

Good story can help calm down those first-day-of-school jitters

Back to school can be an anxious time for families. Worries can be based on first-day-of-school jitters or getting back into the swing of learning and finding information for school projects. Parents may feel anxious about new challenges their children are facing.

There are sources at the Milton Public Library to help ease families' transition into the fall season.

A good story can help children lessen their school-inspired nerves and we have many great picture books with school themes. 'Emily's First 100 Days of School' by Rosemary Wells or 'Froggy Goes to School' by Jonathan London both follow the character's first days at school.

The confident 'Chrysanthemum' is unhappy with her first days at school but she perseveres and triumphs in Kevin Henkes' adorable tale.

The library offers a large collection of 'new reader'-graded books to get kids back into the swing of learning. Reading can be as easy as 1-2-3 by visiting the 'Easy Reader' section of the library.

Easy Reader books are graded by library staff into three levels. Each level is posted on the spine of the book with a large sticker for easy identification.

Level 1 offers simple vocabulary with large text and many pictures.

Reading Level 2 offers children more text and some longer words, but still relies on picture cues.

Finally, extensive text and even chapters are offered in the Level 3 readers that also have fewer pictures and somewhat more detailed plots.

Easy Readers provide a very good starting point for the primary grade student whose confidence will build while progressing through each level.

The non-fiction books in the children's area can be invaluable resources for school projects and assignments.

While the library doesn't directly support the school curriculum, the library does supplement educational resources with many items available for research, which in turn can also be the source of pleasure reading.

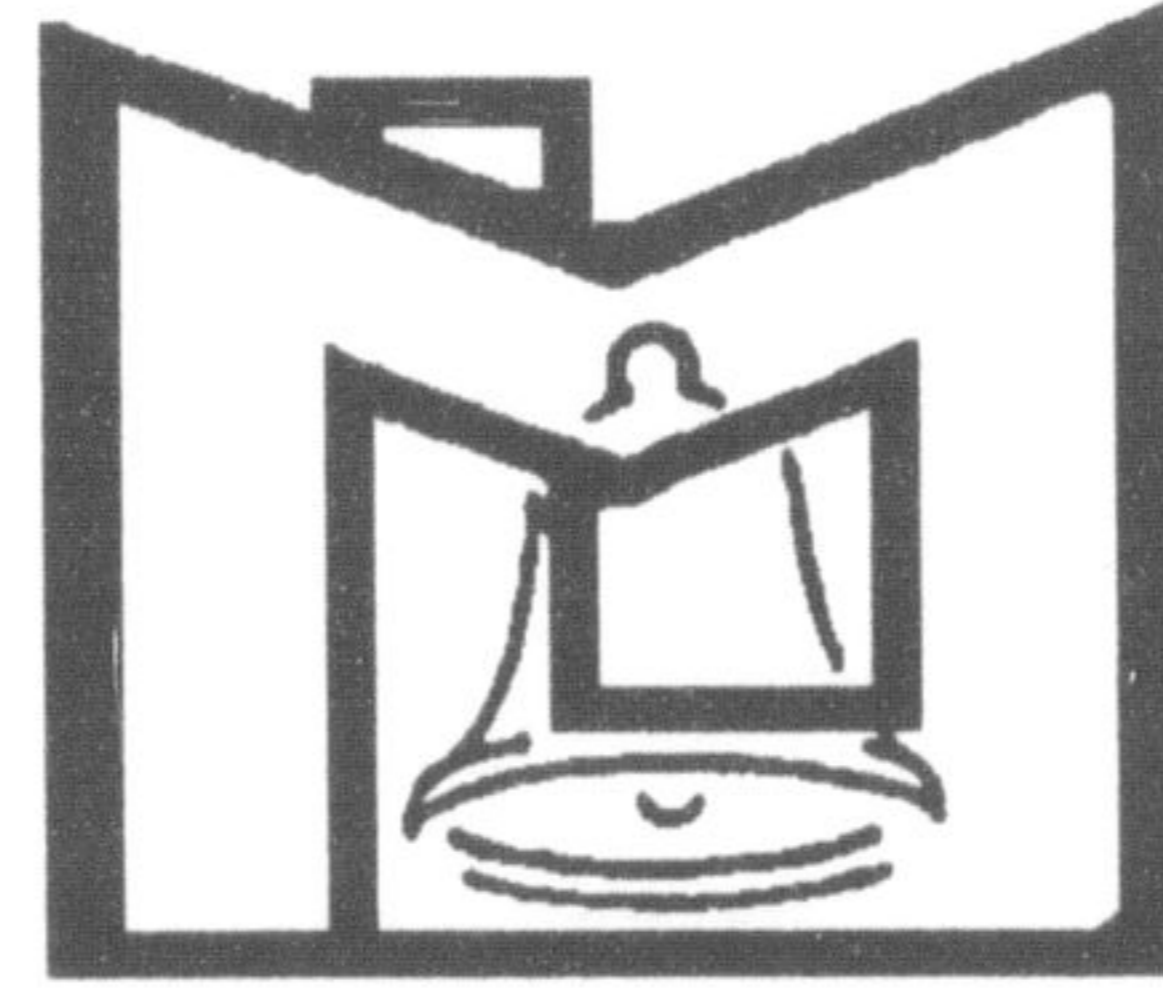
Brilliant photography and engaging text can be found in many of these items. Take a look at the 'Small World', 'Science Alive', or 'Arty Facts' series of books.

