at promoting safety and easing first-day fears.

Photos by GRAHAM PAINE

PAINS CAN BE STOPPED RIGHT AWAY?

As we know, letting the body cure itself is better and safer than any other medical method. The body can heal itself only when its system is fully balanced; as all illnesses arise from an imbalanced body system; YinYang5 Elements Theory is the sophisticated science of controlling and regulating the balance of the human body for thousands of years. The most powerful method of controlling Yin Yang 5 Elements of the body is F.E.A. (Five Elements & Energy acupuncture). This procedure stimulates a combination of special energy points hidden within the body, and can only be performed by a highly experienced specialist. This is the most effective method of naturally treating illnesses and maintaining good health. Any kind of pain and illnesses can be stopped or greatly improved within seconds!

Shoulder, Arms & Legs BACK PAIN?

(All kinds of pains and illnesses)
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Rotary Ribfest

MEDALLION Naturally
CANADA'S LEADING BRAND OF PORK

**7th Annual Festival on Burlington's Beautiful Lakefront
Spencer Smith Park • Labour Day Weekend**

| | | | |
|---------------------|---------------------|---------------------|---------------------|
| Fri. Aug. 30 | Sat. Aug. 31 | Sun. Sept. 1 | Mon. Sept. 2 |
| 12noon-11pm | 11am-11pm | 12noon-11pm | 11am-8pm |

Live Entertainment **Great Music** **Great Food** **Free Admission**

Every year Ribfest searches out the best Ribbers in North America - Ribbers will be judged for best sauce, best ribs and people's choice.

Come down, sample all the ribs & vote for your favourite.
Winners to be announced 2pm Monday on the main stage.

| | |
|----------------------------|---|
| ENTERTAINMENT | RIB TEAMS 2002 |
| Friday, August 30 | Camp 31 BBQ Castleberry, Alabama |
| Noon-2:00 pm | Bibb's BBQ Naples, Florida |
| 5:30-7:30 pm | Turtle Jacks Grill Burlington, Ontario |
| 8:00-11:00 pm | Mustang Big Ol' Grill Stoney Creek, Ont. |
| Saturday, August 31 | Purple Pig Aurora, Toronto, Bracebridge, Ont. |
| 5:30-7:30 pm | Kentucky Smoke House London, Ont. |
| 8:00-11:00 pm | Gator BBQ Ellonton, Florida |
| Sunday, September 1 | Smokin Joe's BBQ Sania, Ontario |
| 1:00-3:00 pm | Uncle Sam's BBQ Albuquerque, New Mexico |
| 3:30-5:30 pm | Billy Bones Fort Erie, Ontario |
| 6:00-8:00 pm | Mr. Tibbs Chicken & Ribs Sarnia, Ontario |
| 8:30-11:30 pm | Milwaukee's Bad Wolf BBQ Toronto, Ontario |
| Monday, September 2 | |
| 1:00-3:00 pm | |
| 4:00-6:00 pm | |
| 6:30-8:00 pm | |















