

# Dealing with alopecia not easy for young boy, but luckily it's not life-threatening, says mom

By RICHARD VIVIAN

The Champion

or seven-year-old Luke Campbell, life hasn't really changed since an immune system deficiency made his hair fall out. But people's perception of him

"It's not life-threatening, but it can definitely be a tough one," said his mom, Nancy, explaining many people assume Luke's hair loss is the result of chemotherapy treatment for cancer.

"There was one mom whose eyes welled up with tears and asked if Luke was okay. And I tend to forget it because I'm so used to him running around with no hair."

Luke's hair began falling out almost a year ago as the result of alopecia areata — a condition in which the body's immune system turns against hair follicles, leading to hair loss. About 1 per cent of the population is effected by alopedegrees. varying There are no ill-health effects related to alopecia.

## Hair loss started slowly

For Luke, hair loss began slowly, with more and more of his scalp showing throughout the school year. By January, half of his hair was

"It just thinned right out," his mother said. "Now you can see that his eyebrows are gone and some of his eye lashes are going."

Though there's nothing medically wrong with him, being bald sometimes made it rough going to school, Luke told The Champion.

"All the kids were making fun of me because I was bald. One kid called me a 'big, ugly, bald kid' or 'baldie,'" he said.

It was comments like those that inspired Ms Campbell to approach both Luke's teacher and principal at Robert Baldwin School. And soon after, acceptance of her son's new appearance began to grow. He was also permitted to wear a baseball cap if he wanted to.

"His teacher talked to all the children in the class and then the children in the class were very accepting and were pretty good about it," Ms Campbell said. "But then, we found that at recess or in the hallways, that the kids that didn't know became a problem."

But Luke seems to take it all in stride, crediting his friends for treating him as if his appearance had never changed.



Photo by GRAHAM PAINE

Nancy Campbell believes educating people about alopecia will help make things easier for her son Luke.

8:00pm

Attending a conference of the National about what other people have done (to make Alopecia Areata Foundation in St. Louis earlier this month has also helped, Ms Campbell added.

"It was medically informative and we met a lot of other people (with alopecia). We heard a lot

6:30pm

8:00pm

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6:30pm

7:00pm

school easier)," she said, adding she came home with a video explaining the phenomenon, which she intends to play for Luke's classmates this coming school year.

While at the conference, Luke also had the opportunity to meet and play with other alopecia-affected children.

"I made a lot of friends there," he said. "It was fun."

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