The 'Parents Corner' is housed in the children's area and is a special collection developed by staff to help parents quickly find information of high interest to them and their families. Included in the collection are books and videos that deal in topics from toddlers to teen years and everything in between.

Preschool children, toddlers and babies can look forward to the start of their autumn learning season, too. Registration for their programs will be held the week of September 24 to 29, and will begin in October.

Ask the experts at the Information Desk about any of the

Cover to cover



resources you and children need for the start of this new school year.

Cover to cover is composed by staff at Milton Public Library.

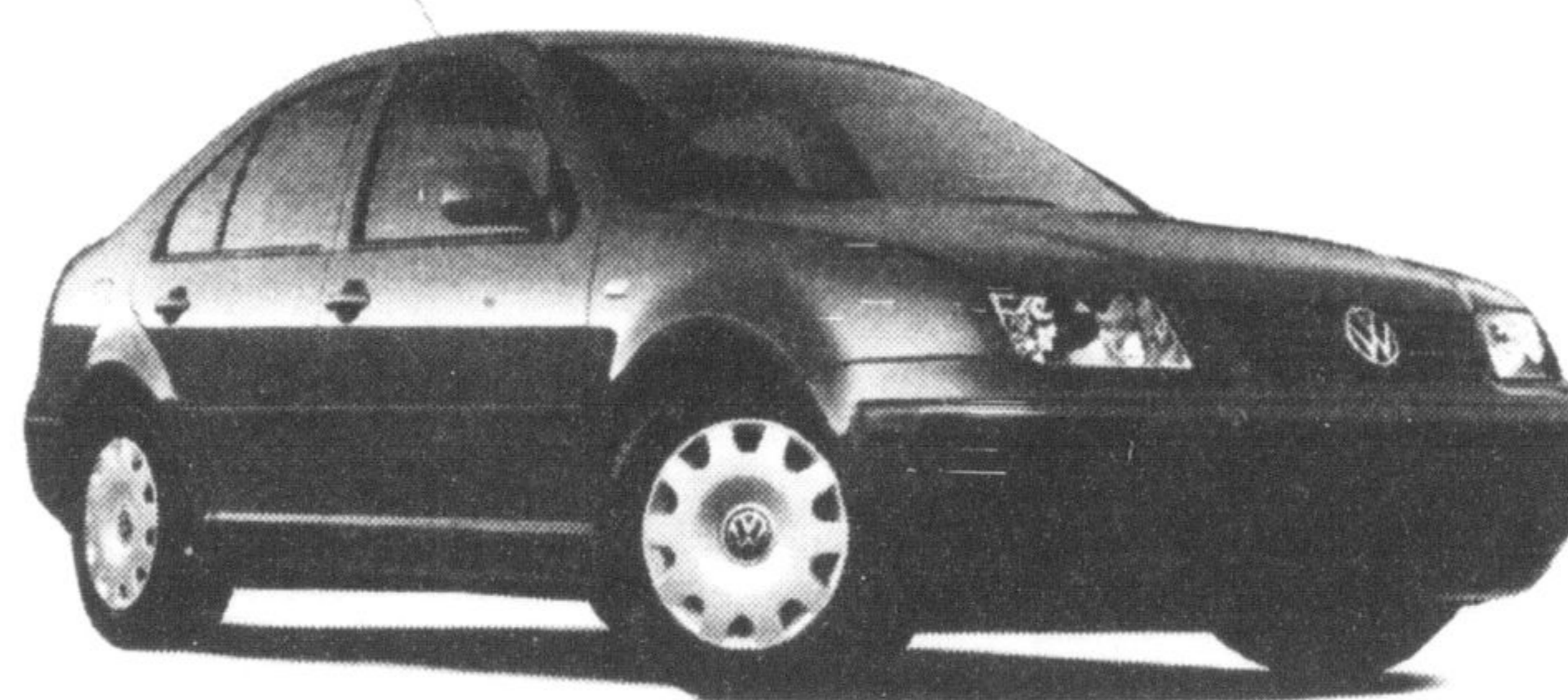
Popular library column 'Cover to Cover' can be found in every third Friday issue of the month.

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 - centre front sun visor
 - chrome interior accents
 - blue back-lit instrumentation
 - dual front airbag supplemental restraints*
 - clear lens halogen headlamps
 - trunk tie-down points
 - europa side blinker lights
 - child safety locks on rear doors
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 - dual illuminated vanity mirrors
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 - door entry lights
 - daytime running lights
 - 5-speed manual transmission
 - energy-absorbing door padding
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 - dual side-impact airbag supplemental restraints*
 - trunk-mounted cd changer brackets
 - heated remote exterior mirrors
 - front/rear floor mats
 - metallic paint
 - power outlet in trunk
 - adjustable locking headrests
 - remote transmitter for locking system
 - 60/40 split folding rear seat
 - side storage nets in trunk
 - rooftop whip antenna
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